

**COMMUNITY  
RESOURCE  
GUIDE**

**ROCHESTER, MN  
2021**

**Prepared by:  
Homeless Community  
Network**

## **HOMELESS??**

Contact one of these agencies to complete a Coordinated Entry (CE) Assessment, which will help determine possible housing options that might be a good fit for you.

### **Olmsted County Access Sites**

#### **Three Rivers Community Action**

300 11<sup>th</sup> Ave NW, Rochester  
507-316-0610/1-800-277-8418

#### **Salvation Army**

115 NE 1<sup>st</sup> Ave, Rochester  
507-288-3663

#### **Family Promise Rochester**

507-281-3122

**The Landing MN Inc.**

507-884-0423

**MN Assistance Council for  
Veterans**

507-345-8258

[www.mac-v.org](http://www.mac-v.org)

**Zumbro Valley Homeless Service  
Team**

29 7th Street NE, Rochester

507-535-5642 or 507-535-5653

**Lutheran Social Service Youth  
Programs– LINK**

1610 4th St NW Suite 300, Rochester

507-316-8273

**Women's Shelter and Support  
Center**

507-285-1010 or 507-285-1938



# NEED HELP?

# DIAL 2-1-1



Food Assistance



Mental Health Services



Housing Assistance & Shelters



Substance Abuse Help



Employment Help



Childcare / Youth & Family Services



Heating & Utility Help



Where to Get Medical Help



Abuse Prevention



Earned Income Tax Credit (EITC)



Elder Care



Disaster Services

Some cell phone customers may need to use

# 1-800-543-7709

Free. Confidential. Multilingual. 24/7/365

For more information, visit:  
[211.org](http://211.org) or [uwolmsted.org](http://uwolmsted.org)



Get Connected. Get Help.™



United Way of Olmsted County

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## **CHILD & FAMILY SERVICES**

### **Birthright**

288-9374

830 S Broadway

- Pregnancy Services such as pregnancy tests, maternity clothing, diapers, shampoo, baby wash, etc.
- Can be used 1x per calendar month- No income limit. Just need picture ID
- Hours Vary- Call to hear schedule

### **Catholic Charities**

507-287-7807

903 West Center Street, #220

- Free confidential adoption and pregnancy counseling
- One-time financial assistance for pregnant women and families with children up to age 1
- Free baby items and pack n plays
- Parenting groups and education

### **Crisis Nursery**

287-2020

126 Woodlake Drive SE

- Mon – Fri 8am – 4:30pm
- May provide temporary short-term care for children for families in crisis
- No cost to the family
- Must be Olmsted County resident

### **Families First of Minnesota**

287-2020

126 Woodlake Drive SE

- Child Care Aware of MN
- Head Start
- School Readiness
- Early Learning Scholarships

**LSS Adoption and Pregnancy Counseling** 651-646-7771

- Supports birth parents through pregnancy services and concurrent planning
- Supports families wanting to adopt

**Olmsted County** 328-6400  
Child Welfare Services  
2117 Campus Drive SE

- **Family Support Team Services**  
Pregnant and parenting teens, First time parents, Families of color with child under 5 yrs., and Families with at least one child under 10yrs.
- **PACE** – works with families of color who have school attendance issues
- **CARE** – support for parents who have a mental illness
- **Parent Support & Outreach** – links families to community resources
- **Youth Behavioral Unit** - works with teens and their behavior issues

**THRIVE! Family Resource Center**  
400 5<sup>th</sup> Ave SW 258-9055

[TanyaG@THRIVEFRC.ORG](mailto:TanyaG@THRIVEFRC.ORG)

- Childcare- Infants thru Pre-K
- Mon-Fri
- Supportive resources for families

**Women, Infants & Children (WIC) 328-7555**  
2100 Campus Drive SE

- 7:30am – 5:45pm
- Walk ins & appointments
- Nutritious foods, such as milk, whole grains, cereal, eggs, fruits and vegetables, peanut butter or beans.
- Breastfeeding information and support
- Infants who are partially or not breastfed may receive iron-fortified formula
- Nutrition and health information
- Referrals to health and social services when appropriate

