

# 2020-2021 SENIOR HOUSING & Services Guide



Central MN  
Council on Aging

[cmcoa](http://cmcoa.org)

250 Riverside Avenue N • Suite 300  
Sartell, MN 56377  
(320) 253-9349 • [www.cmcoa.org](http://www.cmcoa.org)  
1-800-333-2433 Senior LinkAge Line®

**COUNTIES SERVED:**  
Benton • Cass • Chisago  
Crow Wing • Isanti • Kanabec  
Mille Lacs • Morrison • Pine  
Sherburne • Stearns • Todd  
Wadena • Wright



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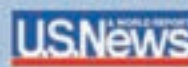


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Central MN  
Council on Aging

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Supporting our aging community

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Sartell, MN 56377  
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# 2020-2021 Senior Housing & Services Guide

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## Central MN Council on Aging

We invite you to become a member of the CMCOA. Benefits include: quarterly newsletter, resource directory, educational brochures, DVDs on loan, CMCOA sponsored training discount, information about area conferences, and *Senior Housing & Services Guide* advertising discount. For more information about CMCOA, please call (320) 253-9349, or visit our website at cmcoa.org.

## ST. CLOUD METRO AREA

•St. Cloud •Sartell •Sauk Rapids •Waite Park	Monthly Rental Fee	Services Included in Rent	On-site Services Available at an Extra Charge
Name: 444 Building Address: 444 33rd Avenue N St. Cloud, MN 56303 Contact Person: Leasing Manager Phone #: (320) 258-4000 Website: gcremn.com	18 Market Rate Units - \$595 - \$630	Controlled entry	Garage
Name: CentraCare-Benedict Court (St. Benedict's Community) Address: 1980 15th Avenue SE St. Cloud, MN 56304 Contact Person: Housing Guest Services Phone #: (320) 252-0010, ext. 30747 Website: centracare.com	39 Market Rate Units - \$1,881 - \$3,189	Controlled entry, Planned activities, Emergency call system, Three meals daily, Light housekeeping, Daily safety check, Handicapped accessible	Beauty/barber, Laundry service, Extended housekeeping, Home health care
Name: CentraCare-Benedict Homes (St. Benedict's Community) Address: 1340 Minnesota Blvd. SE St. Cloud, MN 56304 Contact Person: Housing Guest Services Phone #: (320) 252-0010, ext. 30747 Website: centracare.com	27 Market Rate Units - \$3,864	Controlled entry, Planned activities, Laundry service, Light housekeeping, Three meals daily, Daily safety check, Handicapped accessible	Beauty/barber, Extended housekeeping, Home health care
Name: CentraCare-Benedict Village (St. Benedict's Community) Address: 2000 15th Avenue SE St. Cloud, MN 56304 Contact Person: Lori Norheim Phone #: (320) 252-2557 E-mail: norheiml@centracare.com Website: centracare.com	95 Market Rate Units - \$886 - \$1,458	Controlled entry, Planned activities, Light housekeeping, Transportation to store	Beauty/barber, Extended housekeeping, Emergency call system, Laundry service, Congregate noon meal, Garage
Name: CentraCare-Benet Place (St. Benedict's Community) Address: 1420 Minnesota Blvd SE St. Cloud, MN 56304 Contact Person: Lori Norheim Phone #: (320) 252-2557 E-mail: norheiml@centracare.com Website: centracare.com	39 Subsidized Units - Rent Based on Income	Controlled entry	Beauty/barber, Congregate noon meal, Housekeeping, Emergency call system, Laundry service, Pets
Name: CentraCare-Benet Place South (St. Benedict's Community) Address: 1975 15th Avenue SE St. Cloud, MN 56304 Contact Person: Lori Norheim Phone #: (320) 252-2557 E-mail: norheiml@centracare.com Website: centracare.com	40 Subsidized Units - Rent Based on Income	Controlled entry	Beauty/barber, Congregate noon meal, Housekeeping, Emergency call system, Laundry service, Pets

## ST. CLOUD METRO AREA

•St. Cloud •Sartell •Sauk Rapids •Waite Park	Monthly Rental Fee	Services Included in Rent	On-site Services Available at an Extra Charge
Name: Cherrywood Advanced Living Address: 1036 Voyager Street St. Cloud, MN 56301 Contact Person: Wendy Lang Phone #: (320) 257-7445 E-mail: wendylang@cherrywoodal.com Website: cherrywoodal.com	20 Market Rate Units - \$3,850	Planned activities, Emergency call system, Three meals daily, Daily safety check, Controlled entry, Light housekeeping, Laundry service, Handicapped accessible	Home health care, Beauty/barber, Extended housekeeping
Name: Cherrywood Advanced Living Address: 3315 Cooper Avenue S St. Cloud, MN 56301 Contact Person: Wendy Lang Phone #: (320) 257-7445 E-mail: wendylang@cherrywoodal.com Website: cherrywoodal.com	20 Market Rate Units - \$3,850	Planned activities, Emergency call system, Three meals daily, Daily safety check, Controlled entry, Light housekeeping, Laundry service, Handicapped accessible	Home health care, Beauty/barber, Extended housekeeping
Name: La Paz Apartments Address: 530 16th Street S St. Cloud, MN 56301 Contact Person: Sheri Brown Phone #: (320) 229-4580 E-mail: housing@ccstcloud.org Website: ccstcloud.org	36 Subsidized Units - Rent Based on Income	Controlled entry, Handicapped accessible	
Name: Nature's Point Assisted Living Address: 1717 University Drive SE St. Cloud, MN 56304 Contact Person: Sarah Strassburg Phone #: (320) 258-7029 E-mail: sstrassburg@talahunursing.com Website: naturespointal.com	34 Market Rate Units - \$922 - \$1,920  Optional Assisted Living Package - \$890 +	Planned activities, Controlled entry, Light housekeeping, Emergency call system, Daily safety check, Laundry service, Transportation to store, Handicapped accessible	Beauty/barber, Three meals daily, Home health care, Extended housekeeping, Garage, Pets
Name: Riverside Apartments Address: 101 Riverside Drive SE St. Cloud, MN 56304 Contact Person: Joyce Schoen Phone #: (320) 252-0880 E-mail: jschoen@stcloudhra.com Website: stcloudhra.com	85 Market Rate Units - \$588 - \$706	Controlled entry, Handicapped accessible	Garage, Pets
Name: St. Cloud Carefree Living Address: 1225 Division Street E St. Cloud, MN 56304 Contact Person: Executive Director Phone #: (320) 251-6483 Website: spectrumhealthcos.com	70 Market Rate Units - \$2,275 +	Controlled entry, Planned activities, Laundry service, Emergency call system, Three meals daily, Housekeeping, Daily safety check, Handicapped accessible	Home health care

## ST. CLOUD METRO AREA

•St. Cloud •Sartell •Sauk Rapids •Waite Park	Monthly Rental Fee	Services Included in Rent	On-site Services Available at an Extra Charge
Name: Skylight Gardens Address: 501 1st Street North St. Cloud, MN 56303 Contact Person: Michelle Mace Phone #: (320) 259-4584 E-mail: michelle.mace@vqpm.com Website: stcloudseniorliving.com	59 Market Rate Units - \$800 - \$1,300	Controlled entry, Handicapped accessible	Home health care, Three meals daily, Emergency call system, Daily safety check, Housekeeping, Laundry service, Beauty/barber, Planned activities, Transportation to store, Pets
Name: Talamore Senior Living Address: 215 37th Avenue N St. Cloud, MN 56303 Contact Person: Brenda Minette Phone #: (320) 230-0234 E-mail: bminette@gentletouchhealth.com Website: talamoreseniorliving.com	138 Market Rate Units - \$2,495- \$4,170	Controlled entry, Planned activities, Daily safety check, Emergency call system, Three meals daily, Light housekeeping, Laundry service, Transportation to store and medical appts, Handicapped accessible	Beauty/barber, Home health care, Three meals daily, Extended housekeeping, Additional laundry service, Garage
Name: The Sanctuary of St. Cloud Address: 2410 20th Avenue SE St. Cloud, MN 56304 Contact Person: Jen Peters Phone #: (320) 534-0665 E-mail: jpeter94@fairview.org Website: thesanctuary-mn.com	137 Market Rate Units - \$730	Controlled entry, Daily safety check, Planned activities, Handicapped accessible	Beauty/barber, Emergency call system, Home health care, Three meals daily, Additional planned activities, Housekeeping, Laundry service, Transportation to medical appts
Name: Westwind Apartments Address: 765 Savanna Avenue St. Cloud, MN 56303 Contact Person: Samantha Phone #: (320) 253-1932 E-mail: westwind@essenceproperties.com Website: essenceproperties.com	12 Market Rate Units - \$804 - \$933  48 Subsidized Units - Rent Based on Income	Controlled entry, Planned activities, Garage, Handicapped accessible	Pets
Name: CentraCare-Chateau Waters (St. Benedict's Community) Address: 960 19th Street S Sartell, MN 56377 Contact Person: Melissa Skillingstad Phone #: (320) 654-2352 E-mail: melissa.skillingstad@centracare.com Website: centracare.com	72 Market Rate Units - \$2,250 - \$3,850	Controlled entry, Planned activities, Daily safety check, Transportation to store, Handicapped accessible	Home health care, Beauty/barber, Emergency call system, Three meals daily, Housekeeping, Laundry service, Garage, Pets

## ST. CLOUD METRO AREA

•St. Cloud •Sartell

•Sauk Rapids •Waite Park

**Monthly  
Rental Fee**

**Services Included  
in Rent**

**On-site Services Available  
at an Extra Charge**

Name: Country Manor Senior Apts

Address: 520 1st Street NE  
Sartell, MN 56377

Contact Person: Beth Knott

Phone #: (320) 253-8450

E-mail: bknott@countrymanor.org

Website: countrymanorcampus.org

151 Market  
Rate Units -  
\$900 - \$1,690

Controlled entry,  
Planned activities,  
Emergency call system,  
Daily safety check,  
Light housekeeping,  
Beauty/barber, Pets,  
Handicapped accessible

Three meals daily,  
Extended housekeeping,  
Laundry service,  
Transportation to store  
and medical appts,  
Garage

Name: David F. Day Apartments

Address: 1221 22nd Street South  
Sartell, MN 56377

Contact Person: Mary Beth Deppa

Phone #: (320) 257-0744

E-mail: mdeppa@accessiblespace.org

Website: accessiblespace.org

43 Subsidized  
Units -  
Rent Based  
on Income

Controlled entry,  
Emergency call system,  
Handicapped accessible

Congregate noon meal,  
Pets

*Looking for help in your home? Call Senior LinkAge Line® at 1-800-333-2433 to discuss your options.*

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- Small Pets Accepted
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**Contact:**

**Joyce or Brenda for info  
(320) 252-0880**



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[www.ci.stcloud.mn.us/Whitney](http://www.ci.stcloud.mn.us/Whitney)

## ST. CLOUD METRO AREA

•St. Cloud •Sartell •Sauk Rapids •Waite Park	Monthly Rental Fee	Services Included in Rent	On-site Services Available at an Extra Charge
Name: Edgewood Sartell Assisted Living Address: 677 Brianna Drive Sartell, MN 56377 Contact Person: Sue Carlson Phone #: (320) 281-3343 E-mail: sue.carlson@edgewoodvista.com Website: edgewoodhealthcare.com	47 Market Rate Units - \$2,725 - \$3,125	Planned activities, Three meals daily, Daily safety check, Emergency call system, Housekeeping, Laundry service, Handicapped accessible	Beauty/barber
Name: Edgewood Sartell Memory Care Address: 673 Brianna Drive Sartell, MN 56377 Contact Person: Sue Carlson Phone #: (320) 281-3343 E-mail: sue.carlson@edgewoodvista.com Website: edgewoodhealthcare.com	49 Market Rate Units - \$3,975	Planned activities, Three meals daily, Daily safety check, Emergency call system, Light housekeeping, Laundry service, Controlled entry, Handicapped accessible	Beauty/barber
Name: Grand View Properties Address: 1125 1st Street South Sartell, MN 56377 Contact Person: Housing Manager Phone # (320) 240-0500 E-mail: leasing@grandview-estates.com Website: grandview-estates.com	442 Market Rate Units - \$950 - \$1,685	Controlled entry, Planned activities	Garage
Name: Silver Oaks Townhomes Address: 2011 Oak Grove Avenue Sartell, MN 56377 Contact Person: Megan Rohr Phone #: (320) 348-1025 E-mail: stcloud@campbellprop.com Website: campbellprop.com	12 Market Rate Units - \$1,170 - \$1,295	Emergency call system	Pets
Name: The Country Villa Address: 520 1st Street NE Sartell, MN 56377 Contact Person: James Stanoch Phone #: (320) 253-8450 Email: jstanoch@countrymanor.org Website: countrymanorcampus.org	45 Market Rate Units - \$1,980 - \$2,790	Controlled entry, Planned activities, Daily safety check, Light housekeeping, Beauty/barber, Emergency call system, Handicapped accessible, Pets	Home health care, Three meals daily, Extended housekeeping, Laundry service, Transportation to store and medical appts, Garage
Name: The Waterford of Country Manor Address: 520 1st Street NE Sartell, MN 56377 Contact Person: Katy Sabinske Phone #: (320) 253-8450 Email: ksabinske@countrymanor.org Website: countrymanorcampus.org	45 Market Rate Units - \$2,530 - \$3,990	Controlled entry, Planned activities, Daily safety check, Emergency call system, Beauty/barber, Handicapped accessible, Garage, Pets	Home health care, Three meals daily, Housekeeping, Laundry service, Transportation to store and medical appts

## ST. CLOUD METRO AREA

•St. Cloud •Sartell

•Sauk Rapids •Waite Park

	Monthly Rental Fee	Services Included in Rent	On-site Services Available at an Extra Charge
Name: Good Shepherd Apartments Address: 1211 4th Avenue North Sauk Rapids, MN 56379 Contact Person: Welcome Center Phone #: (320) 259-3476 E-mail: info@gsc-mn.org Website: goodshepherdcampus.org	58 Subsidized Units - Rent Based on Income  Optional Assisted Living Package - \$2,000 +	Controlled entry, Planned activities, Emergency call system, Handicapped accessible	Home health care, Beauty/barber, Three meals daily, Add'l emergency call system, Housekeeping, Laundry service, Garage, Pets
Name: Good Shepherd Memory Care Cottages Address: 307 11th Street North Sauk Rapids, MN 56379 Contact Person: Welcome Center Phone #: (320) 259-3476 E-mail: info@gsc-mn.org Website: goodshepherdcampus.org	36 Market Rate Units - \$931 - \$995  Assisted Living Package - \$4,990 +	Controlled entry, Handicapped accessible	Home health care, Beauty/barber Planned activities, Three meals daily, Daily safety check, Housekeeping, Laundry service, Emergency call system
Name: Landings of Sauk Rapids Address: 1325 Summit Avenue North Sauk Rapids, MN 56379 Contact Person: Manager Phone #: (320) 203-8142 E-mail: assistantmanager@landingseniorliving.com Website: landingseniorliving.com	19 Market Rate Units - \$3,300 - \$4,260	Planned activities, Daily safety check, Three meals daily, Emergency call system, Housekeeping, Laundry service	Beauty/barber, Home health care, Transportation to medical appts, Pets
Name: Legacy Place, LLC Address: 902 15th Street NE Sauk Rapids, MN 56379 Contact Person: Susan Norman Phone #: (320) 267-7789 E-mail: legacyplacellc@gmail.com Website: legacyplace.net	8 Market Rate Units - \$2,800 - \$3,600	Controlled entry, Emergency call system, Three meals daily, Housekeeping, Daily safety check, Planned activities, Laundry service, Handicapped accessible	Beauty/barber
Name: Ridgeview Place Senior Living Address: 1009 10th Avenue North Sauk Rapids, MN 56379 Contact Person: Amy Comstock Phone #: (320) 251-5228 E-mail: amy.comstock@accura.healthcare Website: ridgeviewseniorliving.com	57 Market Rate Units - \$2,975 - \$4,675	Controlled entry, Planned activities, Daily safety check, Emergency call system, Three meals daily, Light housekeeping, Laundry service, Beauty/barber, Home health care, Transportation to store, Handicapped accessible	Extended housekeeping, Additional laundry service, Garage, Pets

**Looking for help with meals? Call Senior LinkAge Line® at 1-800-333-2433 to discuss your options.**

## ST. CLOUD METRO AREA

•St. Cloud •Sartell •Sauk Rapids •Waite Park	Monthly Rental Fee	Services Included in Rent	On-site Services Available at an Extra Charge
Name: Russell Arms Apartments Address: 315 Division Street Sauk Rapids, MN 56379 Contact Person: Eileen Tollefson Phone #: (320) 230-2187 E-mail: rant@brutgerequities.com Website: brutgerequities.com	59 Subsidized Units - Rent Based on Income	Controlled entry, Planned activities, Handicapped accessible, Pets	
Name: Shepherd Court Apartments Address: 330 13th Street North Sauk Rapids, MN 56379 Contact Person: Welcome Center Phone #: (320) 259-3476 E-mail: info@gsc-mn.org Website: goodshepherdcampus.org	53 Market Rate Units - \$1,149 - \$1,375  Optional Assisted Living Package - \$2,000 +	Controlled entry, Planned activities, Light housekeeping, Emergency call system	Home health care, Beauty/barber, Three meals daily, Add'l emergency call system, Extended housekeeping, Laundry service, Garage, Pets
Name: Shepherd Oak Apartments Address: 310 13th Street North Sauk Rapids, MN 56379 Contact Person: Welcome Center Phone #: (320) 259-3476 E-mail: info@gsc-mn.org Website: goodshepherdcampus.org	42 Subsidized Units - Rent Based on Income  Optional Assisted Living Package - \$2,000 +	Controlled entry, Planned activities, Emergency call system, Handicapped accessible	Home health care, Beauty/barber, Three meals daily, Add'l emergency call system, Housekeeping, Laundry service
Name: Shepherd Oak West Apartments Address: 220 13th Street North Sauk Rapids, MN 56379 Contact Person: Welcome Center Phone #: (320) 259-3476 E-mail: info@gsc-mn.org Website: goodshepherdcampus.org	45 Subsidized Units - Rent Based on Income  1 Market Rate Unit - \$1,235  Optional Assisted Living Package - \$2,000 +	Controlled entry, Planned activities, Emergency call system, Handicapped accessible	Home health care, Beauty/barber, Three meals daily, Add'l emergency call system, Housekeeping, Laundry service
Name: Shepherd's Ridge Patio Homes Address: 1115 4th Avenue North Sauk Rapids, MN 56379 Contact Person: Welcome Center Phone #: (320) 259-3476 E-mail: info@gsc-mn.org Website: goodshepherdcampus.org	8 Market Rate Units - \$1,974 - \$2,089	Planned activities, Garage	Home health care, Beauty/barber, Three meals daily, Congregate noon meal
Name: Wildwood Assisted Living Address: 1420 2nd Street North Sauk Rapids, MN 56379 Contact Person: Linda Corrigan Phone #: (320) 774-1546 E-mail: lindac@wildwoodal.com	27 Market Rate Units - \$4,125 +	Controlled Entry, Planned activities, Daily safety check, Emergency call system, Three meals daily, Light Housekeeping, Laundry service, Handicapped accessible	Beauty/barber, Home health care, Extended housekeeping, Pets

# Starting the End-of-Life Conversation

*Mom, Dad, we need to talk...*

Starting the conversation can be difficult and uneasy for families, but having a conversation can be valuable. Discussing financial, health, legal and end-of-life care can help everyone understand the wishes of your loved one before making life-altering decisions you were not prepared to make. An AARP article, *Starting the Conversation About End-of-Life Care*, states:

More than 90 percent of people think that it is important to have conversations about end-of-life care with their loved ones, yet less than 30 percent have done so. Similarly, 70 percent of people say they want to die at home, but in reality, 70 percent die in hospitals or institutions. – aarp.org

It is time to start the conversation, but where do you start? What do you say? There will never be a perfect time, but it is important to start the conversation. Here are some helpful resources to help you get started:

- The Conversation Project offers a free step-by-step Conversation Starter Kit to help plan for the conversation: <http://the-conversationproject.org>

- MN Board on Aging has information about advanced care planning and tips for holding a family meeting.