**DAILY SOCIAL SERVICE**

**Salvation Army** 288-3663  
115 NE 1<sup>st</sup> Ave

- Monday – Friday 8am – 4pm
- Personal hygiene items
- Daily Showers

**Southern Minnesota Center for Independent Living (SEMCIL)** 285-1815  
2200 2<sup>nd</sup> St SW

- Monday through Friday 8:00 - 4:30 PM
- Independent Living Skills instruction
- Assistance applying for benefits including social security/ disability
- PCA, Respite, and Homemaker Services



### **Family Service Rochester-GPS Program**

2117 Campus Dr SE 328-6325

- Serves any individual or family in Olmsted County struggling to connect with resources or services they may need.

## **DENTAL CARE**

**Apple Tree Dental** 424-1040

973 Skyline Drive SW

- General Dental Care
- Ages 1 or older
- All MA, MNCare, private insurance and sliding fee if eligible

**Children's Dental Health Service** 529-0436

903 West Center Street, #208

- Preventive Dental Care
- Ages 14 and younger
- All MA and MNCare

### **Community Dental Care**

2120 US 14 E 258-7934

- General Dental Care for all ages
- Private insurance MA, MNCare and sliding fee if eligible

**Good Samaritan Dental Clinic** 529-4100

120 North Broadway, Suite B

- Emergency dental care only
- Ages 6-14

- All MA, MNCare and sliding fee for those without insurance

**Medica Delta Dental** 1-800-459-8574

**RCTC Dental Hygiene Clinic** 280-3169

1926 College View Road SE

Heintz Center #216

- Preventive dental care including x-rays, cleaning, fluoride treatment & sealants
- Most private insurance and MA plans

**Dr. Richard Cohen** 206-6780

2112 Viking Drive NW, Suite E

- General dental Care for all ages
- Private insurance, MA and MNCARE

**UCARE Dental Hotline** 1-800-235-0564

## **EDUCATION**

**Hawthorne Education Center** 328-4440

Adult & Family Literacy Program

700 4<sup>th</sup> Ave SE

- English language (ESL)
- GED preparation

**Rochester Public Library** 328-2300

101 2<sup>nd</sup> St SE

- Free library card, materials & internet access
- Children & adult program & classes
- Mon-Thurs 9:30am – 9pm

- Fri-Sat 9:30am – 5:30pm
- Sun 1:30pm – 5:30pm
- Summer hours: Sat 9:30am – 1:30pm  
Sunday – closed

**Rochester Public Schools** 328-3000

Edison Administration Building  
615 7<sup>th</sup> St SW

- School registration
- General information

**Rochester Public School**  
**Student in Transition Services** 328-4230

- Homeless youth/families
- Immediate enrollment
- Free breakfast & lunch

## **EMPLOYMENT**

**Aerotek** 206-5760

3425 40<sup>th</sup> Ave NW

- Monday – Friday 8:30am – 5pm
- Walk-ins accepted

**CHOICES OF SE MN** 280-5510

**MN Displaced Homemaker Program**

Heintz Center-RCTC

851 30<sup>th</sup> Ave SE

- Low-income male or female homemaker who is abandoned, separated, divorced, or dealing with death or disability
- Veterans & their spouses

- Call for appointment/ Photo ID needed

**Doherty Employment** 258-5535  
300 11<sup>th</sup> Ave NW #101

**Express Employment Professionals** 285-1616  
2518 North Broadway

- Mon - Thur 7:30am – 5:30pm
- Friday 7:30am – 5pm
- Walk-ins & appointments
- Serve anyone

**Global Employment Solutions** 292-6692  
1032 15<sup>th</sup> Ave SE

- Specializes in light industry

**Kelly Services** 282-1584

**People Ready** 286-1064  
304 Elton Hills Dr. NW

- Work today-paid today

**Manpower** 285-0710  
2746 Superior Drive NW, #320

**Masterson Staffing** 252-8481  
401 16<sup>th</sup> Ave NW, #102

**Career Force** 923-2828  
2070 College View Road East

**Veteran Employment Service** 923-2828

2070 College View Road East

- Direct referrals for job openings
- Training for disabled veterans

**Workforce Development Inc.** 292-5152

2070 College View Road East

- Assist in looking for employment
- Training Programs

## **FINANCIAL ASSISTANCE**

**Catholic Charities** 287-2047

903 West Center Street, #220

- One-time financial assistance for pregnant women and women with children up to age one

**Olmsted County Emergency Housing & Utility Aid** 328-6500

Family Support & Assistance

2117 Campus Drive SE

- Minnesota Family Investment Program
- Emergency Assistance (EA)
- Food support & health insurance

**Three Rivers Community Action Program**

300 11th Avenue NW #110 316-0610

- Energy Assistance
- Homeless Prevention
- Homeless Assistance
- SNAP Application Assistance

**Salvation Army** 288-3663  
115 NE 1<sup>st</sup> Ave

- Rent & utility assistance

**St. Vincent De Paul Society** 216-7370

- Mon, Tue, Thur, Fri 10am-3pm to arrange home visit
- Group of local church volunteers, provides limited direct assistance to our friends in need.
- We assist with advice and friendship, and sometimes help with food, gas, furniture, utilities, etc.

**LSS Financial Counseling** 1-888-577-2227  
1610 14<sup>th</sup> St NW Suite 300  
Rochester, MN 55901

- Services to resolve credit card debt, education on credit scores and reports, student loan repayment, housing counseling services and achieving financial wellness

## **FOOD SHELVES**

**Channel One Food Shelf** 424-1707  
131 35 St SE

- Monday – Thursday 8am – 6pm
- Friday 8am – 12pm

Catch a bus to Channel One – \$2 one-way cost

1. Bus 14 – morning or evening
2. Bus 6M – mid-day

**Life Gate Pantry/ Channel One** 421-3107  
1310 10<sup>th</sup> Ave NE  
1<sup>st</sup> Saturday 10am to 12pm

**Redeemed Christian Church**  
1300 10<sup>th</sup> Ave NE  
1<sup>st</sup> Saturday 10am-12pm

**Rochester Community Church** 289-7491  
971 16<sup>th</sup> St SE  
2<sup>nd</sup> Saturday 9am to 11:30 am

**Oasis Church** 289-8596  
1815 38<sup>th</sup> St. NW  
3<sup>rd</sup> Saturday 9:30am to 11am

**Hosanna's Pantry** 285-0092  
2815 57<sup>th</sup> Street NW  
4<sup>th</sup> Saturday 9am to 11:30am

**The Salvation Army Food Pantry** 288-3663  
115 NE 1<sup>st</sup> Ave  
Tuesday & Friday 10am to 3:30pm

**Revolutionary Earth Farm** 216-3977  
[https://revolutionaryearth.org/  
subscribe@revolutionaryearth.org](https://revolutionaryearth.org/subscribe@revolutionaryearth.org)

- Free local produce box delivered weekly June - October.

## **FREE MEALS**

**Christ United Methodist Church** 289-4019  
400 5<sup>th</sup> Ave SW

- Wednesday Soup Dinner 5:20pm  
(during school year)
- Saturday lunch 11am – 1:00pm  
Meal Served at Noon

**Community Food Response** 281-5061

- Prepared food to take home and eat with your family.
- Can pick up food for friends or neighbors too.
- Bring ID to get signed up

The Exchange, 322-6590  
3945 10th Ave NW

- Monday, Wednesday, & Friday 5pm-6pm

Bethel Lutheran Church 281-5061  
810 3rd Ave SE,

- • \*THIS LOCATION IS CLOSED FOR COVID\*
- • Monday, Wednesday, & Friday 5pm-6:30pm

**Evangel United Methodist Church** 289-4817  
2645 North Broadway Avenue

- Every Wednesday during school year.
- Call ahead of time
- 4:45pm – 6:00 pm



**Family Service Rochester** 287-2010

**Senior Cafe**

1625 Hwy 14 E

- Mon-Fri Noon-1:30pm
- Call day ahead to reserve your meal
- \$4 suggested donation