- ~ Advanced Care Planning: <http://www.mnaging.net/Advisor/HealthCareDirective.aspx>

- ~ Information about Holding a Family Meeting: <http://www.mnaging.org/Advisor/~media/Holding%20a%20Family%20Meeting%20FINAL.ashx>

- Eldercare Locator provides in-depth information about planning for financial, health, and end-of-life issues along with other helpful resources. Check out their Let's Talk Brochure: <https://eldercare.acl.gov/Public/Resources/Brochures/docs/Conversations.pdf>

Mom, dad, if you are reading this article, you can start the conversation with your friends or family. Do not wait for them to talk to you. Start the conversation.



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**HEAT OR FOOD**

**You don't have to choose.**

Too many low-income Minnesotans have to choose between paying their energy bill and other necessities – food, medicine and healthcare. Minnesota's Energy Assistance Program offers eligible residents help to pay their energy bills so they do not have to choose between life's necessities. Spread the word to your friends and family.

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THE COMMUNITY ACTION PROGRAM  
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## ST. CLOUD METRO AREA

•St. Cloud •Sartell

•Sauk Rapids •Waite Park

Monthly  
Rental FeeServices Included  
in RentOn-site Services Available  
at an Extra Charge

Name: Park Villa  
Address: 500 3rd Street South  
Waite Park, MN 56387  
Contact Person: Christa Burton  
Phone #: (320) 656-5340  
E-mail: parkvilla@charter.net  
Website: essenceproperties.com

71 Market  
Rate Units -  
\$734 - \$1,006

Planned activities

Garage,  
Pets

Name: Sterling Park Commons &  
Park Gardens Apartments  
Address: 35 1st Avenue North  
Waite Park, MN 56387  
Contact Person: April Loso  
Phone #: (320) 257-4920  
Email: april.losos@accura.healthcare  
Website: sterlingparkseniorliving.com

110 Market  
Rate Units -  
\$2,510 - \$3,010

Controlled entry,  
Planned activities,  
Emergency call system,  
Daily safety check,  
Three meals daily,  
Housekeeping,  
Laundry service,  
Transportation to store,  
Handicapped accessible,  
Pets

Home health care,  
Beauty/barber

Name: Willow Park  
Address: 500 Heritage Court  
Waite Park, MN 56387  
Contact Person: Joann Webber  
Phone #: (320) 828-6125  
E-mail: willowparkapts55@gmail.com

63 Market  
Rate Units -  
\$955 - \$1,200

Controlled entry,  
Planned activities,  
Handicapped accessible

Garage,  
Pets

Name: Windsor Greene Apartments  
Address: 100 Wellington Circle  
Waite Park, MN 56387  
Contact Person: Joann Webber  
Phone #: (320) 828-6125  
E-mail: windsorgreeneapts@gmail.com

65 Market  
Rate Units -  
\$985 - \$1,575

Controlled entry,  
Planned activities,  
Handicapped accessible

Garage,  
Pets

**Looking for help with home chores? Call Senior LinkAge Line® at 1-800-333-2433 to discuss your options.**

## ARE YOU AT RISK OF LOSING YOUR HOME?

The HUD-certified Financial and Housing Counselors of Catholic Charities of St. Cloud are experts in foreclosure prevention. We will work with you and your mortgage lender to help you get back on track.

Contact us for more information.

**320.650.1664**  
financialcounseling@ccstcloud.org



## BENTON COUNTY

	Monthly Rental Fee	Services Included in Rent	On-site Services Available at an Extra Charge
Name: Dewey Place Address: 455 Dewey Street Foley, MN 56329 Contact Person: Courtney Porter Phone #: (320) 968-7791 E-mail: deweyplace@metesbounds.com	24 Subsidized Units - Rent Based on Income	Controlled entry, Handicapped accessible, Pets	
Name: Foley Square Apartments Address: 153 4th Avenue South Foley, MN 56329 Contact Person: Marj Kitterman Phone #: (320) 968-7789 E-mail: dhellerud@cepcomanagement.com Website: cepcomanagement.com	21 Market Rate Units - \$435 - \$480	Controlled entry, Handicapped accessible	
Name: The Gardens at Foley Assisted Living Address: 120 Norman Avenue South Foley, MN 56329 Contact Person: Rosa Cook Phone #: (320) 968-6425 E-mail: rcook@monarchmn.com Website: monarchmn.com	30 Market Rate Units - \$1,495 - \$2,015	Controlled entry, Planned activities, Emergency call system, Daily safety check, Light housekeeping, Laundry service, Three meals daily, Handicapped accessible	Home health care, Beauty/barber, Extended housekeeping
Name: Benton Place Address: 50 1st Avenue NE Rice, MN 56367 Contact Person: Pat Kepner Phone #: (320) 333-3390 E-mail: patkepner@gmail.com Website: inhproperties.com	8 Subsidized Units - Rent Based on Income  4 Market Rate Units - \$595 - \$640	Controlled entry, Handicapped accessible	Laundry service, Pets



1-800-333-2433

MINNESOTA'S LINK TO A  
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**THE GARDENS**  
AT FOLEY

We offer a continuum of health services to Central Minnesota including:

- Assisted Living
- Skilled Nursing/Long Term Care
- Transitional Care
- Rehab
- Memory Care Programs

The Gardens at Foley is a healthcare campus located 15 miles northeast of St. Cloud in Foley, MN.

**THE GARDENS**  
AT FOLEY  
120

253 Pine Street, Foley MN 56329
320-968-6201
www.monarchmn.com

**CASS COUNTY****Monthly  
Rental Fee****Services Included  
in Rent****On-site Services Available  
at an Extra Charge**

Name: Dignity and Grace  
Address: 823 State 371 NW  
Backus, MN 56435  
Contact Person: Lisa Quinn  
Phone #: (218) 947-4445  
E-mail: rpburns1@yahoo.com  
Website: dignityandgrace.com

10 Market  
Rate Units -  
\$922

Controlled entry,  
Three meals daily,  
Handicapped accessible

Home health care,  
Planned activities,  
Emergency call system,  
Daily safety check,  
Housekeeping,  
Laundry service

Name: Pine Mountain Apartments  
Address: 109 Hazel Street North  
Backus, MN 56435  
Contact Person: Scott Wilson  
Phone #: (218) 947-3993  
E-mail: casscountyhra@uslink.net

4 Subsidized  
Units -  
Rent Based  
on Income

Controlled entry,  
Emergency call system,  
Handicapped accessible

Pets

Name: Birchview Gardens Assisted Living  
Address: 108 3rd Street North  
Hackensack, MN 56452  
Contact Person: John  
Phone #: (320) 293-1472

37 Market  
Rate Units -  
\$922 +

Controlled entry,  
Planned activities,  
Emergency call system,  
Daily safety check,  
Two meals daily,  
Light housekeeping,  
Transportation to store,  
Handicapped accessible

Home health care,  
Beauty/barber,  
Third meal daily,  
Extended housekeeping,  
Laundry service,  
Garage

Name: Aspen Apartments  
Address: 167 Aspen Lane  
Longville, MN 56655  
Contact Person: Tahnee  
Phone #: (701) 293-7909  
E-mail: tahnee@netaprop.com  
Website: netaprop.com

8 Market  
Rate Units -  
\$410 - \$562

Name: Riverside Assisted Living  
Address: 885 Meadowview Circle  
Pillager, MN 56473  
Contact Person: Nicole Sorem  
Phone #: (218) 746-4400  
E-mail: nicole@riversidepillager.com  
Website: riversidepillager.com

20 Market  
Rate Units -  
\$1,375 - \$1,925

Emergency call system,  
Planned activities,  
Daily safety check,  
Three meals daily,  
Housekeeping,  
Laundry service,  
Handicapped accessible

Home health care,  
Beauty/barber

Name: Brookside  
Address: 2729 State Hwy. 371 SW  
Pine River, MN 56474  
Contact Person: Mia Thompson  
Phone #: (218) 587-3304  
E-mail: rpburns1@yahoo.com  
Website: brooksidepineriver.com

10 Market  
Rate Units -  
\$922

Emergency call system,  
Daily safety check,  
Controlled entry,  
Three meals daily,  
Housekeeping,  
Laundry service,  
Home health care,  
Planned activities,  
Handicapped accessible

## CASS COUNTY

### Monthly Rental Fee

### Services Included in Rent

### On-site Services Available at an Extra Charge

Name: Heartland Apartments  
Pine River HRA  
Address: 445 Snell Avenue  
Pine River, MN 56474  
Contact Person: Sarah Anderson  
Phone #: (218) 587-2840  
E-mail: prhsg@uslink.net  
Website: pineriverhra.com

30 Market  
Rate Units -  
\$628 - \$731

Controlled entry,  
Planned activities,  
Handicapped accessible

Congregate noon meal,  
Pets

Name: Norway Brook Apartments  
Pine River HRA  
Address: 312 1st Street S  
Pine River, MN 56474  
Contact Person: Sarah Anderson  
Phone #: (218) 587-4929  
E-mail: prhsg@uslink.net  
Website: pineriverhra.com

30 Market  
Rate Units -  
\$468 - \$616

Controlled entry,  
Handicapped accessible

Pets

Name: Riverside Assisted Living  
Address: 2175 White Pine Point Rd SW  
Pine River, MN 56474  
Contact Person: Kathy Noska  
Phone #: (218) 587-4333  
E-mail: knoska@good-sam.com  
Website: good-sam.com

16 Market  
Rate Units -  
\$3,689

Controlled entry,  
Daily safety check,  
Planned activities,  
Three meals daily,  
Emergency call system,  
Light housekeeping,  
Laundry service,  
Handicapped accessible

Home health care,  
Beauty/barber,  
Extended housekeeping,  
Additional laundry service

Name: Riverside Senior Living Apts  
Address: 2189 White Pine Point Rd SW  
Pine River, MN 56474  
Contact Person: Kathy Noska  
Phone #: (218) 587-4433  
E-mail: knoska@good-sam.com  
Website: good-sam.com

35 Market  
Rate Units -  
\$1,405 - \$1,775

Controlled entry,  
Daily safety check,  
Light housekeeping,  
Planned activities,  
Congregate noon meal,  
Emergency call system,  
Transportation to store,  
Handicapped accessible

Home health care,  
Extended housekeeping,  
Laundry service,  
Beauty/barber,  
Two additional meals,  
Garage,  
Pets

Name: Americare Lodges Assisted Living  
Address: 6870 Schultz Drive NE  
Remer, MN 56672  
Contact Person: Sheila Lego  
Phone #: (218) 566-4722  
E-mail: sheilalego@americarelodges.com  
Website: americarelodges.com

10 Market  
Rate Units -  
\$3,000 +

Planned activities,  
Three meals daily,  
Daily safety check,  
Emergency call system,  
Housekeeping,  
Laundry service,  
Home health care,  
Transportation to medical  
appts and store,  
Handicapped accessible

Beauty/barber

Name: Northland Apartments  
Address: 207 Cedar Street NE  
Remer, MN 56672  
Contact Person: Val Pound  
Phone #: (218) 566-2908

19 Subsidized  
Units -  
Rent Based  
on Income

Handicapped accessible

**CASS COUNTY****Monthly  
Rental Fee****Services Included  
in Rent****On-site Services Available  
at an Extra Charge**

Name: Serenity Living Solutions, Inc  
 Address: 105 Spruce Street NW  
 Remer, MN 56672  
 Contact Person: Elizabeth Brown  
 Phone #: (218) 566-7100  
 E-mail: remermanager@serenitylivingsolutions.com  
 Website: serenitylivingsolutions.com

16 Market  
 Rate Units -  
 \$2,450 - \$3,200

Controlled entry,  
 Emergency call system,  
 Home health care,  
 Three meals daily,  
 Daily safety check,  
 Planned activities,  
 Beauty/barber,  
 Housekeeping,  
 Handicapped accessible

Name: Edgewood May Creek Assisted Living  
 Address: 303 10th Street South  
 Walker, MN 56484  
 Contact Person: Zachary Downs  
 Phone #: (218) 547-4515  
 E-mail: zachary.downs@edgewoodvista.com  
 Website: edgewoodhealthcare.com

29 Market  
 Rate Units -  
 \$2,800 - \$4,100

Planned activities,  
 Emergency call system,  
 Three meals daily,  
 Light housekeeping,  
 Laundry service,  
 Controlled entry,  
 Transportation to store  
 and medical appts,  
 Handicapped accessible

Extended housekeeping,  
 Beauty/barber,  
 Garage

Name: Edgewood May Creek Memory Care  
 Address: 299 & 301 10th Street South  
 Walker, MN 56484  
 Contact Person: Zachary Downs  
 Phone #: (218) 547-4515  
 E-mail: zachary.downs@edgewoodvista.com  
 Website: edgewoodhealthcare.com

20 Market  
 Rate Units -  
 \$4,800 - \$5,200

Controlled entry,  
 Planned activities,  
 Daily safety check,  
 Three meals daily,  
 Light housekeeping,  
 Laundry service,  
 Emergency call system,  
 Transportation to store  
 and medical appts,  
 Handicapped accessible

Extended housekeeping,  
 Beauty/barber

Name: Highland Apartments  
 Address: 107 Highland Avenue  
 Walker, MN 56484  
 Contact Person: Bonnie Westberg  
 Phone #: (218) 368-2812  
 E-mail: westberg7713@hotmail.com

29 Subsidized  
 Units -  
 Rent Based  
 on Income

Controlled entry,  
 Beauty/barber,  
 Handicapped accessible

Name: Hillcrest  
 Address: 607 S 2nd Street  
 Walker, MN 56484  
 Contact Person: Kristen Long  
 Phone #: (218) 547-4445  
 E-mail: rpburns1@yahoo.com  
 Website: hillcrestwalker.com

10 Market  
 Rate Units -  
 \$922

Controlled entry  
 Three meals daily,  
 Handicapped accessible

Planned activities,  
 Emergency call system,  
 Daily safety check,  
 Home health care,  
 Housekeeping,  
 Laundry service

Name: Quam Courts  
 Address: 211 Michigan Avenue  
 Walker, MN 56484  
 Contact Person: Tanya Phillips  
 Phone #: (218) 547-1822  
 E-mail: walha@arvig.net

32 Subsidized  
 Units -  
 Rent Based  
 on Income

## CHISAGO COUNTY

### Monthly Rental Fee

### Services Included in Rent

### On-site Services Available at an Extra Charge

Name: Bayview Apartments  
Address: 320 Center Avenue  
Center City, MN 55012  
Contact Person: Brooke Hegge  
Phone #: (320) 280-0510  
E-mail: rushcityapts@yahoo.com  
Website: smrrental.com

24 Market  
Rate Units -  
\$770 - \$870

Controlled entry,  
Handicapped accessible,  
Garage

Name: Ecumen Point Pleasant Heights  
Address: 28600 Fairway Lane  
Chisago City, MN 55013  
Contact Person: Darlene Shafer  
Phone #: (651) 766-4465  
E-mail: darleneshafer@ecumen.org  
Website: ecumenchisagocity.org

109 Market  
Rate Units -  
\$1,360 - \$1,880

Controlled entry,  
Planned activities,  
One meal daily,  
Emergency call system,  
Transportation to store,  
Handicapped accessible

Beauty/barber,  
One additional meal,  
Garage

Name: Just Like Home Senior Care, Inc.  
Address: 29288 Old Towne Road  
Chisago City, MN 55013  
Contact Person: Debbie Mendoza  
Phone #: (651) 213-1234  
E-mail: jlh2015@midco.net  
Website: countrycomforteldercare.com

5 Subsidized  
& Market  
Rate Units -  
\$2,000 - \$5,000

Controlled entry,  
Planned activities,  
Three meals daily,  
Daily safety check,  
Emergency call system,  
Housekeeping,  
Laundry service,  
Handicapped accessible

Garage

Name: Parmly Lakeview Apts  
Address: 10600 282nd Street  
Chisago City, MN 55013  
Contact Person: Christine Zoya  
Phone #: (651) 257-0581  
E-mail: christinezoya@ecumen.org  
Website: ecumen.org

60 Subsidized  
Units -  
Rent Based  
on Income

Controlled entry,  
Handicapped accessible

Pets

Name: Parmly on The Lake  
Isabelle's House Memory Care  
Address: 10720 282nd Street  
Chisago City, MN 55013  
Contact Person: Brooke Anderson  
Phone #: (651) 257-7334  
E-mail: banderson@monarchmn.com  
Website: monarchmn.com/parmly-on-the-lake

16 Market  
Rate Units -  
\$2,755

Controlled entry,  
Planned activities,  
Three meals daily,  
Daily safety check,  
Emergency call system,  
Housekeeping,  
Handicapped accessible

Beauty/barber,  
Laundry service,  
Transportation to store and  
medical appts,  
Pets

Name: Parmly on The Lake  
Margaret's House Memory Care  
Address: 28210 Old Towne Road  
Chisago City, MN 55013  
Contact Person: Brooke Anderson  
Phone #: (651) 257-7334  
E-mail: banderson@monarchmn.com  
Website: monarchmn.com/parmly-on-the-lake

9 Market  
Rate Units -  
\$2,675

Controlled entry,  
Planned activities,  
Three meals daily,  
Daily safety check,  
Emergency call system,  
Housekeeping,  
Handicapped accessible

Beauty/barber,  
Laundry service,  
Transportation to store and  
medical appts,  
Pets

**CHISAGO COUNTY****Monthly  
Rental Fee****Services Included  
in Rent****On-site Services Available  
at an Extra Charge**

Name: Parmly on The Lake  
Vindauga View Assisted Living  
Address: 10910 282nd Street  
Chisago City, MN 55013  
Contact Person: Brooke Anderson  
Phone #: (651) 257-7334  
E-mail: banderson@monarchmn.com  
Website: monarchmn.com/parmly-on-the-lake/

25 Market  
Rate Units -  
\$3,075 - \$3,550

Controlled entry,  
Planned activities,  
Three meals daily,  
Daily safety check,  
Emergency call system,  
Housekeeping,  
Transportation to store,  
Handicapped accessible

Home health care,  
Beauty/barber,  
Laundry service,  
Transportation to medical  
appts,  
Pets

Name: Country Comfort Elder Care  
Address: 28131 Newberry Trail  
Lindstrom, MN 55045  
Contact Person: Debbie Mendoza  
Phone #: (651) 257-3684  
E-mail: jlh2015@midco.net  
Website: countrycomforteldercaremn.com

5 Subsidized  
& Market Rate  
Units -  
\$2,000 - \$5,000

Controlled entry,  
Planned activities,  
Three meals daily,  
Daily safety check,  
Emergency call system,  
Housekeeping,  
Laundry service,  
Handicapped accessible

Garage

Name: Shogren Apartments  
Address: 12625 Bronson Avenue  
Lindstrom, MN 55045  
Contact Person: Steve Dahlberg  
Phone #: (763) 780-6242  
E-mail: shogrenapt@usfamily.net  
Website: shogrenapartments.com

14 Market  
Rate Units -  
\$589 - \$759

Controlled entry

Name: Valkommen Apartments  
Lindstrom HRA  
Address: 12940 1st Avenue N  
Lindstrom, MN 55045  
Contact Person: Paula Hanson  
Phone #: (651) 257-5372