**Open Table Food Truck** 288-2649

- Every Thursday night
- 5pm at Parkside Park- 2245 Park LN SE
- 5pm at Zumbro Lutheran Church  
Door 8 624 3<sup>rd</sup> Ave NW
- 6pm at Eastwood Estates Apartments  
2009 17<sup>th</sup> ST SE
- Last 2 Wednesdays of the month served  
at Salvation Army Adult Day Center  
115 NE 1<sup>st</sup> Ave 5pm-6pm

**Salvation Army** 288-3663

115 NE 1<sup>st</sup> Ave

- Bread Table  
Monday-Friday  
8:00am – 4:00pm
- Lunch  
Monday-Friday  
11:30am – 12:15 pm

**St. Francis Church** 288-7313

1114 3<sup>rd</sup> St SE

- Sunday lunch from 11:30am – 12:30pm

## **HEALTH CARE**

**First Care Pregnancy Center** 282-3377  
40 16<sup>th</sup> St SE

- Free pregnancy tests
- STD testing
- Supportive services and referrals
- Adoption Services

**Good Samaritan Medical Clinic** 529-4100  
120 North Broadway

- Services for general medical, psychiatry and psychology, smoking cessation, pediatrics, eye, diabetes
- Call to schedule appointments

**Intercultural Mutual Assistance Association (IMAA)** 289-5960  
2500 Valleyhigh Drive NW

- Community Health Workers
- Certified MNsure Navigators to assist with insurance understanding and enrollment

**Mayo Clinic** 284-2511  
200 1<sup>st</sup> St. SW

- Medical, surgical, specialty care
- Adults and children
- Mayo Express Care clinics in Rochester
- Branch clinics located in Rochester and southeast Minnesota

**Community Health Services Inc.** 529-0503  
(Formerly Migrant Health Services)  
1926 College View Rd. SE

- Sliding-fee scale services
- Immunizations
- Well Child checkups, sports physicals
- General medical exams
- Health information and referrals

**Olmsted County Public Health** 328-7500  
2100 Campus Drive SE

- Immunizations
- Communicable disease information
- STD and HIV Clinic
- Health information and referral

**Olmsted Medical Center Clinic** 288-3443  
210 9<sup>th</sup> St. SE

- Medical, surgical, specialty care
- Adults and children
- Branch clinics located in Rochester and southeast Minnesota
- Skyway Clinic-downtown Rochester (292-7250)

**Olmsted Medical Center Hospital** 529-6600  
1650 4<sup>th</sup> St. SE

**Planned Parenthood** 288-5186  
1212 7<sup>th</sup> St. NW

- HIV & STD testing
- Birth control

- Pregnancy testing
- Men and women served

**Rochester Veteran (VA) Clinic** 252-0885  
3551 Commercial Dr SW Suite 400

- Medical, surgical, mental health
- Prescription refills
- If you have thoughts of harming yourself, call **1-800-273-8255**

**St. Mary's Hospital** 255-2123  
1216 2<sup>nd</sup> St. SW

## **HIV/AIDS Resources** **Advocacy, Referral, Support**

**Mayo Clinic HIV Clinic** 255-7763

**Mayo Clinic Social Services** 284-2131

**JustUsHealth** 612-373-2437

- Web site: [justushealth.org](http://justushealth.org)
- E-mail: [mapaidline@mnaidsproject.org](mailto:mapaidline@mnaidsproject.org)

## **Minnesota Pharmacy Syringe Access Initiative**

- To prevent disease transmission among IV drug users, may purchase up to 10 new syringes without a prescription at a participating pharmacy
- [www.health.state.mn.us/syringe](http://www.health.state.mn.us/syringe)

## **Rural AIDS Action Network (RAAN)**

1- 800-966-9735

- Website [www.raan.org](http://www.raan.org)

## **HOTLINES**

**Catholic Charities** 507-287-7807  
**Pregnancy, Parenting and Adoption**

- Pregnancy information and counseling hotline

**Crisis Response for SE MN** 1-844-274-7472

- Suicide, depression, mobile response
- 24/7 phone support
- Text Line: Message HOME to 741741

**Disability Hub MN** 1-866-333-2466

- Statewide referral & assistance
- [www.disabilityhubmn.org](http://www.disabilityhubmn.org)

### **Domestic Violence Hotlines**

- National Hotline 1-800-799-7233  
TTY: 1-800-787-3224

**Family Planning STD Hotline** 1-800-783-2287

- Text Line: Message ASKMN to 66746

**Landlord & Tenant Hotline** 529-4111

**National Suicide Prevention Hotline**

- 1-800-273-TALK (8255)

**Safe Harbor Regional Navigator** 328- 7270

- Serves Sexually Exploited Youth
- Housing, medical, legal support and access to survivor groups
- 24-hour Crisis Line 289-0636

**Senior Linkage Line** 1-800-333-2433

**Veterans Linkage Line** 1-888-546-5838

**Victim Services - Sexual Assault Program**

- Office Phone 328-7270
- 24-hour crisis phone 289-0636

## **LANDLORDS/APARTMENTS**

**All Star Properties** 252-9143

**Jakobson Management** 536-0000

**J & L Management** 282-2494

**Paramark Property Management** 285-5082

**Bear Creek Development Center  
on Mayowood Acres** 258-4992

**RGI Management** 289-8000

**Silver Lake Apartments** 289-8982

## **LEGAL SERVICES**

**Attorney General Office** 1-800-657-3787

**Olmsted County Law Library** 218-3778

**Southern Minnesota Regional Legal Services  
SMRLS**

903 West Center Street, Suite 230  
1-888-575-2954

- Low-income legal services
- Ex. Include: government benefits, housing, elder, immigration, consumer, education, etc.

**Legal Assistance of Olmsted County (LAOC)**

1700 North Broadway, Suite 124     287-2036

- Low income legal services.
- Examples include: government benefits, housing, elder, immigration, consumer, education, etc.
  
- Satellite clinic also offered at  
Community Health Services Inc.  
1926 Collegeview Rd SE.     529-0503

**Olmsted County District Court     206-2400**

- Criminal, Civil, Traffic
- Orders for protection
- Juvenile/Family/Child Protection

**OutFront Minnesota     1-800-800-0350**

- Assistance with LGBTQ issues

**Mediation and Conflict Solutions     285-8400**

- Mediation services for both adults and youth regardless of income.

**Minnesota Board of Public Defenders**  
400 South Broadway Suite 204 285-7370

**Immigrant Law Center of Minnesota**

- 1-800-223-1368
- Legal services for immigrants
- Education for communities on variety of immigration matters

**MENTAL HEALTH**

**Associates in Psychiatry & Psychology**  
3101 Superior Drive NW 288-8544

**Blue Stem** 282-1009  
124 Elton Hills Lane NW

**Family Service Rochester** 287-2010  
4600 18<sup>th</sup> Ave NW

**Fernbrook Family Center** 446-0431  
2519 Commerce Dr NW Suite 210

**Nystrom and Associates** 516-0030  
401 16<sup>th</sup> St SE #100

**Olmsted Medical Center** 288-3443  
210 9<sup>th</sup> St SE

**Zumbro Valley Health Center** 289-2089  
343 Woodlake Drive SE



## **OTHER HOUSING ASSISTANCE**

### **Intercultural Mutual Assistance**

**Association (IMAA)** 289-5960

2500 Valleyhigh Dr. NW

- Immigrant/Refugee services
- Health insurance enrollment and understanding assistance
- Victim services
- Professional. Language. & interpretation services

### **Salvation Army**

288-3663

115 NE 1<sup>st</sup> Ave

- Rent & utility assistance

### **Three Rivers Community Action Program**

300 11th Avenue NW #110 316-0610

- Emerging Markets Homeownership Program
- Energy Assistance
- Rehab Loans
- Down payment Assistance