30 Subsidized  
Units -  
Rent Based  
on Income

Controlled entry,  
Planned activities,  
Handicapped accessible

Pets

Name: Brask Haven  
Address: 31274 Julliard Street NE  
North Branch, MN 55056  
Contact Person: Jodi Brask  
Phone #: (651) 674-7433  
E-mail: jodibrask@gmail.com

9 Market  
Rate Units -  
\$3,385 - \$5,500

Planned activities,  
Emergency call system,  
Three meals daily,  
Light housekeeping,  
Laundry service,  
Transportation to local  
medical appts,  
Handicapped accessible

Beauty/barber,  
Additional transportation  
to medical appts

Name: Ecumen North Branch  
Address: 5379 383rd Street  
North Branch, MN 55056  
Contact Person: Stacie Sisterman  
Phone #: (651) 237-3000  
E-mail: staciesisterman@ecumen.org  
Website: ecumennorthbranch.org

71 Market  
Rate Units -  
\$3,445 - \$5,300

Planned activities,  
Emergency call system,  
Daily safety check,  
Three meals daily,  
Light housekeeping,  
Laundry service,  
Handicapped accessible

Beauty/barber,  
Home health care,  
Extended housekeeping,  
Garage,  
Pets

## CHISAGO COUNTY

### Monthly Rental Fee

### Services Included in Rent

### On-site Services Available at an Extra Charge

Name: Encore at North Branch  
Address: 38610 14th Avenue  
North Branch, MN 55056  
Contact Person: Jodi Oberg  
Phone #: (651) 243-5299  
Email: joberg@matthewseniorliving.com  
Website: encore-assistedliving.com

30 Market  
Rate Units -  
\$3,410 - \$3,720

Controlled entry,  
Daily safety check,  
Emergency call system,  
Three meals daily,  
Housekeeping,  
Laundry service,  
Handicapped accessible

Beauty/barber,  
Home health care,  
Pets

Name: Shields Plaza  
Address: 6100 Cedar Street  
North Branch, MN 55056  
Contact Person: Theresa Paul  
Phone #: (651) 674-7497  
E-mail: shieldsplaza@mbgprop.com  
Website: mbgprop.com

49 Subsidized  
Units -  
Rent Based  
on Income

Controlled entry,  
Handicapped accessible

Pets

Name: Uptown Maple Commons  
Address: 38799 7th Avenue  
North Branch, MN 55056  
Contact Person: Deanna Schmidt  
Phone #: (651) 277-7700  
E-mail: deannaschmidt@ecumen.org

32 Units -  
Rent Based  
on Income  
\$515 - \$999

Controlled entry,  
Planned activities,  
Handicapped accessible

Beauty/barber,  
Congregate noon meal,  
Pets

Name: Bridgeford Apartments  
Address: 735 W 10th Street  
Rush City, MN 55069  
Contact Person: Reed Sabbe  
Phone #: (701) 293-7909  
E-mail: reeds@netaprop.com  
Website: netaprop.com

3 Market  
Rate Units -  
\$670 - \$710

Controlled entry

15 Subsidized  
Units - Rent  
Based on Income

Name: Rush Estates I  
Address: 220-270 W Division Street  
Rush City, MN 55069  
Contact Person: Brooke Hegge  
Phone #: (320) 280-0510  
E-mail: stephanie@smrrental.com  
Website: smrrental.com

10 Subsidized  
Units -  
Rent Based  
on Income  
\$615 - \$685

Handicapped accessible

Name: Rush Estates 2  
Address: 100 N Elliot Avenue  
Rush City, MN 55069  
Contact Person: Brooke Hegge  
Phone #: (320) 280-0510  
E-mail: stephanie@smrrental.com  
Website: smrrental.com

10 Subsidized  
Units -  
Rent Based  
on Income  
\$680 - \$865

Controlled entry

**CHISAGO COUNTY****Monthly  
Rental Fee****Services Included  
in Rent****On-site Services Available  
at an Extra Charge**

Name: Rushseba Landing  
Address: 740 W 14th Street  
Rush City, MN 55069  
Contact Person: Marlene Yochim  
Phone #: (320) 358-3976  
Website: silvercreekseior.com

20 Market  
Rate Units -  
\$950 - \$1,050

Controlled entry,  
Planned activities,  
Emergency call system,  
Laundry service,  
Transportation to store,  
Handicapped accessible

Beauty/barber,  
Three meals daily,  
Housekeeping,  
Transportation to medical  
appts,  
Garage,  
Pets

Name: Rushseba Station  
Address: 700 W 14th Street  
Rush City, MN 55069  
Contact Person: Marlene Yochim  
Phone #: (320) 318-2720  
Website: silvercreekseior.com

52 Market  
Rate Units -  
\$1,730 - \$2,900

Controlled entry,  
Planned activities,  
Emergency call system,  
Daily safety check,  
Three meals daily,  
Light housekeeping,  
Laundry service,  
Transportation to store,  
Handicapped accessible

Home health care,  
Beauty/barber,  
Three meals daily,  
Extended housekeeping,  
Transportation to medical  
appts,  
Garage,  
Pets

Name: Haven Estates  
Address: 30930 Finch Avenue  
Stacy, MN 55079  
Contact Person: Rodney Hestekin  
Phone #: (651) 462-4985

20 Subsidized  
Units -  
Rent Based  
on Income

Controlled entry,  
Handicapped accessible

Garage,  
Pets

Name: Haven Estates  
Address: 5613 E Viking Blvd  
Wyoming, MN 55092  
Contact Person: Rodney Hestekin  
Phone #: (651) 462-4985

40 Subsidized  
Units -  
Rent Based  
on Income

Controlled entry,  
Handicapped accessible

Garage,  
Pets

Name: Heights Court  
Address: 26897 Fenwick Avenue  
Wyoming, MN 55092  
Contact Person: Brooke Hegge  
Phone #: (320) 280-0510  
E-mail: rushcityapts@yahoo.com  
Website: smrrental.com

19 Market  
Rate Units -  
\$600 - \$700

Controlled entry,  
Emergency call system,  
Transportation to store

Noon meal,  
Beauty/barber,  
Home health care,  
Daily safety check,  
Housekeeping,  
Laundry service,  
Pets

Name: Meadow View Apartments  
Address: 5430 Meadow Lane  
Wyoming, MN 55092  
Contact Person: Jodi Pearl  
Phone #: (651) 464-6171  
E-mail: jpearl1@fairview.org  
Website: meadowsonfairview.org

32 Subsidized  
Units -  
Rent Based  
on Income

Controlled Entry,  
Emergency call system,  
Transportation to store

## CHISAGO COUNTY

### Monthly Rental Fee

### Services Included in Rent

### On-site Services Available at an Extra Charge

Name: Meadows on Fairview  
Assisted Living & Memory Care  
Address: 25565 Fairview Avenue  
Wyoming, MN 55092  
Contact Person: Ann Grode  
Phone #: (651) 982-6228  
E-mail: [agrode1@fairview.org](mailto:agrode1@fairview.org)  
Website: [meadowsonfairview.org](http://meadowsonfairview.org)

33 Assisted  
Living Units -  
\$3,205 - \$4,555  
  
18 Memory  
Care Units -  
\$1,960 - \$3,750

Controlled entry,  
Planned activities,  
Daily safety check,  
Three meals daily,  
Emergency call system,  
Light housekeeping,  
Laundry service,  
Transportation to store,  
Handicapped accessible

Home health care,  
Beauty/barber,  
Extended housekeeping,  
Pets

Name: Sunrise River Apartments  
Address: 5350 270th Street  
Wyoming, MN 55092  
Contact Person: Sunshine  
Phone #: (651) 465-6841

16 Market  
Rate Units -  
\$495 - \$555

Handicapped accessible

Pets

*Thinking about moving? Call Senior LinkAge Line® at 1-800-333-2433 to discuss your options.*

*The older you get, the smarter we look.*

## Seven County Senior Federation

Advocacy · Echoes Newspaper  
Community · Discounts · Resources  
across East Central Minnesota

**320-679-4700**



**1-800-333-2433**

**MINNESOTA'S LINK TO A  
LOCAL AGING EXPERT**



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The best in senior living, now in Rush City! Now accepting reservations. Our Rushseba Senior Living campus offers:

- Healthcare excellence
- Pet-friendly buildings
- Engaging life enrichment
- And so much more!

**Living Options:** independent living · assisted living · memory care



700 W. 14th St. | Rush City, MN 55069  
[www.silvercreekseior.com](http://www.silvercreekseior.com) | 320.358.3976

**CROW WING COUNTY****Monthly  
Rental Fee****Services Included  
in Rent****On-site Services Available  
at an Extra Charge**

Name: Arbor Glen  
Address: 14177 Broadmoor Drive  
Baxter, MN 56425  
Contact Person: Karen Struthers  
Phone #: (218) 829-8751  
E-mail: karenstruthers5@gmail.com

13 Subsidized  
Units - Rent  
Based on Income  
  
37 Market  
Rate Units -  
\$1,050 - \$1,245

Controlled entry

Garage

Name: Diamond Willow Assisted Living  
Address: 14396 Grand Oaks Drive  
Baxter, MN 56425  
Contact Person: Karole Wagner  
Phone #: (218) 825-7034  
E-mail: kwagner@diamondwillow.com  
Website: diamondwillow.com

20 Market  
Rate Units -  
\$5,600 - \$7,600

Controlled entry,  
Planned activities,  
Home health care,  
Three meals daily,  
Daily safety check,  
Beauty/barber,  
Housekeeping,  
Laundry service,  
Handicapped accessible

Pets

Name: Edgewood Baxter/Memory Care  
Address: 14211 Firewood Drive  
Baxter, MN 56425  
Contact Person: Michelle Bode  
Phone #: (218) 828-4770  
E-mail: michelle.bode@edgewoodvista.com  
Website: edgewoodseniorliving.com

50 Market  
Rate Units -  
\$2,775 +

Controlled entry,  
Planned activities,  
Daily safety check,  
Three meals daily,  
Emergency call system,  
Housekeeping,  
Laundry service,  
Transportation to store  
and medical appts,  
Handicapped accessible

Home health care,  
Beauty/barber,  
Garage,  
Pets

Name: Excelsior Court Apartments  
Address: 7276 Excelsior Road N  
Baxter, MN 56425  
Contact Person: Beth Pertula  
Phone #: (218) 366-6731  
E-mail: info@dwjonesmanagement.com  
Website: dwjonesmanagement.com

16 Subsidized  
Units - Rent  
Based on Income  
  
8 Market  
Rate Units -  
\$530 - \$716

Controlled entry,  
Handicapped accessible

Pets

Name: Northern Lakes Asst Lvg & Memory Care  
Address: 8186 Excelsior Road  
Baxter, MN 56425  
Contact Person: Angelique Hayes  
Phone #: (218) 454-2121  
E-mail: ahayes4@fairview.org  
Website: northernlakesseniorliving.com

68 Market  
Rate Units -  
\$2,675 - \$3,700

Controlled entry  
Planned activities,  
Daily safety check,  
Emergency call system,  
Three meals daily,  
Home health care,  
Light housekeeping,  
Laundry service,  
Transportation to store,  
Handicapped accessible

Additional home health care,  
Beauty/barber,  
Extended housekeeping,  
Garage,  
Pets

## CROW WING COUNTY

### Monthly Rental Fee

### Services Included in Rent

### On-site Services Available at an Extra Charge

Name: Northern Lakes Independent Living  
Address: 8182 Excelsior Road  
Baxter, MN 56425  
Contact Person: Karen Struthers  
Phone #: (218) 829-3337  
E-mail: karenstruthers5@gmail.com

60 Market  
Rate Units -  
\$1,080 - \$1,430

Controlled entry

Garage,  
Pets

Name: Almond House  
Address: 802 SE 28th Street  
Brainerd, MN 56401  
Contact Person: Charity / Darlene  
Phone #: (218) 822-3067  
E-mail: charity.lkp@hotmail.com

20 Units -  
\$922

Controlled entry,  
Daily safety check,  
Three meals daily

Beauty/barber  
Planned activities,  
Emergency call system,  
Housekeeping,  
Laundry service,  
Home health care,  
Transportation to store  
and medical appts

Name: Carefree Living  
Address: 2723 Oak Street  
Brainerd, MN 56401  
Contact Person: Harry Maron  
Phone #: (218) 829-8622  
E-mail: harrym@spectrumchealth.com  
Website: spectrumhealthcos.com

65 Market  
Rate Units -  
\$1,918 - \$2,224

Controlled entry,  
Daily safety check,  
Emergency call system,  
Three meals daily,  
Planned activities,  
Light housekeeping,  
Laundry service,  
Handicapped accessible

Home health care,  
Extended housekeeping,  
Pets

Name: Central MN Senior Care, Inc.  
Address: 1008 10th Street South  
Brainerd, MN 56401  
Contact Person: Erinne Johnson  
Phone #: (320) 441-7001  
E-mail: erinne.johnson@divinehouse.org  
Website: centralmnseniorcare.com

12 Market Rate  
& Subsidized  
Units -  
\$904

Pets,  
Handicapped accessible

Emergency call system,  
Planned activities,  
Housekeeping,  
Home health care,  
Daily safety check,  
Three meals daily,  
Laundry service,  
Transportation to store  
and medical appts

Name: Edgewood Asst Lvg & Memory Care  
Address: 14890 Beaver Dam Road  
Brainerd, MN 56401  
Contact Person: Michelle Bode  
Phone #: (218) 828-3691  
E-mail: michelle.bode@edgewoodvista.com  
Website: edgewoodseniorliving.com

98 Market  
Rate Units -  
\$2,175 - \$5,075

Controlled entry,  
Emergency call system,  
Planned activities,  
Three meals daily,  
Daily safety check,  
Housekeeping,  
Laundry service,  
Transportation to store  
and medical appts

Home health care,  
Beauty/barber,  
Garage,  
Pets

**CROW WING COUNTY****Monthly  
Rental Fee****Services Included  
in Rent****On-site Services Available  
at an Extra Charge**

Name: Good Samaritan Society -  
Bethany Senior Living Apts  
Address: 1953 7th Street South  
Brainerd, MN 56401  
Contact Person: Kelli Parker  
Phone #: (218) 829-4366  
E-mail: kparker6@good-sam.com  
Website: good-sam.com

37 Market  
Rate Units -  
\$1,385 - \$1,445

Controlled entry,  
Planned activities,  
Handicapped accessible

Home health care,  
Beauty/barber,  
Three meals daily,  
Daily safety check,  
Emergency call system,  
Housekeeping,  
Laundry service,  
Transportation to store,  
Garage,  
Pets

Name: Good Samaritan Society -  
Birchwood Samaritan House  
Address: 2509 Greenwood Street  
Brainerd, MN 56401  
Contact Person: Laura  
Phone #: (218) 829-1429  
E-mail: ldilley4@good-sam.com  
Website: good-sam.com

16 Market  
Rate Units -  
\$4,005 +

Controlled entry,  
Planned activities,  
Emergency call system,  
Three meals daily,  
Daily safety check,  
Housekeeping,  
Laundry service,  
Handicapped accessible

Home health care,  
Beauty/barber

Name: Good Samaritan Society -  
Elmwood Samaritan House  
Address: 2517 Greenwood Street  
Brainerd, MN 56401  
Contact Person: Laura  
Phone #: (218) 829-1429  
E-mail: ldilley4@good-sam.com  
Website: good-sam.com

16 Market  
Rate Units -  
\$4,105 +

Controlled entry,  
Planned activities,  
Emergency call system,  
Three meals daily,  
Daily safety check,  
Laundry service,  
Housekeeping,  
Handicapped accessible

Home health care,  
Beauty/barber

Name: Good Samaritan Society -  
Oakwood Samaritan House  
Address: 2501 Greenwood Street  
Brainerd, MN 56401  
Contact Person: Laura  
Phone #: (218) 829-1429  
E-mail: ldilley4@good-sam.com  
Website: good-sam.com

16 Market  
Rate Units -  
\$4,030 +

Controlled entry,  
Planned activities,  
Emergency call system,  
Daily safety check,  
Three meals daily,  
Laundry service,  
Housekeeping,  
Handicapped accessible

Home health care,  
Beauty/barber

Name: Good Samaritan Society -  
Woodland Senior Living Apts.  
Address: 200 Buffalo Hills Lane E  
Brainerd, MN 56401  
Contact Person: Laura  
Phone #: (218) 829-1429  
E-mail: ldilley4@good-sam.com  
Website: good-sam.com

135 Subsidized  
& Market  
Rate Units -  
\$904 - \$1,905

Controlled entry,  
Planned activities,  
Emergency call system,  
Daily safety check,  
Light housekeeping,  
Handicapped accessible

Home health care,  
Beauty/barber,  
Three meals daily,  
Extended housekeeping,  
Laundry service,  
Transportation to store,  
Garage,  
Pets

## CROW WING COUNTY

### Monthly Rental Fee

### Services Included in Rent

### On-site Services Available at an Extra Charge

Name: Harmony House of Brainerd  
Address: 218 9th Street SW  
Brainerd, MN 56401  
Contact Person: Lanisha Pojanowski  
Phone #: (218) 828-4142  
E-mail: lpojanowski@horizonhealthservices.com  
Website: horizonhealthservices.org

20 Market  
Rate Units -  
\$4,170 - \$7,440

Controlled entry,  
Planned activities,  
Home health care,  
Three meals daily,  
Emergency call system,  
Daily safety check,  
Laundry service,  
Housekeeping,  
Handicapped accessible

Beauty/barber

Name: Mississippi Terrace  
Address: 215 4th Street SW  
Brainerd, MN 56401  
Contact Person: Deb Lamecker  
Phone #: (218) 829-0274  
E-mail: missterr@brainerd.net  
Website: inhproperties.com

113 Subsidized  
Units -  
Rent Based  
on Income

Handicapped accessible

Laundry service

## For a Lifetime of Quality Eye Care

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Cassie Mairs, OD • Michelle Malchow, OD  
Nerissa Klingelhofer, OD



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Baxter 218-825-1976

1-800-952-3766

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## Caring for the whole person.

To learn more, call  
Good Samaritan  
Society – Woodland  
at (218) 829-1429 or  
Good Samaritan  
Society – Bethany at  
(218) 829-1407.



All faiths or beliefs are welcome.

## CROW WING COUNTY

Monthly  
Rental FeeServices Included  
in RentOn-site Services Available  
at an Extra Charge

Name: Oak Crest Manor I  
Address: 2106 Spruce Drive  
Brainerd, MN 56401  
Contact Person: Beth Pertula  
Phone #: (218) 366-6731  
Email: info@dwjonesmanagement.com  
Website: dwjonesmanagement.com

16 Subsidized  
Units - Rent  
Based on Income

Controlled entry,  
Handicapped accessible

Pets

Name: Oak Crest Manor II  
Address: 2014 Spruce Drive  
Brainerd, MN 56401  
Contact Person: Beth Pertula  
Phone #: (218) 366-6731  
Email: info@dwjonesmanagement.com  
Website: dwjonesmanagement.com

25 Subsidized  
Units - Rent  
Based on Income

Controlled entry,  
Handicapped accessible

Pets

Name: Dellwood & Edgewood Apartments  
Address: 300 3rd Avenue NE  
Crosby, MN 56441  
Contact Person: Deanna Heglund  
Phone #: (218) 546-5088  
E-mail: dee@crosbyhra.org  
Website: crosbyhra.org

100 Subsidized  
Units -  
Rent Based  
on Income

Controlled entry,  
Planned activities,  
Handicapped accessible

Congregate noon meal,  
Pets

Name: Hallett Cottages Memory Care  
Address: 350 4th Street NE  
Crosby, MN 56441  
Contact Person: Shane Holmin  
Phone #: (218) 545-8522  
E-mail: mholmin@cuyunamed.org  
Website: heartwoodliving.org

16 Market  
Rate Units -  
\$1,865

Controlled entry,  
Planned activities,  
Three meals daily,  
Daily safety check,  
Light housekeeping,  
Laundry service,  
Handicapped accessible

Beauty/barber,  
Home health care,  
Extended housekeeping

## Get Ahead of Your Estate Planning

Believe it or not, you have an estate. In fact, nearly everyone does. Your estate is comprised of everything you own - your car, home, other real estate, checking and savings accounts, investments, life insurance, furniture, and personal possessions. We all have something else in common - you can't take it with you when you die.

To ensure your wishes are carried out, you need to provide instructions stating whom you want to receive something of yours, what you want them to receive, and when they are to receive it. You will, of course, want this to happen with the least amount

paid in taxes, legal fees, and court costs.

Many Americans are not aware that the lack of proper planning often results in chaos for those left behind - especially if a family business is involved. Discussing your estate plans with your heirs may hopefully prevent disputes or confusion. Inheritance can be a loaded issue. By being clear about your intentions, you help dispel potential conflicts after you're gone.

The best time to plan your estate is now. None of us really likes to think about our own mortality or the possibility of being

unable to make decisions for ourselves. This is exactly why so many families are caught off-guard and unprepared when incapacity or death does strike. Don't wait. You can put something in place now and change it later...which is exactly the way estate planning should be done.

Call the Senior LinkAge Line® at 1-800-333-2433 to speak with a specialist, or check out our website at MinnesotaHelp.info®, an online directory of services designed to help people in Minnesota find services close to them that meet their needs.

## CROW WING COUNTY

### Monthly Rental Fee

### Services Included in Rent

### On-site Services Available at an Extra Charge

Name: Heartwood Terrace  
Independent Living  
Address: 500 Heartwood Drive  
Crosby, MN 56441  
Contact Person: Shane Holmin  
Phone #: (218) 545-8522  
E-mail: mholmin@cuyunamed.org  
Website: heartwoodliving.org

50 Market  
Rate Units -  
\$1,355 - \$3,003

Controlled entry,  
Planned activities,  
Emergency call system,  
Handicapped accessible

Beauty/barber,  
Three meals daily,  
Housekeeping,  
Laundry service,  
Home health care,  
Daily safety check,  
Garage,  
Pets

Name: Heartwood Commons  
Assisted Living  
Address: 500 Heartwood Drive  
Crosby, MN 56441  
Contact Person: Shane Holmin  
Phone #: (218) 545-8522  
E-mail: mholmin@cuyunamed.org  
Website: heartwoodliving.org

36 Market  
Rate Units -  
\$3,015 - \$3,540

Controlled entry,  
Planned activities,  
Emergency call system,  
Two meals daily,  
Light housekeeping,  
Daily safety check,  
Handicapped accessible

Beauty/barber,  
Extended housekeeping,  
Laundry service,  
One additional meal,  
Home health care,  
Garage,  
Pets

Name: Heartwood Arbor Memory Care  
Address: 500 Heartwood Drive  
Crosby, MN 56441  
Contact Person: Shane Holmin  
Phone #: (218) 545-8522  
E-mail: mholmin@cuyunamed.org  
Website: heartwoodliving.org

12 Market  
Rate Units -  
\$3,525 - \$4,070

Controlled entry,  
Planned activities,  
Emergency call system,  
Daily safety check,  
Three meals daily,  
Light housekeeping,  
Laundry service,  
Handicapped accessible

Beauty/barber,  
Home health care,  
Extended housekeeping

Name: Golden Horizons Assisted Living  
Address: 13631 East Shore Road  
Crosslake, MN 56442  
Contact Person: Vanessa Lane  
Phone #: (218) 692-6650  
E-mail: admincrosslake@goldenhorizons.org  
Website: goldenhorizons.org

13 Memory  
Care Units &  
23 Assisted  
Living Units -  
\$2,355 - \$4,890

Home health care,  
Planned activities,  
Emergency call system,  
Daily safety check,  
Three meals daily,  
Light housekeeping,  
Laundry service,  
Transportation to local  
medical appts,  
Handicapped accessible

Beauty/barber,  
Extended housekeeping,  
Pets

Name: Whitefish at the Lakes  
Assisted Living Apartments  
Address: 35625 Ostlund Avenue  
Crosslake, MN 56442  
Contact Person: Jeff Udy  
Phone: (218) 210-0770  
E-mail: jeff.udy@twsl.com  
Website: whitefishatthelakes.com

33 Market  
Rate Units -  
\$3,300 - \$4,200

Controlled entry,  
Planned activities,  
Emergency call system,  
Three meals daily,  
Daily safety check,  
Light housekeeping,  
Laundry service,  
Transportation to store  
and medical appts,  
Handicapped accessible

Home health care,  
Beauty/barber,  
Extended housekeeping,  
Additional laundry service,  
Garage,  
Pets

**CROW WING COUNTY****Monthly  
Rental Fee****Services Included  
in Rent****On-site Services Available  
at an Extra Charge**

Name: Whitefish at the Lakes  
Independent Plus Apartments  
Address: 35625 Ostlund Avenue  
Crosslake, MN 56442  
Contact Person: Jeff Udy  
Phone: (218) 210-0770  
E-mail: jeff.udy@twsl.com  
Website: whitefishatthelakes.com

32 Market  
Rate Units -  
\$2,500 - \$3,400

Controlled entry,  
Planned activities,  
Emergency call system,  
One meal daily,  
Daily safety check,  
Transportation to store  
and medical appts,  
Handicapped accessible

Home health care,  
Beauty/barber,  
Housekeeping,  
Laundry service,  
Garage,  
Pets

Name: Whitefish at the Lakes  
Legacy Court Memory Care Apts  
Address: 35625 Ostlund Avenue  
Crosslake, MN 56442  
Contact Person: Jeff Udy  
Phone: (218) 210-0770  
E-mail: jeff.udy@twsl.com  
Website: whitefishatthelakes.com

21 Market  
Rate Units -  
\$4,300 - \$4,600

Controlled entry,  
Planned activities,  
Three meals daily,  
Housekeeping,  
Laundry service,  
Handicapped accessible

Home health care,  
Beauty/barber

Name: Indian Carry Apartments  
Address: 21745 Indian Carry  
Deerwood, MN 56444  
Contact Person: Judy Steinke  
Phone #: (218) 534-2912  
E-mail: dwdhousing@centurylink.net  
Website: deerwoodhousing.com

11 Subsidized  
Units - Rent  
Based on Income

Handicapped accessible

Pets

Name: Woodland Apartments  
Address: 23771 Broadway  
Deerwood, MN 56444  
Contact Person: Judy Steinke  
Phone #: (218) 534-2912  
E-mail: dwdhousing@centurylink.net  
Website: deerwoodhousing.com

12 Subsidized  
Units - Rent  
Based on Income

Handicapped accessible

Pets

Name: Ironton Terrace Apartments  
Address: 500 8th Avenue  
Ironton, MN 56455  
Contact Person: Carla Gutzman  
Phone #: (218) 546-6886  
E-mail: cuyunarangehousing@gmail.com

24 Subsidized  
Units -  
Rent Based  
on Income

Handicapped accessible

Pets

Name: Ironton Villa Apartments  
Address: 413 Viola Avenue  
Ironton, MN 56455  
Contact Person: Carla Gutzman  
Phone #: (218) 546-6886  
E-mail: cuyunarangehousing@gmail.com

11 Subsidized  
Units - Rent  
Based on Income  
  
5 Market  
Rate Units -  
\$399 - \$548

Controlled entry,  
Handicapped accessible,  
Pets

## CROW WING COUNTY

### Monthly Rental Fee

### Services Included in Rent

### On-site Services Available at an Extra Charge

Name: Hills Crossing Senior Living  
Address: 5307 Hills Crossing Road  
Nisswa, MN 56468  
Contact Person: Sarah Peters  
Phone #: (218) 203-9820  
E-mail: [director@hcseniorliving.com](mailto:director@hcseniorliving.com)  
Website: [hcseniorliving.com](http://hcseniorliving.com)

30 Market  
Rate Units -  
\$5,677

Controlled entry,  
Emergency call system,  
Three meals daily,  
Planned activities,  
Daily safety check,  
Light housekeeping,  
Laundry service,  
Handicapped accessible

Home health care,  
Beauty/barber,  
Extended housekeeping,  
Pets

Name: Pine Shadows Apartments  
Address: 25953 Church Street  
Nisswa, MN 56468  
Contact Person: Beth Pertula  
Phone #: (218) 366-6731  
E-mail: [info@dwjonesmanagement.com](mailto:info@dwjonesmanagement.com)  
Website: [dwjonesmanagement.com](http://dwjonesmanagement.com)

8 Subsidized  
Units -  
Rent Based  
on Income

Controlled entry  
Handicapped accessible

Pets

Name: Alpine Apartments  
Address: 31176 Pequot Blvd.  
Pequot Lakes, MN 56472  
Contact Person: Lynn Katzenberger  
Phone #: (218) 568-4555  
E-mail: [hrapl@tds.net](mailto:hrapl@tds.net)

7 Subsidized  
Units - Rent  
Based on Income

1 Market Rate  
Unit - \$450 - \$550

Pets

## Are You 65 or Over?

If you've ever worried about paying for your prescription medication or your Medicare premiums, there's good news. You may qualify for special programs funded by the Federal government and the State of Minnesota.

The cost of health care premiums or medication shouldn't keep you awake at night, not when there are programs designed to help.

If you need help understanding your benefits, you can contact the Senior LinkAge Line® at 1-800-333-2433 for trustworthy and unbiased counseling.

## Whitefish at the Lakes

*A Distinctive Senior Community*

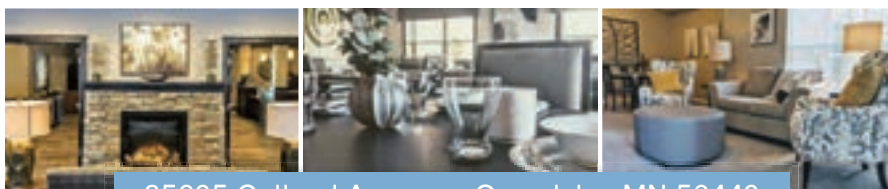


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at the Lakes**  
*A Distinctive Senior Community*

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[whitefishatthelakes.com](http://whitefishatthelakes.com)

**CROW WING COUNTY****Monthly  
Rental Fee****Services Included  
in Rent****On-site Services Available  
at an Extra Charge**

Name: Parkview I  
Address: 31215 North Heath Street  
Pequot Lakes, MN 56472  
Contact Person: Lynn Katzenberger  
Phone #: (218) 568-4555  
E-mail: hrapl@tds.net

24 Subsidized  
Units - Rent  
Based on Income

Pets

Name: Senior Class Care  
Address: 30849 1st Street  
Pequot Lakes MN 56472  
Contact Person: Angela Sandelin  
Phone #: (218) 568-1098  
E-mail: angela@seniorclasscare.com  
Website: seniorclasscare.com

10 Market  
Rate Units -  
\$2,995 - \$3,995

Controlled entry,  
Planned activities,  
Three meals daily,  
Daily safety check,  
Emergency call system,  
Housekeeping,  
Laundry service,  
Handicapped accessible

Home health care,  
Transportation to store  
and medical appts,  
Pets

Name: Senior Class Care  
Address: 4451 E Woodman Street  
Pequot Lakes MN 56472  
Contact Person: Mindy / Tyler  
Phone #: (218) 568-5605  
E-mail: mindy.howard@sc-community.com  
Website: seniorclasscommunity.com

15 Market  
Rate Units -  
\$922 - \$3,390

15 Subsidized  
Units - Rent  
Based on Income

Controlled entry,  
Planned activities,  
Three meals daily,  
Daily safety check,  
Emergency call system,  
Housekeeping,  
Laundry service,  
Handicapped accessible

Home health care,  
Beauty/barber,  
Transportation to store  
and medical appts,  
Pets

Name: Shiloh Assisted Living  
Address: 5384 Country Care Lane  
Pequot Lakes, MN 56472  
Contact Person: Michael Nelson  
Phone #: (218) 568-4673  
E-mail: michaelen@shilohassistedliving.com  
Website: shilohassistedliving.com

50 Units -  
Rent Based  
on Level  
of Care

Beauty/barber  
Planned activities,  
Home health care,  
Three meals daily,  
Daily safety check,  
Emergency call system,  
Housekeeping,  
Laundry service,  
Transportation to store,  
Handicapped accessible

Name: Sibley Terrace  
Address: 31203 North Oak Street  
Pequot Lakes, MN 56472  
Contact Person: Lynn Katzenberger  
Phone #: (218) 568-4555  
E-mail: hrapl@tds.net

24 Subsidized  
& Market Rate  
Units -  
\$525 - \$638

Pets

Name: West Grove Townhomes  
Address: West Grove Street  
Pequot Lakes, MN 56472  
Contact Person: Barb Carlsons  
Phone #: (218) 568-4555  
Website: pequotlakes-mn.gov

8 Market  
Rate Units -  
\$690 - \$790

Garage

Pets

## ISANTI COUNTY

### Monthly Rental Fee

### Services Included in Rent

### On-site Services Available at an Extra Charge

Name: Braham Heights  
Address: 204-216 5th Street SW  
Braham, MN 55006  
Contact Person: CM Housing Partnership  
Phone #: (320) 259-0393  
Website: cmhnp.net

7 Subsidized  
Units - Rent  
Based on Income  
  
5 Market Rate  
Units - \$505 - \$520

Pets

Name: Elmhurst Commons  
Address: 400 SW 3rd Street  
Braham, MN 55006  
Contact Person: Sharon Murray  
Phone #: (320) 396-0440  
E-mail: sharon.murray@vqpm.com  
Website: vqpm.com

36 Market  
Rate Units -  
\$3,195 - \$3,530  
  
Controlled entry,  
Planned activities,  
Daily safety check,  
Transportation to store  
and medical appts,  
Handicapped accessible  
  
ASSISTED LIVING:  
Home health care,  
Three meals daily,  
Emergency call system,  
Light housekeeping,  
Laundry service

Beauty/barber,  
Garage  
  
INDEPENDENT LIVING:  
Home health care,  
Three meals daily,  
Emergency call system,  
Housekeeping,  
Laundry service,  
Pets

Name: Park Manor Apts-Braham HRA  
Address: 409 Central Drive W  
Braham, MN 55006  
Contact Person: Executive Director  
Phone #: (320) 396-3580  
E-mail: ed@bhaparkmanorapts.com

32 Subsidized  
Units -  
Rent Based  
on Income  
  
Controlled entry,  
Beauty/barber,  
Planned activities,  
Housekeeping,  
Handicapped accessible,  
Pets

Congregate noon meal

Name: Ashland Place  
Address: 222 N Ashland Street  
Cambridge, MN 55008  
Contact Person: Wendy  
Phone #: (763) 689-5323  
E-mail: wenglund@bergstad.com  
Website: bergstad.com

44 Subsidized  
Units -  
Rent Based  
on Income  
  
Controlled entry,  
Planned activities,  
Handicapped accessible

Beauty/barber,  
Pets

Name: GracePointe Crossing  
Mill Ridge Terrace  
Address: 235 Fern Street N  
Cambridge, MN 55008  
Contact Person: Darla Wessels  
Phone #: (763) 691-2143  
E-mail: dwessels@preshomes.org  
Website: gracepointecrossing.org

56 Market  
Rate Units -  
\$1,150 - \$1,670  
  
Controlled entry,  
Planned activities,  
Light housekeeping,  
Transportation to store  
and medical appts

Beauty/barber,  
Extended housekeeping,  
Garage,  
Pets

Name: GracePointe Crossing  
The Commons  
Address: 1545 River Hills Pkwy NW  
Cambridge, MN 55008  
Contact Person: Julie Tooker  
Phone #: (763) 691-6166  
E-mail: jtooker@preshomes.org  
Website: gracepointecrossing.org

62 Market  
Rate Units -  
\$2,060 - \$3,250  
  
Controlled entry,  
Planned activities,  
Emergency call system,  
Three meals daily,  
Daily safety check,  
Light housekeeping,  
Transportation to store  
and medical appts

Beauty/barber,  
Home health care,  
Extended housekeeping,  
Laundry service,  
Pets

**ISANTI COUNTY****Monthly  
Rental Fee****Services Included  
in Rent****On-site Services Available  
at an Extra Charge**

Name: GracePointe Crossing  
The Terrace  
Address: 1545 River Hills Pkwy NW  
Cambridge, MN 55008  
Contact Person: Julie Tooker  
Phone #: (763) 691-6166  
E-mail: jtooker@preshomes.org  
Website: gracepointecrossing.org

50 Market  
Rate Units -  
\$1,715 - \$2,725

Controlled entry,  
Planned activities,  
Transportation to store  
and medical appts,  
Emergency call system

Beauty/barber,  
Three meals daily,  
Housekeeping,  
Garage,  
Pets

Name: GracePointe Crossing  
Village Homes  
Address: 1545 River Hills Pkwy NW  
Cambridge, MN 55008  
Contact Person: Julie Tooker  
Phone #: (763) 691-6166  
E-mail: jtooker@preshomes.org  
Website: gracepointecrossing.org

40 Market  
Rate Units -  
\$1,350 - \$1,970

Transportation to store  
and medical appts,  
Planned activities,  
Garage

Beauty/barber,  
Three meals daily,  
Housekeeping,  
Pets

Name: Riverwood Village  
Address: 909 Dellwood Street S  
Cambridge, MN 55008  
Contact Person: Lisa Johnson  
Phone #: (763) 688-9575  
E-mail: lisa.johnson@allina.com  
Website: allinahealth.org/riverwood

45 Market  
Rate Units -  
\$970 - \$1,580

Controlled entry,  
Planned activities,  
Emergency call system,  
Daily safety check,  
Congregate noon meal,  
Beauty/barber,  
Housekeeping,  
Laundry service,  
Handicapped accessible

Garage

Name: Rosewood Senior Living  
Address: 801 Main Street N  
Cambridge, MN 55008  
Contact Person: Nikkita Ostrom  
Phone #: (763) 552-1340  
E-mail: nikkita.o@rosewoodsl.com  
Website: rosewoodsl.com

36 Subsidized  
& Market Rate  
Units -  
\$2,242 - \$3,225

Planned activities,  
Controlled entry,  
Emergency call system,  
Daily safety check,  
Light housekeeping,  
Handicapped accessible

Beauty/barber,  
Congregate noon meal,  
Garage

Name: Walker Methodist Levande  
Address: 2011 6th Lane SE  
Cambridge, MN 55008  
Contract Person: Victoria Svoboda  
Phone #: (763) 325-0100  
E-mail: vsvoboda@walkermethodist.org  
Website: walkermethodist.org

69 Market  
Rate Units -  
\$1,860 - \$3,090

Controlled entry,  
Planned activities,  
Daily safety check,  
Emergency call sytem,  
Transportation to store  
and medical appts,  
Light housekeeping,  
Congregate noon meal,  
Handicapped accessible

Home health care,  
Extended housekeeping  
Two meals daily,  
Beauty/barber,  
Laundry service,  
Pets