### **The Landing MN Inc.**

884-0423

702 W Silver Lake Dr NE

- Homeless outreach and assistance
- Day Center open year round from 8am-7pm
- Serves breakfast, lunch, and dinner for literally homeless each day

## **SELF-DIRECTION**

**National Drug Helpline** 1-844-289-0879

**Alcoholics Anonymous (AA)** 289-5636

- 24-hour phone
- To locate meetings -

[www.aaminnesota.org/meetings](http://www.aaminnesota.org/meetings)

[www.aadistrict1.org](http://www.aadistrict1.org)

**Disability Specialists** 1-800-642-6393

- Social Security Application Assistance

**Disability Partners** 1-866-577-9007  
or 1-651-633-4882

- Social Security Application Assistance

### **Gamblers Anonymous**

- Christ United Methodist Church  
400 5<sup>th</sup> Ave SW  
Saturdays 11:00 am

### **Harm Reduction Coalition**

- “Promoting the health & dignity of those impacted by drug use.”
- [www.harmreduction.org](http://www.harmreduction.org)

**Minnesota Adult & Teen Challenge** 288-3733

**Narcotics Anonymous (NA)** 281-2227

- 24-hour phone

**National Alliance on Mental Illness (NAMI)**

- 287-1692

**Recovery is Happening** 218-4773

25 6<sup>th</sup> Street NE

- Services include but are not limited to:  
Peer Recovery Specialists, Telephone  
Recovery Support, Chemical Health  
Assessments, Recovery Housing, etc.

**Southern Minnesota Transgender Support  
Network**

- [info@Smtsnetwork.com](mailto:info@Smtsnetwork.com)

**Salvation Army Smoking Cessation Clinic**

120 North Broadway 529-4100

- Counseling and medical assistance to  
stop smoking

**Veteran Suicide Prevention Line**

- 1-800-273-8255

**Women's Shelter and Support Center**

- 24-hour phone 285-1010

**SHELTER**

**Dorothy Day Hospitality House** 282-5172

703 1<sup>st</sup> St SW

- Visits last 14 days. Must have 60 days  
between visits
- Dinner served daily at 6 pm
- House closed from 9am to 4pm

**Family Promise Rochester** 281-3122  
913 1<sup>st</sup> St NW

- Program provides shelter for homeless families with at least one minor child

**Rochester Community Warming Shelter**  
200 4<sup>th</sup> St SE 226-8033 or 287-2047

- Winter Shelter that operates during coldest winter months (Nov-Mar)
- Accommodates 30 Individuals
- Center opens at 9pm and closes at 7am
- Shower, laundry facilities, safe/ warm place to sleep

**Women's Shelter and Support Center** 285-1010

- Serves women experiencing domestic abuse

## **SHOWER TIME**

**Salvation Army** 288-3663  
20 First Ave NE

- Showers allowed at set day and times
- Monday – Friday
- 9:00 am – 11:00 am
- 1:00 pm – 3:00 pm

## **SUBSIDIZED HOUSING**

**Byron**

**Elderly (62+), under 62 if handicapped &/or disabled:**

- Rolling Heights (507) 775-2109

### **Eyota**

**Elderly (62+), under 62 if handicapped &/or disabled &/or Family:**

- Lifestyle Management (507) 451-8524

### **Pine Island**

**Cost of rent is 30% of gross income:**

- Knollwood Apartments (507) 356-8448
- Fox Meadows (507) 356-8979

### **Rochester**

**Elderly (62+), under 62 if handicapped &/or disabled:**

- Central Towers – 285-1118
- Fontaine Towers – 288-1128
- Northgate Plaza – 289-2022
- Park Towers – 285-9051
- Kenosha Drive – 206-5166

**Family &/or handicapped:**

- Ashland Apts – 512-5562
- Hylands – 288-4201
- Innsbruck – 289-1319
- Rochester Square – 288-9205
- Eastridge Estates – 285-0022
- ValleyHigh Flats – 512-1030
- Eastgate Apts - 405-5001

**Handicapped only:**

- Oakridge – 281-1031
- Newbridge – 282-8284

**Elderly only:**

- High Pointe – 282-8385

**Stewartville**

**Elderly (62+), under 62 if handicapped &/or disabled**

- Downtowner II – (507) 533-8692

**Family &/or handicapped:**

- Eastside Village – (507) 533-4953

**SUPPORTIVE HOUSING**

**Cronin Home Inc.** 282-1204

825 West Silver Lake Drive NE

- “Providing safe, sober, supportive living environment” for chronic chemically dependent/homeless adults.