## ISANTI COUNTY

	Monthly Rental Fee	Services Included in Rent	On-site Services Available at an Extra Charge
<b>Name:</b> Parkview Apartments <b>Address:</b> 5th Avenue NW Isanti, MN 55040 <b>Contact Person:</b> Laverne/Sue <b>Phone #:</b> (763) 444-8725 <b>E-mail:</b> parkview@peter-cpa.com	11 Subsidized Units - Rent Based on Income		Pets
	17 Market Rate Units - \$400 - \$500		
<b>Name:</b> Prairie Senior Cottages <b>Address:</b> 706 6th Avenue NE Isanti, MN 55040 <b>Contact Person:</b> Jamie Usher <b>Phone #:</b> (763) 444-4626 <b>E-mail:</b> jamieu@pseminn.com <b>Website:</b> prairieseniorcottages.com	6 Subsidized Units - Rent Based on Income	Controlled entry, Planned activities, Daily safety check, Three meals daily, Housekeeping, Laundry service, Garage, Handicapped accessible	Pets
	18 Market Rate Units - \$5,790 - \$8,340		

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Covering the Entire State of Minnesota

**KANABEC COUNTY****Monthly  
Rental Fee****Services Included  
in Rent****On-site Services Available  
at an Extra Charge**

Name: Dala House Apartments  
 Address: 470 Bean Avenue  
 Mora, MN 55051  
 Contact Person: Adrian B.  
 Phone #: (320) 679-4789  
 E-mail: adrian@morahra.org  
 Website: morahra.org

24 Subsidized  
 Units -  
 Rent Based  
 on Income

Controlled entry,  
 Emergency call system,  
 Handicapped accessible

Congregate noon meal,  
 Garage,  
 Pets

Name: Eastwood Senior Living  
 Address: 170 Valhalla Circle  
 Mora, MN 55051  
 Contact Person: Sheila Swenson  
 Phone #: (320) 679-2916  
 E-mail: sswenson@walkermethodist.org  
 Website: eastwoodseniorliving.com

15 Subsidized  
 Units - Rent  
 Based on Income  
  
 30 Market  
 Rate Units -  
 \$3,208 - \$4,531

Controlled entry,  
 Planned activities,  
 Three meals daily,  
 Housekeeping,  
 Laundry service,  
 Handicapped accessible

Home health care,  
 Beauty/barber,  
 Pets

Name: Mysa House Apartments  
 Address: 141 Valhalla Circle  
 Mora, MN 55051  
 Contact Person: Beth P.  
 Phone #: (218) 547-3307  
 E-mail: info@dwjonesmanagement.com  
 Website: dwjonesmanagement.com

24 Subsidized  
 Units -  
 Rent Based  
 on Income  
 \$630 - \$735

Controlled entry,  
 Planned activities,  
 Pets

Home health care,  
 Garage

Name: Pine Crest Manor  
 Address: 420 Bean Avenue  
 Mora, MN 55051  
 Contact Person: Adrian B.  
 Phone #: (320) 679-4789  
 E-mail: adrian@morahra.org  
 Website: morahra.org

43 Subsidized  
 Units -  
 Rent Based  
 on Income

Controlled entry,  
 Emergency call system,  
 Handicapped accessible

Garage,  
 Pets

Name: Scandia House of Mora  
 Address: 973 Maple Avenue E  
 Mora, MN 55051  
 Contact Person: Ken Bergstrom  
 Phone #: (320) 360-1223  
 E-mail: scandiaseniorcare@gmail.com  
 Website: scandiaseniorcare.com

9 Subsidized  
 Units - Rent  
 Based on Income  
  
 3 Market  
 Rate Units -  
 \$4,500 - \$5,500

Home health care,  
 Planned activities,  
 Emergency call system,  
 Daily safety check,  
 Three meals daily,  
 Housekeeping,  
 Laundry service,  
 Controlled entry,  
 Beauty/barber,  
 Transportation to store  
 and medical appts,  
 Handicapped accessible,  
 Pets

## KANABEC COUNTY

### Monthly Rental Fee

### Services Included in Rent

### On-site Services Available at an Extra Charge

Name: St. Clare's Living Community  
Address: 101 9th Street  
Mora, MN 55051  
Contact Person: Amanda Fix  
Phone #: (320) 679-2576  
E-mail: amanda.fix@lsfhealth.org

35 Market  
Rate Units -  
\$2,525 - \$6,265

Controlled entry,  
Planned activities,  
Emergency call system,  
Daily safety check,  
Congregate noon meal,  
Light housekeeping,  
Transportation to  
medical appts

Home health care,  
Two meals daily,  
Beauty/barber,  
Extended housekeeping,  
Laundry service,  
Garage,  
Pets

Name: Vasa House Apartments  
Address: 155 Valhalla Circle  
Mora, MN 55051  
Contact Person: Adrian B.  
Phone #: (320) 679-4789  
E-mail: adrian@morahra.org  
Website: morahra.org

22 Subsidized  
Units -  
Rent Based  
on Income

Controlled entry,  
Emergency call system,  
Handicapped accessible

Pets

Name: Woodcrest Manor Senior Apts  
Address: 450 Bean Avenue  
Mora, MN 55051  
Contact Person: Tanya Reed  
Phone #: (320) 679-2863  
E-mail: woodcrest@thiestalle.com  
Website: thiestalle.com/woodcrest

42 Subsidized  
Units -  
Rent Based  
on Income

Controlled entry,  
Planned activities,  
Handicapped accessible

Laundry service,  
Garage,  
Pets

Name: Ogilvie Square Apartments  
Address: 206 Oric Avenue  
Ogilvie, MN 56358  
Contact Person: Annette Alley  
Phone #: (763) 639-1855  
E-mail: info@cepcomanagement.com  
Website: cepcomanagement.com

15 Subsidized  
Units -  
Rent Based  
on Income

Handicapped accessible

Name: Signe and Olivias  
Address: 1545 Harbor Street  
Ogilvie, MN 56358  
Contact Person: Ashley Thompson  
Phone #: (320) 272-0115

10 Market Rate  
& Subsidized  
Units -  
\$3,800 +

Home health care,  
Planned activities,  
Three meals daily,  
Emergency call system,  
Daily safety check,  
Housekeeping,  
Laundry service,  
Transportation to store  
and medical appts,  
Handicapped accessible

**MILLE LACS COUNTY****Monthly  
Rental Fee****Services Included  
in Rent****On-site Services Available  
at an Extra Charge**

Name: Isle View Apartments  
 Address: 205 1st Avenue N  
 Isle, MN 56342  
 Contact Person: Chris Eggert  
 Phone #: (320) 364-0517  
 E-mail: isleview@inhproperties.com  
 Website: inhproperties.com

41 Subsidized  
 Units -  
 Rent Based  
 on Income

Planned activities,  
 Handicapped accessible

Laundry service,  
 Pets

Name: Mille Lacs Manor  
 Address: 510 Main Street W  
 Isle, MN 56342  
 Contact Person: Chris Eggert  
 Phone #: (320) 258-6000  
 Website: inhproperties.com

4 Market  
 Rate Units -  
 \$470 - \$485

Pets

Name: Scandia House of Isle  
 Address: 540 Isle Street E  
 Isle, MN 56342  
 Contact Person: Ken Bergstrom  
 Phone #: (320) 360-1223  
 E-mail: scandiaseniorcare@gmail.com  
 Website: scandiaseniorcare.com

9 Subsidized  
 Units - Rent  
 Based on Income  
  
 3 Market  
 Rate Units -  
 \$4,500 - \$5,500

Home health care,  
 Planned activities,  
 Emergency call system,  
 Daily safety check,  
 Three meals daily,  
 Housekeeping,  
 Laundry service,  
 Beauty/barber,  
 Controlled entry,  
 Transportation to store  
 and medical appts,  
 Handicapped accessible,  
 Pets

Name: Centennial Manor  
 Address: 210 1st Street E  
 Milaca, MN 56353  
 Contact Person: Sophie Patten  
 Phone #: (320) 982-5405  
 E-mail: spatten@metroplains.com  
 Website: metroplains.com

30 Subsidized  
 Units -  
 Rent Based  
 on Income

Controlled entry,  
 Handicapped accessible

Name: Centennial Terrace  
 Address: 380 1st Street E  
 Milaca, MN 56353  
 Contact Person: Sophie Patten  
 Phone #: (320) 982-5405  
 E-mail: spatten@metroplains.com  
 Website: metroplains.com

24 Subsidized  
 Units -  
 Rent Based  
 on Income

Controlled entry,  
 Handicapped accessible

Name: Country Meadows of Milaca  
 Address: 740 2nd Street SE  
 Milaca, MN 56353  
 Contact Person: Kathy Ann Langlie  
 Phone #: (320) 983-6386  
 E-mail: kathyann.langlie@cassialife.org  
 Website: countrymeadowsofmilaca.org

32 Market  
 Rate Units -  
 \$2,915 - \$3,865

Emergency call system,  
 Planned activities,  
 Daily safety check,  
 Two meals daily,  
 Light housekeeping,  
 Handicapped accessible

Home health care,  
 Beauty/barber,  
 Extended housekeeping,  
 Laundry service,  
 Garage

## MILLE LACS COUNTY

### Monthly Rental Fee

### Services Included in Rent

### On-site Services Available at an Extra Charge

Name: Sunrise Village of Milaca  
Address: 115 9th Street NW  
Milaca, MN 56353  
Contact Person: Sandy Werstlein  
Phone #: (320) 982-7000  
E-mail: sandy.werstlein@sunrisevillageofmilaca.com  
Website: sunrisevillageofmilaca.com

35 Market  
Rate Units -  
\$922 +

Planned activities,  
Emergency call system,  
Daily safety check,  
Housekeeping,  
Laundry service,  
Handicapped accessible

Home health care,  
Three meals daily,  
Beauty/barber,  
Pets

Name: Milaca Park Apartments  
Address: 240 2nd Avenue SW  
Milaca, MN 56353  
Contact Person: Patty Bergeron  
Phone #: (320) 983-6631

50 Subsidized  
Units -  
Rent Based  
on Income

Controlled entry,  
Handicapped accessible

Name: Lake Song Assisted Living  
Address: 206 Elm Street N  
Onamia, MN 56359  
Contact Person: Cathy Hughes  
Phone #: (320) 532-2002  
E-mail: chughes@mlhealth.org

35 Market  
Rate Units -  
\$2,850 - \$4,920

Controlled entry,  
Planned activities,  
Emergency call system,  
Three meals daily,  
Light housekeeping,  
Laundry service,  
Handicapped accessible

Home health care,  
Beauty/barber,  
Extended housekeeping,  
Daily safety check,  
Pets

Name: Oakwood Apartments  
Address: 201 N Oak Street  
Onamia, MN 56359  
Contact Person: Ivan Smith  
Phone #: (320) 532-4321  
E-mail: oakwoodonamia@gmail.com  
Website: inhproperties.com

33 Subsidized  
Units -  
Rent Based  
on Income

Controlled entry,  
Handicapped accessible,  
Pets

Laundry service

Name: Onamia Shores  
Address: 300 N Ash Street  
Onamia, MN 56359  
Contact Person: Ivan Smith  
Phone #: (320) 532-4321  
E-mail: oakwoodonamia@gmail.com  
Website: inhproperties.com

12 Subsidized  
Units -  
Rent Based  
on Income

Controlled entry,  
Handicapped accessible

Garage,  
Pets

Name: Onamia Town Square  
Address: 204 Railroad Avenue  
Onamia, MN 56359  
Contact Person: Joni Mielke  
Phone #: (320) 532-5001  
E-mail: jmielke@metroplains.com  
Website: metroplains.com

14 Subsidized  
Units - Rent  
Based on Income

Controlled entry,  
Handicapped accessible

Laundry service

1 Market  
Rate Unit -  
\$580 - \$686

## MILLE LACS COUNTY

Monthly  
Rental FeeServices Included  
in RentOn-site Services Available  
at an Extra Charge

Name: Caley House Assisted Living  
Address: 104 8th Avenue S  
Princeton, MN 55371  
Contact Person: Katie Bailey  
Phone #: (763) 389-0424  
E-mail: katie.bailey@cassialife.org  
Website: caleychouse.org

30 Market  
Rate Units -  
\$2,640 - \$3,134

Planned activities,  
Emergency call system,  
Daily safety check,  
Two meals daily,  
Light housekeeping,  
Beauty/barber,  
Controlled entry,  
Handicapped accessible

Home health care,  
Third meal daily,  
Extended housekeeping,  
Laundry service

Name: Crystal Court Apartments  
Address: 604 S 3rd Street  
Princeton, MN 55371  
Contact Person: Katelyn Twingstrom  
Phone #: (763) 552-6090  
E-mail: kpederson@metroplains.com  
Website: metroplains.com

44 Market  
Rate Units -  
\$595 - \$1,040

Controlled entry,  
Handicapped accessible

Congregate noon meal,  
Garage,  
Pets

Name: Princeton Apartments  
Address: 206 4th Avenue S  
Princeton, MN 55371  
Contact Person: Becky Johnson  
Phone #: (763) 389-5074  
E-mail: princeton@schuettcares.com

48 Subsidized  
Units -  
Rent Based  
on Income

Controlled entry,  
Planned activities,  
Handicapped accessible

Beauty/barber,  
Pets

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**Home Care/Hospice:** 320-532-2800

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## MILLE LACS COUNTY

### Monthly Rental Fee

### Services Included in Rent

### On-site Services Available at an Extra Charge

Name: Riverside Senior Apartments  
Address: 106 4th Avenue S  
Princeton, MN 55371  
Contact Person: Stephanie  
Phone #: (763) 753-1724  
Website: thiestalle.com

25 Market  
Rate Units -  
\$675 - \$830

Pets

Name: Sterling Pointe Senior Living  
Address: 1250 Northland Drive  
Princeton, MN 55371  
Contact Person: Martha Ahlschlager  
Phone #: (763) 389-8655  
E-mail: martha.ahlschlager@twsl.com  
Website: sterlingpointeseniiorliving.com

57 Market  
Rate Units -  
\$3,475 - \$5,075

Controlled entry,  
Planned activities,  
Emergency call system,  
Daily safety check,  
Three meals daily,  
Light housekeeping,  
Home health care,  
Beauty/barber,  
Transportation to store,  
Handicapped accessible

Transportation to medical  
appts,  
Extended houskeeping,  
Laundry service,  
Garage,  
Pets

Name: The Oaks Apartments  
Address: 801 N 3rd Street  
Princeton, MN 55371  
Contact Person: Katherine Kleinbaum  
Phone #: (763) 389-2442  
E-mail: theoaks@sherbtl.net

40 Subsidized  
Units -  
Rent Based  
on Income

Controlled entry

Pets

**Looking for help with meals? Call Senior LinkAge Line® at 1-800-333-2433 to discuss your options.**

## MORRISON COUNTY

### Monthly Rental Fee

### Services Included in Rent

### On-site Services Available at an Extra Charge

Name: Alverna Apartments  
Address: 300 8th Avenue SE  
Little Falls, MN 56345  
Contact Person: Tammy Dalen  
Phone #: (320) 631-5030  
Email: tdalen@metroplains.com  
Website: metroplains.com

60 Subsidized  
Units - Rent  
Based on Income

Controlled entry,  
Emergency call system,  
Handicapped accessible

Congregate noon meal,  
Pets

Name: Bridgeway Estates  
Address: 103 12th Street NE  
Little Falls, MN 56345  
Contact Person: Betty Rakow  
Phone #: (320) 632-2089  
E-mail: brakow@sfhs.org  
Website: lfhs.sfhs.org

42 Market  
Rate Units -  
\$1,365 - \$1,995

Controlled entry,  
Planned activities,  
Emergency call system,  
Light housekeeping,  
Two meals daily,  
Daily safety check,  
Handicapped accessible

Home health care,  
Beauty/barber,  
Third meal daily,  
Extended housekeeping,  
Laundry service,  
Garage,  
Pets

**MORRISON COUNTY****Monthly  
Rental Fee****Services Included  
in Rent****On-site Services Available  
at an Extra Charge**

Name: Buckman Apartments  
Address: 209 1st Street SE  
Little Falls, MN 56345  
Contact Person: Rachel Pearson  
Phone #: (320) 632-3387  
E-mail: rpearson@metroplains.com  
Website: metroplains.com

27 Subsidized  
Units -  
Rent Based  
on Income

Controlled entry,  
Planned activities,  
Emergency call system,  
Handicapped accessible

Beauty/barber,  
Pets

Name: Central MN Senior Care  
Address: 315 6th Street SW  
Little Falls, MN 56345  
Contact Person: Jennie  
Phone #: (320) 441-7001  
Website: centralmnseniorcare.com

10 Subsidized  
& Market  
Rate Units -  
\$904 +

Controlled entry,  
Planned activities,  
Emergency call system,  
Daily safety check,  
Housekeeping,  
Laundry service,  
Three meals daily,  
Transportation to store  
and medical appts,  
Handicapped accessible

Home health care,  
Garage,  
Pets

Name: Diamond Willow Assisted Living  
Address: 5th Avenue NE  
Little Falls, MN 56345  
Contact Person: Kelli Diederich  
Phone #: (218) 252-7162  
E-mail: kdiederich@diamondwillow.com  
Website: diamondwillowassistedliving.com

20 Market  
Rate Units -  
\$6,550 - \$7,550  
  
6 Subsidized  
Units - Rent  
Based on Income

Controlled entry,  
Daily safety check,  
Three meals daily,  
Planned activities,  
Emergency call system,  
Housekeeping,  
Laundry service,  
Home health care,  
Handicapped accessible

Beauty/barber,  
Pets

Name: Highland Senior Living  
Address: 1012 3rd Ave NE  
Little Falls, MN 56345  
Contact Person: Jessica Hilmerson  
Phone #: (320) 632-1880  
E-mail: jessica.hilmerson@twsl.com  
Website: highlandseniorliving.com

65 Market  
Rate Units -  
\$3,100 - \$4,600

Controlled entry,  
Planned activities,  
Three meals daily,  
Emergency call system,  
Daily safety check

Beauty/barber,  
Housekeeping,  
Laundry service,  
Home health care,  
Garage

Name: Pine Grove Manor  
Address: 901 SW 1st Avenue  
Little Falls, MN 56345  
Contact Person: Angie Rangel  
Phone #: (320) 632-3305  
E-mail: hra@pinegrovemanor.com

98 Subsidized  
Units -  
Rent Based  
on Income

Controlled entry,  
Planned activities

Beauty/barber,  
Garage,  
Pets

Name: Harmony House of Motley  
Address: 900 Eastwood Lane S  
Motley, MN 56466  
Contact Person: Erin Walters  
Phone #: (218) 352-6941  
E-mail: ewalters@horizonhealthservices.com  
Website: horizonhealthservices.org

18 Market  
Rate Units -  
\$3,840 - \$7,440

Controlled entry,  
Planned activities,  
Three meals daily,  
Housekeeping,  
Laundry service,  
Home health care,  
Daily safety check,  
Handicapped accessible

Beauty/barber

## MORRISON COUNTY

	Monthly Rental Fee	Services Included in Rent	On-site Services Available at an Extra Charge
<b>Name:</b> Sunny Pines Apartments <b>Address:</b> 396 Cedar Street E Motley, MN 56466 <b>Contact Person:</b> Rosie Talberg <b>Phone #:</b> (320) 468-2303 <b>E-mail:</b> rosecourt@centurylink.net <b>Website:</b> horizonhealthservices.org	20 Subsidized Units - Rent Based on Income	Controlled entry, Daily safety check, Handicapped accessible	Pets
<b>Name:</b> Country Place-Horizon Health <b>Address:</b> 314 Cassie Street Pierz, MN 56364 <b>Contact Person:</b> Sarah Kittelson <b>Phone #:</b> (320) 468-0016 <b>E-mail:</b> skittelson@horizonhealthservices.com <b>Website:</b> horizonhealthservices.org	15 Subsidized Units - Rent Based on Income  1 Market Rate Unit - \$800	Controlled entry, Handicapped accessible	Emergency call system, Laundry service, Pets