**Homeless Service Team – ZVHC** 535-5642

29 7<sup>th</sup> St NE

- Serves the chronically homeless

**Salvation Army Castleview Residence**

120 North Broadway

Property Manager: 424- 4180

Case Managers: 424-4182 or 424-4183

- Permanent supportive housing
- Single adult

**Salvation Army Access Home RRH Program**

20 1<sup>st</sup> Ave NE 288-3663

- Rapid Re-Housing for homeless families and singles

**TEEN/YOUNG ADULT SERVICES**

**Boys & Girls Club of Rochester 287-2300**

1026 East Center St

- Monday – Friday 2:30pm – 8:00pm
- 7am- 6pm on non-school days
- Summer- 7am-6pm
- Gives every child access to a safe, nurturing, educational environment that positively impacts their lives.

**Friendship Place 529-8791**

1429 4<sup>th</sup> Ave SE

- After School Program: 4pm –5:30pm  
T/W/Th homework support, healthy snacks & craft projects
- Evening Tutoring: 7pm – 8:30pm  
T/W/Th middle school thru college
- Summer Program - 8/10 weeks long with reading classes, crafts & games

**LINK Program – Lutheran Social Services**

1610 4<sup>th</sup> St NW Suite 300

Info Line: 316-8273

- Serves at-risk & homeless youth
- 16-25-year olds
- Serves both families & individuals

- Access to emergency shelter
- Provides basic needs items: food, bus tokens, & clothing

**Military Service Registration**      847-688-6888

- [www.sss.gov](http://www.sss.gov)

**National Dating Abuse Hotline**

- 1-866-331-9474
- TTY 1-866-331-8453
- Text – loveis to 2252

**Q Club**      328-2346

101 2<sup>nd</sup> St SE

- A safe and welcoming meet-up for LGBTQIA teens and allies ages 13-18
- Program is for teens grades 7-12

**Rochester Public School Services**      328-4230

- Homeless youth/families
- Immediate enrollment
- Free breakfast & lunch

**Runaway Shelter**      800-786-2929

- National Runaway Switchboard 24 hour

**Workforce Development, Inc.**      507-292-5152

2070 College View Rd. E.

- Serving at-risk and/or disadvantaged youth
- 15-24 years old
- Education and employment resources



## **THRIFT STORES**

**Goodwill** 281-9651 & 424-1860  
239 28<sup>th</sup> St SE & 1987 Scott Road NW

- Monday-Friday 9am – 9pm
- Saturday 9am – 6pm
- Sunday 11am – 6pm

**Restore - Habitat for Humanity** 258-5505  
3034 40<sup>th</sup> Ave NW

- Wednesday/Thursday/Friday 12 – 6pm
- Saturday 9am – 4pm

**Savers** 536-2564  
1201 South Broadway

- Monday-Saturday 9am – 9pm
- Sunday 10am to 7pm

**Thrift on 5<sup>th</sup>**  
400 5<sup>th</sup> Ave SW 289-4019

- Wed 4pm-7pm & Sat 9am- 12pm
- Adult Clothes- \$1.00; Children's- 50¢
  - Limit 10 items per person

## **TRANSPORTATION**

**Delta Dental** 1-800-459-8574  
**Med City Taxi** 282-8294  
**Rochester Public Transit Bus** 328-7433  
**UCARE Health Ride** 1-800-864-2157  
**Yellow Cab** 282-2222