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 Lake Lillian, Litchfield, Little Falls, Marshall, Prinsburg,  
 Sunburg, Watkins, and Willmar.*

**Call 320-441-7001**

for more information or to set up a tour  
**[www.centralmnseniorcare.com](http://www.centralmnseniorcare.com)**

**MORRISON COUNTY****Monthly  
Rental Fee****Services Included  
in Rent****On-site Services Available  
at an Extra Charge**

Name: Harmony House of Pierz  
 Address: 26886 143rd Street  
 Pierz, MN 56364  
 Contact Person: Lanisha Pojanowski  
 Phone #: (320) 468-2811  
 E-mail: lpojanowski@horizonhealthservices.com  
 Website: horizonhealthservices.org

22 Market  
 Rate Units -  
 \$4,170 - \$7,440

Planned activities,  
 Emergency call system,  
 Three meals daily,  
 Housekeeping,  
 Laundry service,  
 Home health care,  
 Daily safety check,  
 Controlled entry,  
 Handicapped accessible

Beauty/barber

Name: Kamnic Lane Apartments  
 Address: 40 Kamnic Street  
 Pierz, MN 56364  
 Contact Person: Sharon/Roger  
 Phone #: (320) 468-2581  
 E-mail: kamnicaps@yahoo.com  
 Website: inhproperties.com

30 Subsidized  
 Units -  
 Rent Based  
 on Income

Handicapped accessible,  
 Pets

Laundry service

Name: Pierz Meadow Ponds Assisted Living  
 Address: 305 Ronald Avenue  
 Pierz, MN 56364  
 Contact Person: Samantha Adams  
 Phone #: (320) 468-2949  
 E-mail: samantha@pierzmeadowponds.com  
 Website: pierzmeadowponds.com

20 Market  
 Rate Units -  
 \$3,689 +

Three meals daily,  
 Light housekeeping,  
 Laundry service,  
 Home health care,  
 Emergency call system,  
 Planned activities,  
 Handicapped accessible

Beauty/barber,  
 Daily safety check,  
 Extended housekeeping,  
 Transportation to store  
 and medical appts

Name: Rose Court  
 Address: 121 Faust Street  
 Pierz, MN 56364  
 Contact Person: Rosie Talberg  
 Phone #: (320) 468-2303  
 E-mail: rosecourt@centurylink.net  
 Website: horizonhealthservices.org

16 Subsidized  
 Units -  
 Rent Based  
 on Income

Controlled entry,  
 Daily safety check,  
 Emergency call system,  
 Handicapped accessible

Pets

Name: Eagle Court - Horizon Health  
 Address: 219 Eagle Court  
 Randall, MN 56475  
 Contact Person: Sarah Kittelson  
 Phone #: (320) 468-0016  
 E-mail: skittelson@horizonhealthservices.com  
 Website: horizonhealthservices.org

13 Subsidized  
 Units -  
 Rent Based  
 on Income

Controlled entry,  
 Handicapped accessible

Emergency call system,  
 Laundry service,  
 Pets

Name: Riverside Assisted Living  
 Address: 812 East Centre Street  
 Royalton, MN 56373  
 Contact Person: Sandy Stuckey  
 Phone #: (320) 584-6484  
 E-mail: manager@riversideroyalton.com  
 Website: riversideroyalton.com

15 Market  
 Rate Units -  
 \$3,480 - \$6,540

Home health care,  
 Planned activities,  
 Emergency call system,  
 Daily safety check,  
 Three meals daily,  
 Housekeeping,  
 Laundry service,  
 Controlled entry,  
 Handicapped accessible

Beauty/barber

## MORRISON COUNTY

	Monthly Rental Fee	Services Included in Rent	On-site Services Available at an Extra Charge
Name: Swanville Apartments Address: 102 4th Street East Swanville, MN 56382 Contact Person: Sarah Kittelson Phone #: (320) 468-0016 E-mail: skittelson@horizonhealthservices.com Website: horizonhealthservices.org	11 Subsidized Units - Rent Based on Income		Laundry service, Garage, Pets
Name: Upsala Apartments Address: 115 Oak Avenue Upsala, MN 56384 Contact Person: Sarah Kittelson Phone #: (320) 468-0016 E-mail: skittelson@horizonhealthservices.com Website: horizonhealthservices.org	11 Subsidized Units - Rent Based on Income	16 Market Rate Units - \$575	Laundry service, Garage, Pets

**Have questions about Medicare? Call Senior LinkAge Line® at 1-800-333-2433 to get answers.**

## PINE COUNTY

	Monthly Rental Fee	Services Included in Rent	On-site Services Available at an Extra Charge
Name: Vossevangen Apartments I & II Address: Vossevangen Way Askov, MN 55704 Contact Person: Tammy Gehrke Phone #: (320) 493-0562 E-mail: ipm.tg@outlook.com	24 Subsidized Units - Rent Based on Income		Pets
Name: Pine County HRA-Finlayson Manor Address: 6524 Broadway Finlayson, MN 55735 Contact Person: Tammy Gehrke Phone #: (320) 493-0562 E-mail: ipm.tg@outlook.com	16 Subsidized Units - Rent Based on Income	Controlled entry, Emergency call system	Pets
Name: Elderwood of Hinckley Address: 710 Spring Lane Hinckley, MN 55037 Contact Person: Laura Ausmus Phone #: (320) 384-7373 E-mail: elderwoodofhinckley@ymail.com	24 Market Rate Units - \$2,525 - \$2,765	Controlled entry, Planned activities, Emergency call system, Three meals daily, Daily safety check, Housekeeping, Laundry service, Transportation to local store and medical appts, Handicapped accessible	Home health care, Beauty/barber, Transportation to out of town medical appts, Pets

## PINE COUNTY

Monthly  
Rental FeeServices Included  
in RentOn-site Services Available  
at an Extra Charge

Name: Mighty Fortress Manor  
Address: 206 Lawler Avenue N  
Hinckley, MN 55037  
Contact Person: Amber  
Phone #: (320) 269-6640, ext. 17  
E-mail: leasing@vanblc.com  
Website: vanblc.com

24 Subsidized  
Units -  
Rent Based  
on Income

Controlled entry,  
Emergency call system,  
Handicapped accessible,  
Pets

Name: Twin Oaks  
Address: 518 & 522 Oak Avenue  
Hinckley, MN 55037  
Contact Person: Steve Hagen  
Phone #: (651) 780-9227  
E-mail: hage2@pro-ns.net

16 Market  
Rate Units -  
\$700 - \$800

Handicapped accessible

Name: Halter Pines I & II  
Address: 900 & 910 Hillside Avenue  
Pine City, MN 55063  
Contact Person: Lifestyle, Inc.  
Phone #: (507) 451-8524  
E-mail: info@lifestyleinc.net  
Website: lifestyleinc.net

33 Subsidized  
Units - Rent  
Based on Income

Controlled entry,  
Handicapped accessible

Pets

44 Market  
Rate Units -  
\$485 - \$684

Name: Hillside Court Apartments  
Address: 905 7th Street SW  
Pine City, MN 55063  
Contact Person: Deb Robelia  
Phone #: (320) 629-6301  
E-mail: hraopc@qwestoffice.net

27 Subsidized  
Units - Rent  
Based on Income

Controlled entry,  
Laundry service,  
Handicapped accessible

Pets

7 Market  
Rate Units -  
\$535 - \$540

Name: North Pine Apartments  
Address: 905 Johnson Avenue  
Pine City, MN 55063  
Contact Person: Lifestyle, Inc.  
Phone #: (507) 451-8524  
E-mail: info@lifestyleinc.net  
Website: lifestyleinc.net

20 Subsidized  
Units - Rent  
Based on Income

Controlled entry,  
Handicapped accessible

Pets

19 Market  
Rate Units -  
\$480 - \$706

Name: Northern Pines  
Assisted Living/Memory Care  
Address: 1305 8th Street SW  
Pine City, MN 55063  
Contact Person: Sue Carlson  
Phone #: (320) 629-7272  
E-mail: scarlson@northernpinesassisted.com  
Website: northernpinesassisted.com

36 Market  
Rate Units -  
\$1,795 - \$4,134

Planned activities,  
Emergency call system,  
Daily safety check,  
Three meals daily,  
Housekeeping,  
Laundry service,  
Transportation to store  
and medical appts,  
Handicapped accessible

Home health care,  
Beauty/barber,  
Pets

## PINE COUNTY

### Monthly Rental Fee

### Services Included in Rent

### On-site Services Available at an Extra Charge

Name: Scandia House of Pine City  
Address: 14856 Edgewater Road NE  
Pine City, MN 55063  
Contact Person: Ken Bergstrom  
Phone #: (320) 360-1223  
E-mail: scandiaseniorcare@gmail.com  
Website: scandiaseniorcare.com

9 Subsidized  
Units - Rent  
Based on Income  
  
3 Market  
Rate Units -  
\$4,500 - \$5,500

Home health care,  
Emergency call system,  
Daily safety check,  
Three meals daily,  
Housekeeping,  
Laundry service,  
Beauty/barber,  
Planned activities,  
Controlled entry,  
Transportation to store  
and medical appts,  
Pets,  
Handicapped accessible

Name: Sophie's Manor  
Address: 17500 Ranch Drive  
Pine City, MN 55063  
Contact Person: Ashley or Nataliya  
Phone #: (320) 629-2064  
E-mail: sophiesmanor@hotmail.com  
Website: sophiesmanor.com

10 Market  
Rate Units -  
\$3,700 - \$4,500

Planned activities,  
Daily safety check,  
Three meals daily,  
Housekeeping,  
Laundry service,  
Handicapped accessible

Pets

Name: Westchester Village Senior Apts  
Address: 525 Westchester Drive NE  
Pine City, MN 55063  
Contact Person: Shirley Grewe  
Phone #: (320) 629-7161  
E-mail: sgrewes@stuartco.com  
Website: stuartco.com

60 Subsidized  
Units -  
Rent Based  
on Income

Controlled entry,  
Planned activities,  
Pets

Beauty/barber,  
Pets

Name: Golden Horizons Assisted Living  
& Specialty Care  
Address: 1109 Lundorff Drive  
Sandstone, MN 55072  
Contact Person: Administrator  
Phone #: (320) 216-7300  
E-mail: adminsandstone@goldenhorizons.org  
Website: goldenhorizons.org

36 Market  
Rate Units -  
\$1,955 +

Planned activities,  
Emergency call system,  
Daily safety check,  
Three meals daily,  
Housekeeping,  
Laundry service,  
Transportation to  
medical appts,  
Handicapped accessible

Beauty/barber,  
Pets

Name: Pine County HRA-Sandstone Manor  
Address: 510 5th Street  
Sandstone, MN 55072  
Contact Person: Tammy Gehrke  
Phone #: (320) 493-0562  
E-mail: ipm.tg@outlook.com

16 Subsidized  
Units -  
Rent Based  
on Income

Controlled entry,  
Emergency call system,  
Handicapped accessible

Pets

**PINE COUNTY****Monthly  
Rental Fee****Services Included  
in Rent****On-site Services Available  
at an Extra Charge**

Name: Sandstone Square Apartments  
 Address: 231 Minnesota Street  
 Sandstone, MN 55072  
 Contact Person: Cindy Rushmeyer  
 Phone #: (320) 279-8295  
 E-mail: dcrushmeyer@yahoo.com  
 Website: cepcomanagement.com

15 Subsidized  
 Units - Rent  
 Based on Income  
 \$0 - \$645

Name: Wild River Senior Apartments  
 Address: 300 Commercial Avenue N  
 Sandstone, MN 55072  
 Contact Person: Kelly Steltenpohl  
 Phone #: (320) 245-2999  
 E-mail: kelly.steltenpohl@sandstonehealthcc.com  
 Website: wilddriversandstone.com

36 Market  
 Rate Units -  
 \$775 - \$1,000

Controlled entry

Garage,  
 Pets

**Looking for transportation? Call Senior LinkAge Line® at 1-800-333-2433 to discuss your options.**

**SHERBURNE COUNTY****Monthly  
Rental Fee****Services Included  
in Rent****On-site Services Available  
at an Extra Charge**

Name: Shepherd of Grace Senior Apts.  
 Address: 11175 27th Avenue SE  
 Becker, MN 55308  
 Contact Person: Housing Manager  
 Phone #: (763) 450-6670  
 E-mail: info@gsc-mn.org  
 Website: goodshepherdcampus.org

33 Market  
 Rate Units -  
 \$1,260 - \$1,998  
 Optional Assisted  
 Living Package -  
 \$2,109 +

Controlled entry,  
 Planned activities,  
 Emergency call system,  
 Housekeeping

Home health care,  
 Beauty/barber,  
 Three meals daily,  
 Add'l emergency call system,  
 Garage

Name: Shepherd of Grace Assisted Living  
 Address: 11175 27th Avenue SE  
 Becker, MN 55308  
 Contact Person: Housing Manager  
 Phone #: (763) 450-6670  
 E-mail: info@gsc-mn.org  
 Website: goodshepherdcampus.org

18 Market Rate  
 Units - \$974  
 Optional Assisted  
 Living Package -  
 \$2,109 +

Controlled entry,  
 Planned activities,  
 Transportation to store,  
 Handicapped accessible

Home health care,  
 Beauty/barber,  
 Emergency call system,  
 Daily safety check,  
 Three meals daily,  
 Housekeeping,  
 Laundry service,  
 Garage

Name: Shepherd of Grace Cottages  
 Address: 11175 27th Avenue SE  
 Becker, MN 55308  
 Contact Person: Housing Manager  
 Phone #: (763) 450-6670  
 E-mail: info@gsc-mn.org  
 Website: goodshepherdcampus.org

18 Market Rate  
 Units - \$995  
 Optional Assisted  
 Living Package -  
 \$5,220 +

Controlled entry,  
 Planned activities,  
 Handicapped accessible

Home health care,  
 Beauty/barber  
 Emergency call system,  
 Daily safety check,  
 Three meals daily,  
 Housekeeping,  
 Laundry service

## SHERBURNE COUNTY

### Monthly Rental Fee

### Services Included in Rent

### On-site Services Available at an Extra Charge

Name: Woodbriar Apartments  
Address: 12115 Rye Street  
Becker, MN 55308  
Contact Person: Karisa Hoeft  
Phone #: (763) 241-4430  
E-mail: [khoeft@ga-er.org](mailto:khoeft@ga-er.org)  
Website: [guardianangelsmn.org](http://guardianangelsmn.org)

20 Subsidized  
Units -  
Rent Based  
on Income

Controlled entry,  
Emergency call system

Beauty/barber,  
Pets

Name: Autumn Winds Apartments  
Address: 121 Euclid Avenue  
Big Lake, MN 55309  
Contact Person: Bridgette Manderfeld  
Phone #: (763) 228-2562  
E-mail: [bmanderfeld5@yahoo.com](mailto:bmanderfeld5@yahoo.com)  
Website: [inhproperties.com](http://inhproperties.com)

24 Subsidized  
Units - Rent  
Based on Income  
  
1 Market  
Rate Unit -  
\$715

Controlled entry,  
Handicapped accessible

Laundry service,  
Pets

Name: Cherrywood Advanced Living  
Address: 177 Henry Road  
Big Lake, MN 55309  
Contact Person: Wendy Lang  
Phone #: (320) 257-7445  
E-mail: [wendylang@cherrywoodal.com](mailto:wendylang@cherrywoodal.com)  
Website: [cherrywoodal.com](http://cherrywoodal.com)

20 Market  
Rate Units -  
\$3,850

Controlled entry,  
Planned activities,  
Three meals daily,  
Daily safety check,  
Emergency call system,  
Light housekeeping,  
Laundry service,  
Handicapped accessible

Home health care,  
Beauty/barber,  
Extended housekeeping

Name: Keller Lake Commons  
Address: 655 Norwood Lane  
Big Lake, MN 55309  
Contact Person: Nicole Gilder  
Phone #: (763) 263-2363  
E-mail: [nicole.gilder@vqpm.com](mailto:nicole.gilder@vqpm.com)  
Website: [kellerlakecommons.com](http://kellerlakecommons.com)

85 Market  
Rate Units -  
\$3,195 - \$3,460 +

Controlled entry,  
Planned activities,  
Three meals daily,  
Emergency call system,  
Light housekeeping,  
Laundry service,  
Handicapped accessible

Home health care,  
Beauty/barber,  
Daily safety check,  
Extended housekeeping,  
Additional laundry service,  
Garage,  
Pets

Name: Clearview Apartments  
Address: 7825 Church Street  
Clear Lake, MN 55319  
Contact Person: Danielle Gilley  
Phone #: (320) 274-5206  
E-mail: [info@cepcomanagement.com](mailto:info@cepcomanagement.com)  
Website: [cepcomanagement.com](http://cepcomanagement.com)

12 Subsidized  
Units -  
Rent Based  
on Income  
\$0 - \$735

Handicapped accessible

Name: Angel Ridge  
Address: 280 Evans Avenue NW  
Elk River, MN 55330  
Contact Person: Karisa Hoeft  
Phone #: (763) 241-4430  
E-mail: [khoeft@ga-er.org](mailto:khoeft@ga-er.org)  
Website: [guardianangelsmn.org](http://guardianangelsmn.org)

53 Subsidized  
Units -  
Rent Based  
on Income

Controlled entry,  
Emergency call system,  
Transportation to store

Congregate noon meal,  
Beauty/barber,  
Garage,  
Pets



# Champion Rehab

OUTPATIENT CLINIC

## ORTHOPEDIC REHAB



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## WORKER'S COMP



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Champion Rehab offers a team of experienced and talented therapists with a variety of unique specialties. Specialties include; Neurological Disorders, Advanced Spine and Back Rehabilitation, Women's Health, Orthopedic Rehabilitation, Vestibular Rehabilitation, Cognitive Rehabilitation, Pre and Post Operative, TMJ and Worker's Comp.



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**DEXUR**  
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# Graceful Living

caring community

## Good Shepherd Campus



### Meet Roger

During his 39 year teaching career, Roger was a PA announcer for football and basketball. He also was a referee of boys and girls basketball. After retiring, Roger and his wife, Thelma, moved to St. Cloud, Minnesota. They were very excited to be so close to St. John's University and quickly became super fans. Today, Roger is still a super fan, attending many games throughout the season. We are proud Roger calls Good Shepherd *home*.

### Meet Vivian

Vivian is extremely dedicated to her children, grandchildren, and her church. She loves baking cookies and making meals for her family. She also enjoys sewing, crocheting, painting, playing Bingo, and volunteering in the Northern Delights Gift Shop. We are proud that Vivian calls Good Shepherd *home*.



## Welcome Home...

Good Shepherd is a community where we care deeply about each other. No matter where you live, you'll find a comfortable home, compassionate care, and engaging activities that cater to your personal enjoyment and lifestyle.

Patio Homes • Senior Apartments  
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Sauk Rapids, MN



# Shepherd of Grace Campus



When you make Shepherd of Grace your home, you open yourself up to new experiences and new friendships. Whether you are enjoying a delicious meal with your neighbors, receiving compassionate services from staff, or having fun participating in group activities and entertainment, you'll notice the people at Shepherd of Grace create the welcoming environment so many are proud to call home.

SENIOR APARTMENTS • ASSISTED LIVING • MEMORY CARE



## Meet Donna

Donna has always been dedicated to her family. She has also been very active in church groups, the Legion, VFW Auxiliaries, PTA, her hobbies, and spending time with her sisters. Donna loves to do fun activities at Shepherd of Grace and enjoys having great conversations with her friends. We are proud Donna calls Shepherd of Grace *home*.

## Meet Marie

Marie has always been very dedicated to her family, and proudly displays many photos. She has lived at Shepherd of Grace for ten years and loves that her family lives close and visits her often. Marie enjoys the good food, fun activities (especially Bingo) the musical entertainment, and all her friendly neighbors. We are proud Marie calls Shepherd of Grace *home*.



(763) 450-6670

11175 27th Avenue SE  
Becker, MN

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Shepherd Tours is a great option to get out and see exciting places and enjoy fun activities. We are making plans for exciting day-trips to enjoy the best of Minnesota and our tours are open to anyone!

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Sartell	320-654-2352
Monticello	763-295-4051
Long Prairie	320-732-7315
Melrose	320-256-1808
Paynesville	320-243-7100
Sauk Centre	320-333-2992

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Hospice &  
Palliative Care** 320-259-9375

**Therapy Suites** 320-654-2355

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*Secure Memory Loss Unit*  
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**Brookridge**  
*Assisted Senior Living*  
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**Rehab Therapy Services & Community Fitness**  
**(320) 286-3193 • Fax (320) 286-2160**

**Cokato Manor Home Health**  
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*Independent Senior Apartments with Services*  
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## Country Manor Home Health Care



### TAILORED TO YOUR NEEDS

From medical care to personal assistance, Home Health Care can be tailored to fit your unique needs. As your needs increase or decrease, so can the care and support you receive.



### CONTINUUM OF CARE

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### PERSONAL RESPONSE SYSTEM

The VoiceCare pendant is a personal response system that offers comfort and peace of mind 24 hours a day, 7 days a week. The push of a button is all it takes to call for assistance.



### CUSTOMIZABLE CARE

We are an excellent compliment to your support already being provided by a family member or personal caregiver. Home Health Care services can be adjusted at anytime.



### HOME HEALTH CARE ON YOUR SCHEDULE

Our Home Health aides work with you and your loved ones to create a schedule of care and services to meet your needs.



### Country Manor Home Health Care

320-253-3343 • Sartell and St. Joseph MN  
[www.countrymanorhomehealthcare.me](http://www.countrymanorhomehealthcare.me)

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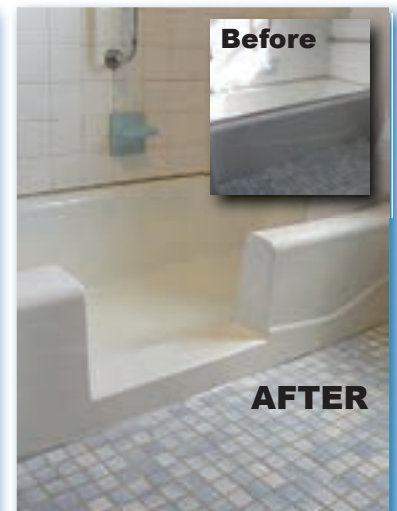
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- Shower Seat Installation
- Bathtub Surround Installation
- Bath/Shower Slip-Resistant Floor Texturing
- Bathtub/Shower Refinishing & Repair
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**WRENSHALL SERVICE AREAS: 218-384-4175**  
Cass, Crow Wing, Mille Lacs, Pine Counties

**ISANTI SERVICE AREAS: 763-753-2807**  
Sherburne, Wright, Kanabec, Isanti, Chisago Counties

## SHERBURNE COUNTY

Monthly  
Rental FeeServices Included  
in RentOn-site Services Available  
at an Extra Charge

Name: BeeHive Homes of Elk River  
Address: 14282 Business Center Drive  
Elk River, MN 55330  
Contact Person: Rebecca  
Phone #: (763) 595-1251  
E-mail: rebeccaob@beehivehomes.com  
Website: beehivehomes.com

20 Market  
Rate Units -  
\$2,500 +

Planned activities,  
Emergency call system,  
Three meals daily,  
Daily safety check,  
Housekeeping,  
Laundry service,  
Controlled entry,  
Handicapped accessible

Home health care,  
Beauty/barber

Name: Cindy's Place  
Address: 13060 180th Court NW  
Elk River, MN 55330  
Contact Person: Michael Kerrick  
Phone #: (763) 441-1866  
E-mail: cindy.kerrick@yahoo.com

4 Market  
Rate Units -  
\$922 +

Emergency call system,  
Three meals daily,  
Daily safety check,  
Housekeeping,  
Laundry service,  
Handicapped accessible

Beauty/barber  
Home health care,  
Planned activities,  
Transportation to store  
and medical appts

**Questions regarding Medicare Advantage plans? Call Senior LinkAge Line® at 1-800-333-2433 for answers.**

## Built on a History of Excellence



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SENIOR SERVICES

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- Senior Housing ■ Transitional Care
- Assisted Living ■ Memory Care ■ Long Term Care
- Adult Day Services ■ Home Care & Hospice
- Wellness Center

## Communities We Serve

Albertville ■ Becker ■ Elk River ■ Ostego ■ Zimmerman

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[guardianangelsmn.org](http://guardianangelsmn.org)  

Health Care  
Fraud & Abuse

*Have you fallen victim  
to a recent scam or  
think you may have  
given some information  
about yourself that you  
shouldn't have, like your  
Social Security or  
Medicare number?*

*If you have, our  
experts can help you  
report possible fraud.*

**Call  
Senior LinkAge Line®  
at 1-800-333-2433.**

## SHERBURNE COUNTY

	Monthly Rental Fee	Services Included in Rent	On-site Services Available at an Extra Charge
<b>Name:</b> Elk River Senior Living <b>Address:</b> 11124 183rd Circle NW Elk River, MN 55330 <b>Contact Person:</b> Deb Bland <b>Phone #:</b> (763) 276-7076 <b>E-mail:</b> deb@elkriverseniorliving.com <b>Website:</b> elkriverseniorliving.com	97 Market Rate Units - \$1,400 - \$5,150	Controlled entry, Planned activities, Emergency call system, Daily safety check, Home health care, Three meals daily, Light housekeeping, Laundry service, Transportation to store, Handicapped accessible	Beauty/barber, Additional planned activities, Extended housekeeping, Additional laundry service, Garage, Pets
<b>Name:</b> Elk Terrace <b>Address:</b> 385 Holt Avenue Elk River, MN 55330 <b>Contact Person:</b> Manager <b>Phone #:</b> (763) 633-1955 <b>Website:</b> metroplains.com	20 Subsidized Units - Rent Based on Income  3 Market Rate Units - \$587 - \$807	Controlled entry, Handicapped accessible	Pets
<b>Name:</b> Evans Park <b>Address:</b> 300 Evans Avenue NW Elk River, MN 55330 <b>Contact Person:</b> Karisa Hoeft <b>Phone #:</b> (763) 241-4430 <b>E-mail:</b> khoeft@ga-er.org <b>Website:</b> guardianangelsmn.org	36 Market Rate Units - \$980 - \$1,215	Controlled entry, Emergency call system, Transportation to store	Congregate noon meal, Beauty/barber, Garage, Pets

**Need help?  
Call us!**

We can get you  
connected to  
services in your  
community.



**1-800-333-2433**

**MINNESOTA'S LINK TO A  
LOCAL AGING EXPERT**

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Mississippi River in Otsego.

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- Wellness Center

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Guardian Angels—Riverview Landing  
9200 Quantrelle Ave NE  
Otsego, MN 55330  
[guardianangelsmn.org](http://guardianangelsmn.org)



**Guardian Angels**  
SENIOR COMMUNITY  
Riverview Landing

**SHERBURNE COUNTY****Monthly  
Rental Fee****Services Included  
in Rent****On-site Services Available  
at an Extra Charge**

Name: Guardian Angels by the Lake  
 Address: 13439 185th Lane NW  
 Elk River, MN 55330  
 Contact Person: Amanda Otto  
 Phone #: (763) 241-7682  
 E-mail: aotto@ga-er.org  
 Website: guardianangelsmn.org

90 Market  
 Rate Units -  
 \$2,855 - \$4,845

Controlled entry,  
 Planned activities,  
 Three meals daily,  
 Emergency call system,  
 Daily safety check,  
 Light housekeeping,  
 Laundry service,  
 Transportation to store,  
 Handicapped accessible

Beauty/barber,  
 Extended housekeeping,  
 Pets

Name: Guardian Oaks  
 Address: 350 Evans Avenue NW  
 Elk River, MN 55330  
 Contact Person: Karisa Hoeft  
 Phone #: (763) 241-4430  
 E-mail: khoeft@ga-er.org  
 Website: guardianangelsmn.org

63 Subsidized  
 Units -  
 Rent Based  
 on Income

Controlled entry,  
 Emergency call system,  
 Transportation to store

Beauty/barber,  
 Congregate noon meal,  
 Garage,  
 Pets

Name: Riverview  
 Address: 925 Angel Street  
 Elk River, MN 55330  
 Contact Person: Karen & Mark Beese  
 Phone #: (612) 747-1256  
 E-mail: karen@bzproperties.com  
 Website: bzproperties.com

24 Market  
 Rate Units -  
 \$650 - \$750

Pets

Name: Riverside Apartments  
 Address: 106 4th Avenue S  
 Princeton, MN 55371  
 Contact Person: Michelle Paquin  
 Phone #: (763) 753-1724  
 E-mail: abbey@thiestalle.com  
 Website: thiestalle.com

18 Subsidized  
 Units - Rent  
 Based on Income  
  
 7 Market  
 Rate Units -  
 \$745 - \$770

Controlled entry,  
 Emergency call system,  
 Handicapped accessible

Pets

Name: Pine Cone Manor  
 Address: 12612 3rd Avenue  
 Zimmerman, MN 55398  
 Contact Person: Karisa Hoeft  
 Phone #: (763) 241-4430  
 E-mail: khoeft@ga-er.org  
 Website: guardianangelsmn.org

21 Subsidized  
 Units -  
 Rent Based  
 on Income

Controlled entry,  
 Emergency call system,  
 Transportation to store

Congregate noon meal,  
 Beauty/barber,  
 Pets

Name: Pine Tree Manor  
 Address: 12616 3rd Avenue  
 Zimmerman, MN 55398  
 Contact Person: Karisa Hoeft  
 Phone #: (763) 241-4430  
 E-mail: khoeft@ga-er.org  
 Website: guardianangelsmn.org

20 Subsidized  
 Units -  
 Rent Based  
 on Income

Controlled entry,  
 Emergency call system,  
 Transportation to store

Congregate noon meal,  
 Beauty/barber,  
 Pets

## STEARNS COUNTY

### Monthly Rental Fee

### Services Included in Rent

### On-site Services Available at an Extra Charge

Name: Mother of Mercy Assisted Living  
Fairway Ridge/Grace Court  
Tranquility Place/Memory Lane  
Address: 220-230 Church Avenue  
Albany, MN 56307  
Contact Person: Amanda Sand  
Phone #: (320) 845-2195, ext. 251  
E-mail: asand@momcampus.org  
Website: motherofmercymn.org

68 Market  
Rate Units -  
\$990 - \$1,435

Planned activities,  
Emergency call system,  
Housekeeping,  
Transportation to store,  
Handicapped accessible

Beauty/barber,  
Home health care,  
Three meals daily,  
Daily safety check,  
Extended housekeeping,  
Laundry service,  
Pets

Name: Mother of Mercy/Pond View Estates  
Address: 332 & 334 Golf View Drive  
Albany, MN 56307  
Contact Person: Darcy Ruesink  
Phone #: (320) 845-2969  
E-mail: druesink@momcampus.org  
Website: motherofmercymn.org

65 Subsidized  
Units -  
Rent Based  
on Income

Controlled entry,  
Emergency call system,  
Daily safety check,  
Planned activities,  
Handicapped accessible

Congregate noon meal,  
Beauty/barber,  
Housekeeping,  
Laundry service,  
Pets

Name: Golden View  
Address: 135 Dolphin Avenue NE  
Avon, MN 56310  
Contact Person: Steve Hagen  
Phone #: (651) 780-9227  
E-mail: hage2@pro-ns.net

11 Subsidized  
Units - Rent  
Based on Income  
  
5 Market  
Rate Units -  
\$350 - \$460

Pets

Name: Serenity Village  
Address: 113 Serenity Court  
Avon, MN 56310  
Contact Person: Housing Manager  
Phone #: (320) 844-8880  
E-mail: manager@serenityavon.com  
Website: serenityavon.com

23 Market  
Rate Units -  
\$3,750 - \$7,288

Controlled entry,  
Planned activities,  
Daily safety check,  
Three meals daily,  
Emergency call system,  
Home health care,  
Housekeeping,  
Laundry service,  
Handicapped accessible

Beauty/barber

Name: Centennial Court Apartments  
Address: 107 School Street  
Belgrade, MN 56312  
Contact Person: Cheryl Anderson  
Phone #: (320) 254-8215, ext. 105  
E-mail: cheryl.anderson@bnhcc.com

7 Market  
Rate Units -  
\$350 - \$500

Planned activities,  
Emergency call system,  
Light housekeeping,  
Handicapped accessible,  
Pets

Beauty/barber,  
Three meals daily,  
Extended housekeeping

Name: Greene Manor  
Address: 576 Pleasant Avenue  
Belgrade, MN 56312  
Contact Person: Tammy Gehrke  
Phone #: (320) 493-0562  
E-mail: ipm.tg@outlook.com

28 Subsidized  
Units - Rent  
Based on Income

Pets

## STEARNS COUNTY

Monthly  
Rental FeeServices Included  
in RentOn-site Services Available  
at an Extra Charge

Name: Assumption Court  
Address: 615 First Street North  
Cold Spring, MN 56320  
Contact Person: Housing Manager  
Phone #: (320) 348-2350  
E-mail: becker.dustin@assumptionhome.com  
Website: assumptioncommunity.com

59 Market  
Rate Units -  
\$1,125 - \$1,700

Controlled entry,  
Planned activities,  
Emergency call system,  
Transportation to store,  
Handicapped accessible

Home health care,  
Three meals daily,  
Daily safety check,  
Housekeeping,  
Laundry service,  
Beauty/barber,  
Garage,  
Pets

Name: Cottage Court  
Address: 103 12th Avenue South  
Cold Spring, MN 56320  
Contact Person: Don / Mary  
Phone #: (320) 685-3888  
Email: ryan@inhproperties.com  
Website: inhproperties.com

32 Units -  
\$1,030 - \$1,191

Controlled entry,  
Laundry service,  
Handicapped accessible

Garage,  
Pets

Name: Granite Landing  
Address: 103 Main Street  
Cold Spring, MN 56320  
Contact Person: Jeri Bachel  
Phone #: (320) 686-0260  
Email: granitelanding@inhproperties.com  
Website: inhproperties.com

50 Market  
Rate Units -  
\$965 - \$1,470

Controlled entry,  
Planned activities,  
Home health care,  
Garage,  
Handicapped accessible

Pets

Name: John Paul Apartments  
Address: 200 8th Avenue North  
Cold Spring, MN 56320  
Contact Person: Housing Manager  
Phone #: (320) 348-2350  
E-mail: becker.dustin@assumptionhome.com  
Website: assumptioncommunity.com

61 Subsidized  
Units -  
Rent Based  
on Income

Controlled entry,  
Planned activities,  
Emergency call system,  
Transportation to store,  
Handicapped accessible

Home health care,  
Beauty/barber,  
Daily safety check,  
Three meals daily,  
Housekeeping,  
Laundry service,  
Garage,  
Pets

Name: Pinewest I Apartments  
Address: 1104 3rd Street South  
Cold Spring, MN 56320  
Contact Person: Cindy Tomsche  
Phone #: (320) 685-9803  
E-mail: ctsmrrentals@gmail.com  
Website: smrrental.com

42 Subsidized  
Units -  
Rent Based  
on Income

Pets

Garage

Name: Pinewest II / Springhaven  
Address: 308 11-1/2 Avenue South  
Cold Spring, MN 56320  
Contact Person: Cindy Tomsche  
Phone #: (320) 685-9803  
E-mail: ctsmrrentals@gmail.com  
Website: smrrental.com

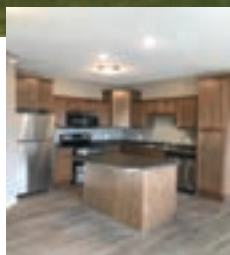
26 Subsidized  
Units -  
Rent Based  
on Income

Controlled entry,  
Handicapped accessible,  
Pets

## STEARNS COUNTY

	Monthly Rental Fee	Services Included in Rent	On-site Services Available at an Extra Charge
<b>Name:</b> Brookview Apartments <b>Address:</b> 150 Coleman Avenue East Eden Valley, MN 55329 <b>Contact Person:</b> Judy Thielen <b>Phone #:</b> (320) 453-4663 <b>E-mail:</b> jjthielen@meltel.net	17 Market Rate Units - \$575 - \$890	Controlled entry, Garage	
<b>Name:</b> Hyatt House Assisted Living, LLC <b>Address:</b> 231 Washington Street Holdingford, MN 56340 <b>Contact Person:</b> Jennifer / Angie <b>Phone #:</b> (320) 746-9902 <b>E-mail:</b> amilhauser.hyathhouse@gmail.com <b>Website:</b> hyathhouseassistedliving.com	12 Market Rate Units - \$4,000 - \$5,000	Three meals daily, Housekeeping, Laundry service, Emergency call system, Daily safety check, Home health care, Planned activities, Transportation to medical appts, Handicapped accessible	Beauty/barber, Pets
<b>Name:</b> Kim Haven Apartments <b>Address:</b> 51 Linden Avenue East Kimball, MN 55353 <b>Contact Person:</b> Keith Woodford <b>Phone #:</b> (320) 398-6118	14 Subsidized Units - Rent Based on Income	Controlled entry, Emergency call system	Pets

### FIRST MONTH FREE WITH A 12-MONTH SIGNED LEASE



## GRANITE LANDING

103 Main Street, Cold Spring, MN 56320

Independent living for 55 and better, a luxury, senior-living complex! This community consist of 50- 1 and 2 bedroom apartments with roll-in showers, full size washer and dryers, decks/balconies in each apartment and multiple amenities including a 2-story community room with loft and a granite fireplace, a fitness center, game room, business center, library and craft room, Wellness Clinic on-site, gazebo, garden areas and FT on-site management! Everything is included in the rent, Electric, Heat, W/S, Trash, Wi-Fi and a reserved space in our underground heated parking garage!