## **VETERAN SERVICES**

### **Olmsted County Veterans Service Office**

2100 Campus Drive SE 328-6355

- Assistance veteran benefits
- Financial assistance

### **Rochester Veteran (VA) Clinic** 252-0885

3551 Commercial Dr SW Suite 400

- Primary medical & mental health care
- If you are having thoughts of harming yourself call: **1-800-273-8255**

### **Veteran Employment Service** 923-2828

2070 College View Road East

- Direct referrals for job openings
- Training for disabled veterans

### **LSS CORE** 1-844-577-2673

#### **Veteran Services**

- Serves veterans and their families with case management, behavioral health, and financial counseling

## **VICTIM SERVICES**

### **Family Service Rochester** 287-2010

4600 18<sup>th</sup> Ave NW

- Women and children's domestic violence support group

- Project Restore. Program for men who have had concerns around domestic violence

**Intercultural Mutual Assistance Association (IMAA)** 289-5960  
2500 Valleyhigh Dr. NW

**Olmsted County Victim Services** 328-7270  
Olmsted County Government Center  
151 4<sup>th</sup> St SE – 3<sup>rd</sup> floor

- **24-hour CRISIS LINE – 289-0636**
- Provides support, information, options and resources sexual assault victims
- Serves Sexually Exploited Youth

**Women’s Shelter and Support Center** 285-1010

- Assistance with Orders for Protection & Harassment Orders
- Lodging, meals & transportation provided

## **Homeless Community Network Supporters**

Center City Housing Corp.  
Channel One Food Bank  
Community Food Response  
Community Housing Partnership  
DFO Community Corrections  
Dorothy Day Hospitality House  
Families First  
Habitat for Humanity  
Hawthorne Education Center  
Housing & Redevelopment Authority  
Intercultural Mutual Assistance Assoc.  
Family Promise Rochester  
LINK-Lutheran Social Services  
Mayo Clinic Division of Community Engagement  
Olmsted County Community Services  
Olmsted County GPS  
Olmsted County Public Health  
Olmsted County Veteran Services  
Olmsted County Victim Services  
Olmsted Medical Center  
RCTC-Community Youth Program\  
Rochester Community Church  
Redeemer Lutheran Church  
Rochester Outreach Center  
Rochester Police Department  
Rochester Public Library  
Rochester Public Schools  
Salvation Army  
Southeastern MN Center for Independent Living, Inc.  
Southern MN Regional Legal Services  
The Landing MN Inc.  
Three Rivers Community Action, Inc.  
United Way of Olmsted County  
Women's Shelter and Support Center.  
Workforce Development, Inc.  
WSU-Rochester-Nursing Program  
Zumbro Valley Health Center

## **Ordinances and information to be aware of if you are experiencing homelessness:**

### **Aggressive Panhandling:**

Panhandling is protected speech and is protected by the constitution and allows for individuals to solicit funds, picket, and protest in a respectful manner. What is not permitted in Rochester is what the law says is aggressive panhandling. Aggressive pan handling is not allowed under a Rochester ordinance and looks like the following:

- Touching or making physical contact with another person
- Repeated requests after being told no
- Blocking the paths of others
- Following others
- Intimidating others
- Cursing or using other obscene gestures
- Making statements that may make others feel harassed or compelled to give money
- Within 15 feet of a bank, ATM, or outdoor dining areas
- Asking for money on public transportation
- Approaching moving cars

If you are asked more than once to stop any of the behaviors above, you may be at risk of a misdemeanor offense. Best to stop if warned one time by an officer and avoid the risk of any charges

## **Pedestrian Skyway System**

- Skyway is open from 5:30am until midnight
- Avoid blocking paths or walkways
- Be mindful of noise from music players or radios. Keep at a reasonable volume.
- Clean up after yourself
- Avoid verbal or physical altercations. This is a quick way to be trespassed or receive other criminal charges
- Be sure to go outside to smoke or vape
- Avoid damaging any parts of skyway

## **Notes**

## **Notes**



## **ACKNOWLEDGEMENTS**

A special **Thank You** goes out to everyone who works hard advocating for those whose voices have not been heard.

**Any questions/ comments/ suggestions for changes regarding the content found within the Community Resource Guide please call 328-6323**