**All Utilities  
Included  
in Rent**

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**STEARNS COUNTY****Monthly  
Rental Fee****Services Included  
in Rent****On-site Services Available  
at an Extra Charge**

Name: Savanna Prairie Assisted Living  
Address: 260 Magnus Johnson Street N  
Kimball, MN 55353  
Contact Person: Carissa Marquart  
Phone #: 320-398-8646  
E-mail: manager@savannaprairie.com  
Website: savannaprairie.com

30 Market  
Rate Units -  
\$2,250 - \$2,500

Controlled entry,  
Planned activities,  
Emergency call system,  
Three meals daily,  
Daily safety check,  
Light housekeeping,  
Handicapped accessible

Home health care,  
Beauty/barber,  
Extended housekeeping,  
Laundry service,  
Transportation to store  
and medical appts

Name: CentraCare-Park View Place  
Address: 125 5th Avenue NW  
Melrose, MN 56352  
Contact Person: Jennifer Olmscheid  
Phone #: (320) 256-1769  
E-mail: jennifer.olmscheid@centracare.com  
Website: centracare.com

60 Market  
Rate Units -  
\$1,229 - \$2,304

Controlled entry,  
Planned activities,  
Emergency call system,  
Daily safety check,  
Congregate noon meal,  
Home health care,  
Light housekeeping,  
Transportation to store,  
Handicapped accessible

Two additional meals,  
Beauty/barber,  
Extended housekeeping,  
Laundry service,  
Garage

Name: Oak Ridge Manor  
Address: 20 9th Avenue NE  
Melrose, MN 56352  
Contact Person: Laura  
Phone #: (320) 256-3630  
E-mail: oakridgemanor@meltel.net  
Website: essenceproperties.com

25 Subsidized  
Units -  
Rent Based  
on Income

Controlled entry,  
Planned activities,  
Emergency call system,  
Handicapped accessible,  
Pets

Name: Rose View Manor  
Address: 16 1st Street SE  
Melrose, MN 56352  
Contact Person: Ernst Kociemba  
Phone #: (320) 256-4600  
E-mail: rvm@meltel.net

30 Subsidized  
Units -  
Rent Based  
on Income

Controlled entry,  
Handicapped accessible

Daily safety check,  
Three meals daily,  
Housekeeping,  
Laundry service,  
Beauty/barber,  
Pets

Name: Tree of Life Assisted Living  
Address: 632 Main Street  
New Munich, MN 56356  
Contact Person: Tina Valerius  
Phone #: (320) 282-4244  
E-mail: treeoflife@albanytel.com  
Website: treeoflifeassistedliving.com

16 Market  
Rate Units -  
\$920

Controlled entry,  
Emergency call system,  
Handicapped accessible

Transportation to store  
and medical appts  
Three meals daily,  
Daily safety check,  
Planned activities,  
Housekeeping  
Laundry service,  
Home health care,  
Beauty/barber

Name: CentraCare-Stearns Place  
Address: 701 Stearns Avenue  
Paynesville, MN 56362  
Contact Person: Angie Gerhardson  
Phone #: (320) 243-7100  
E-mail: angela.gerhardson@centracare.com  
Website: centracare.com

29 Market  
Rate Units -  
\$1,076 - \$1,341

Controlled entry,  
Planned activities,  
Emergency call system,  
Handicapped accessible

Home health care,  
Beauty/barber,  
Three meals daily,  
Laundry service,  
Housekeeping,  
Daily safety check,  
Garage

## STEARNS COUNTY

### Monthly Rental Fee

### Services Included in Rent

### On-site Services Available at an Extra Charge

Name: CentraCare-Washburne Court  
Address: 311 Washburne Avenue  
Paynesville, MN 56362  
Contact Person: Angie Gerhardson  
Phone #: (320) 243-7451  
E-mail: angela.gerhardson@centracare.com  
Website: centracare.com

24 Subsidized  
& Market Rate  
Units -  
\$984 - \$1,479

Planned activities,  
Controlled entry,  
Emergency call system,  
One meal daily,  
Handicapped accessible

Home health care,  
Beauty/barber,  
Two additional meals,  
Housekeeping,  
Laundry service,  
Daily safety check

Name: Evergreen Estates  
Address: 317-325 South Street  
Paynesville, MN 56362  
Contact Person: Donna  
Phone #: (320) 587-2483  
E-mail: karch@hutchtel.net

12 Subsidized  
Units - Rent  
Based on Income

Emergency call system,  
Pets

15 Market  
Rate Units - \$395

Name: Green Wing Estates  
Address: 615 South Street  
Paynesville, MN 56362  
Contact Person: Donna  
Phone #: (320) 587-2483  
E-mail: karch@hutchtel.net

6 Subsidized  
Units - Rent  
Based on Income

Emergency call system,  
Pets

5 Market Rate  
Units - \$400 - \$440

Name: Cherrywood Advanced Living  
Address: 150 Barry Avenue NW  
Richmond, MN 56368  
Contact Person: Wendy Lang  
Phone #: (320) 257-7445  
E-mail: wendylang@cherrywoodal.com  
Website: cherrywoodal.com

20 Market  
Rate Units -  
\$3,850

Emergency call system,  
Planned activities,  
Daily safety check,  
Laundry service,  
Light housekeeping,  
Three meals daily,  
Controlled entry,  
Handicapped accessible

Home health care,  
Beauty/barber,  
Extended housekeeping

Name: Richhaven  
Address: 120 1st Street NE  
Richmond, MN 56368  
Contact Person: Don / Mary  
Phone #: (320) 685-3888  
Email: brittany@inhproperties.com  
Website: inhproperties.com

20 Subsidized  
Units -  
Rent Based  
on Income

Planned activities,  
Emergency call system,  
Handicapped accessible

Pets

Name: John Clark Co-op Housing  
Address: 241 Broadway Street W  
Rockville, MN 56369  
Contact Person: Diane Willenbring  
Phone #: (320) 251-0165  
E-mail: jccoophousing@gmail.com

16 Market  
Rate Units -  
\$780 - \$900

Controlled entry,  
Handicapped accessible

Garage,  
Pets

Name: Arrowsmith & Silvercrest  
Address: 404/406/412 10th Street South  
Sauk Centre, MN 56378  
Contact Person: Jennifer Johnson  
Phone #: (320) 493-6343  
E-mail: jenj1023@gmail.com

21 Subsidized  
Units - Rent  
Based on Income

Controlled entry,  
Handicapped accessible

27 Market Rate  
Units - \$40 - \$600

## STEARNS COUNTY

Monthly  
Rental FeeServices Included  
in RentOn-site Services Available  
at an Extra Charge

Name: CentraCare-Lakeshore Estates  
Address: 501 Lakeshore Drive  
Sauk Centre, MN 56378  
Contact Person: Bob Bearson  
Phone #: (320) 333-2992  
E-mail: bearsonro@centracare.com  
Website: centracare.com

31 Market  
Rate Units -  
\$1,140 - \$1,335

Controlled entry,  
Planned activities,  
Emergency call system,  
Daily safety check,  
Three meals daily,  
Light housekeeping,  
Handicapped accessible

Extended housekeeping,  
Laundry service,  
Home health care,  
Beauty/barber,  
Garage

Name: Fairway Pines Senior Living  
Address: 606 Main Street N  
Sauk Centre, MN 56378  
Contact Person: Jill Niehaus  
Phone #: (320) 351-4900  
E-mail: jill.niehaus@twsl.com  
Website: fairwaypinesseniorliving.com

43 Market  
Rate Units -  
\$3,170 - \$3,870

Controlled entry,  
Emergency call system,  
Planned activities,  
Daily safety check,  
Three meals daily,  
Light housekeeping,  
Transportation to store,  
Handicapped accessible

Home health care,  
Beauty/barber,  
Extended housekeeping,  
Laundry service,  
Garage,  
Pets

Name: Getty Street Assisted Living  
Address: 1214 Getty Street S  
Sauk Centre, MN 56378  
Contact Person: Mary Jo Marthaler  
Phone #: (320) 351-4333  
E-mail: gettystreet@mainstreetcom.com

25 Market  
Rate Units -  
\$2,800 - \$7,350

Emergency call system,  
Daily safety check,  
Three meals daily,  
Housekeeping,  
Laundry service

Beauty/barber,  
Garage

Name: Riverview Manor  
Address: 407 1st Street North  
Sauk Centre, MN 56378  
Contact Person: Julie Sieben  
Phone #: (320) 352-2311  
E-mail: schra028@mainstreetcom.com

40 Subsidized  
Units -  
Rent Based  
on Income

Controlled entry,  
Planned activities

Pets

Name: Sauk Centre Apartments  
Address: 217 9-1/2 Street South  
Sauk Centre, MN 56378  
Contact Person: Sheri Brown  
Phone #: (320) 229-4580  
E-mail: housing@ccstcloud.org  
Website: ccstcloud.org

12 Subsidized  
Units - Rent  
Based on Income

Controlled entry,  
Handicapped accessible

Name: Arlington Place Assisted Living  
Address: 21 16th Avenue SE  
St. Joseph, MN 56374  
Contact Person: Karen Hennessy  
Phone #: (320) 363-1313  
E-mail: karen@arlingtonplacemn.com  
Website: arlingtonplacemn.com

20 Market  
Rate Units -  
\$922 +

Planned activities,  
Three meals daily,  
Emergency call system,  
Daily safety check,  
Light housekeeping,  
Laundry service,  
Handicapped accessible

Home health care,  
Beauty/barber,  
Extended housekeeping

## STEARNS COUNTY

	Monthly Rental Fee	Services Included in Rent	On-site Services Available at an Extra Charge
Name: Mill Stream Village Address: 308 College Circle St. Joseph, MN 56374 Contact Person: Mary Phone #: (320) 363-7656 E-mail: mary@collegeville.biz Website: millstreamvillage.com	8 Market Rate Units - \$1,300 - \$1,700	Controlled entry	Garage, Pets
Name: Serenity Place on 7th Address: 329 7th Avenue SE St. Joseph, MN 56374 Contact Person: Matt Imdieke Phone #: (320) 406-7650 E-mail: matt.imdieke@serenityon7.com Website: serenityon7.com	47 Market Rate Units - \$922	Controlled entry, Emergency call system, Home health care, Three meals daily, Daily safety check, Planned activities, Light housekeeping, Laundry service, Handicapped accessible	Extended housekeeping, Garage
Name: St. Joseph Apartments Address: 410 West Minnesota Street St. Joseph, MN 56374 Contact Person: Sheri Brown Phone #: (320) 229-4580 E-mail: housing@ccstcloud.org Website: ccstcloud.org	16 Subsidized Units - Rent Based on Income	Controlled entry, Handicapped accessible	
Name: Woodcrest of Country Manor Address: 1200 Lanigan Way SW St. Joseph, MN 56374 Contact Person: Gail Rucks Phone #: (320) 271-1200 E-mail: grucks@countrymanor.org Website: woodcrestofcountrymanor.org	60 Market Rate Units - \$2,200 - \$3,350  24 Memory Care Units - \$3,760 - \$4,220	Controlled entry, Daily safety check, Planned activities, Light housekeeping, Transportation to store, Garage, Handicapped accessible	Three meals daily, Emergency call system, Home health care, Beauty/Barber, Extended housekeeping, Laundry service, Transportation to medical appts, Pets



**1-800-333-2433**

**MINNESOTA'S LINK TO A  
LOCAL AGING EXPERT**

**Faith Community Nursing (FCN)** is provided by registered nurses to people of all ages during times of health care challenges and life transitions. FCN focuses on the care of the spirit to promote wholistic health.

To learn more, to find a FCN by denomination or city, visit [centracare.com](http://centracare.com) and search "Faith Community Nursing," or call **320-251-2700, ext. 54621** with questions.



**Faith Community  
Nurse Partnership**  
OF CENTRAL MINNESOTA



## TODD COUNTY

Monthly  
Rental FeeServices Included  
in RentOn-site Services Available  
at an Extra Charge

Name: Bertha Manor Apartments

Address: 201 2nd Avenue NE

Bertha, MN 56437

Contact Person: Housing Manager

Phone #: (952) 935-0359, ext. 109

E-mail: info@cepcomanagement.com

Website: cepcomanagement.com

11 Subsidized  
Units - Rent  
Based on Income

Handicapped accessible

Pets

Name: Horizon Manor

Address: 210 2nd Avenue NE

Bertha, MN 56437

Contact: Amy Mann

Phone #: (218) 414-0080

16 Subsidized  
Units -  
Rent Based  
on IncomeControlled entry,  
Handicapped accessible

Name: Jagush Apartments

Address: 230 West 4th Street

Browerville, MN 56438

Contact Person: George Jagush

Phone #: (320) 760-4615

7 Market Rate  
Units - \$520 - \$560

Garage

7 Subsidized  
Units - Rent  
Based on Income

Name: Sunrose Courts

Address: 300 Linden Avenue S

Browerville, MN 56438

Contact Person: Kim Wallace

Phone #: (320) 594-6388

E-mail: toddcountyhra@yahoo.com

18 Subsidized  
Units -  
Rent Based  
on Income

Controlled entry

Pets

Name: Care Center Apartments

Address: 405 East Hwy 71 N

Clarissa, MN 56440

Contact Person: Jason Polovick

Phone #: (218) 756-3636

E-mail: jpolovick@ctcccinc.com

Website: clarissacarecenter.org

5 Market  
Rate Units -  
\$950Controlled entry,  
Planned activities,  
Emergency call system,  
Housekeeping  
Laundry service,  
Handicapped accessibleHome health care,  
Three meals daily,  
Daily safety check,  
Beauty/barber,  
Garage

Name: Clarissa Manor

Address: 101 3rd Street

Clarissa, MN 56440

Contact Person: Jason Polovick

Phone #: (218) 756-3636, ext. 11

E-mail: jpolovick@ctcccinc.com

8 Subsidized  
Units -  
Rent Based  
on Income

Pets

Name: Colonial Terrace Apartments

Address: 407 E Hwy. 71 North

Clarissa, MN 56440

Contact Person: Jason Polovick

Phone #: (218) 756-3636

E-mail: jpolovick@ctcccinc.com

Website: clarissacarecenter.org

11 Market  
Rate Units -  
\$875 - \$950Controlled entry,  
Planned activities,  
Emergency call system,  
Handicapped accessibleHome health care,  
Three meals daily,  
Daily safety check,  
Beauty/barber,  
Housekeeping,  
Laundry service,  
Garage,  
Pets

## TODD COUNTY

### Monthly Rental Fee

### Services Included in Rent

### On-site Services Available at an Extra Charge

Name: Heritage Place  
Address: 204 Ann Avenue W  
Clarissa, MN 56440  
Contact Person: Diane Marquardt  
Phone #: (218) 756-2462  
E-mail: heritagplace@thiestalle.com

17 Subsidized  
Units -  
Rent Based  
on Income

Planned activities,  
Handicapped accessible

Garage

Name: Greenleaf Apartments  
Address: 222 1st Avenue NE  
Eagle Bend, MN 56446  
Contact Person: Joan  
Phone #: (320) 269-6640, ext. 23  
E-mail: office@vanbllc.com  
Website: vanbllc.com

10 Market  
Rate Units -  
\$525 - \$685

Controlled entry,  
Emergency call system,  
Handicapped accessible,  
Pets

Name: Village View  
Grey Eagle Housing Association  
Address: 303 Cedar Street North  
Grey Eagle, MN 56336  
Contact Person: Margaret Newberg  
Phone #: (320) 285-3973  
E-mail: cedar@meltel.net

24 Subsidized  
Units - Rent  
Rent Based  
on Income

Controlled entry

Garage,  
Pets

Name: CentraCare-Meadow Place  
Address: 220 CentraCare Drive  
Long Prairie, MN 56347  
Contact Person: Cathy England  
Phone #: (320) 732-7315  
E-mail: cathy.england@centracare.com  
Website: centracare.com

40 Market  
Rate Units -  
\$3,290 - \$4,640

Controlled entry,  
Planned activities,  
Home health care,  
Emergency call system,  
Three meals daily,  
Daily safety check,  
Light housekeeping,  
Beauty/barber,  
Handicapped accessible

Extended housekeeping,  
Laundry service

Name: Harmony Apartments  
Address: 410 4th Avenue S  
Long Prairie, MN 56347  
Contact Person: Renee Kreemer  
Phone #: (320) 732-6940  
E-mail: harmonyapts@uch.com

47 Subsidized  
Units -  
Rent Based  
on Income

Controlled entry,  
Planned activities,  
Emergency call system,  
Handicapped accessible

Pets

Name: Prairie View Manor  
Address: 601 Central Avenue  
Long Prairie, MN 56347  
Contact Person: Kim Wallace  
Phone #: (320) 732-2801  
E-mail: longphra@rea-alp.com

40 Subsidized  
Units -  
Rent Based  
on Income

Controlled entry,  
Beauty/barber

Pets

Name: Reichert Place  
Address: 310 Central Avenue  
Long Prairie, MN 56347  
Contact Person: Jennifer  
Phone #: (320) 258-0670

17 Market  
Rate Units -  
\$405 - \$535

Controlled entry,  
Handicapped accessible,  
Pets

## TODD COUNTY

	Monthly Rental Fee	Services Included in Rent	On-site Services Available at an Extra Charge
Name: Valley View Estates Assisted Living Address: 1104 4th Avenue NE Long Prairie, MN 56347 Contact Person: Mary Dvorak Phone #: (320) 732-3516 E-mail: marydvorak6@gmail.com Website: valleyviewassistedliving.com	32 Market Rate Units - \$2,270 - \$3,625	Controlled entry, Emergency call system, Planned activities, Three meals daily, Daily safety check, Light housekeeping, Laundry service, Transportation to store and medical appts, Handicapped accessible	Beauty/barber, Extended housekeeping, Home health care
Name: A Daughter's Love Suites Address: 510-512-514 4th Street NE Staples, MN 56479 Contact Person: Christine Tollefson Phone #: (218) 296-2090 E-mail: адаughterslovex5@gmail.com Website: daughterslove.com	10 Market Rate Units - \$922 - \$2,150	Controlled entry, Emergency call system, Planned activities, Handicapped accessible	Home health care, Beauty/barber, Three meals daily, Daily safety check, Housekeeping, Laundry service, Transportation to store and medical appts
Name: Lakewood Manor Address: 222 5th Street NE Staples, MN 56479 Contact Person: Bonnie Johnson Phone #: (218) 894-2124 E-mail: bonniejohnson@lakewoodhealthsystem.com Website: lakewoodhealthsystem.com	25 Market Rate Units - \$960 - \$1,320	Controlled entry, Planned activities, Daily safety check, Transportation to local medical appts	Home health care, Beauty/barber, Three meals daily, Housekeeping, Laundry service, Emergency call system, Pets
Name: Lakewood Pines Address: 1702 Airport Road Staples, MN 56479 Contact Person: Bonnie or Kari Phone #: (218) 894-4460 Website: lakewoodhealthsystem.com	41 Market Rate Units - \$900 - \$1,250	Controlled entry, Planned activities, Daily safety check, Transportation to medical appts, Emergency call system, Handicapped accessible	Home health care, Beauty/barber, Three meals daily, Housekeeping, Laundry service, Garage
Name: Staples Hi-Rise Address: 615 4th Street NE Staples, MN 56479 Contact Person: Bobbi Phone #: (218) 894-2301	60 Subsidized Units - Rent Based on Income	Controlled entry, Handicapped accessible	Garage, Pets

### Application and Forms Assistance

Senior LinkAge Line® experts and volunteers can help you fill out different types of applications and forms needed to apply for programs, such as: Elderly Waiver, Food Support, Medicaid, etc.  
 Call the Senior LinkAge Line® at 1-800-333-2433 for assistance.

## WADENA COUNTY

### Monthly Rental Fee

### Services Included in Rent

### On-site Services Available at an Extra Charge

Name: Pine Villa Apartments  
Address: 323 1st Street NE  
Menahga, MN 56464  
Contact Person: Amanda Parteka  
Phone #: (218) 847-5641  
E-mail: [aparteka@mmcdc.com](mailto:aparteka@mmcdc.com)  
Website: [mmcdc.com](http://mmcdc.com)

30 Subsidized  
Units -  
Rent Based  
on Income

Handicapped accessible

Pets

Name: Rose Haven Assisted Living  
Address: 37 6th Street SE  
Menahga, MN 56464  
Contact Person: Edwin Heltunen  
Phone #: (218) 564-4268  
E-mail: [eheltunen@gmail.com](mailto:eheltunen@gmail.com)  
Website: [rosehavenliving.com](http://rosehavenliving.com)

13 Market  
Rate Units -  
\$2,100 - \$5,500

Planned activities,  
Home health care,  
Emergency call system,  
Three meals daily,  
Daily safety check,  
Housekeeping,  
Laundry service,  
Transportation to store  
and local medical appts,  
Handicapped accessible

Beauty/barber

## Gratitude

A hallmark of stress management, and positive psychology, gratitude practices have been shown to have beneficial effects on our health. Make a regular practice of listing things for which you are grateful. This may be a challenge, but it is exactly that challenge which makes this so important. It is far too easy to slide into fear, anger, blame and injustice - all of which increase our anxiety and stress responses. Making the choice to note those things in our lives for which we are grateful is critical.

The research suggests that this practice is most effective if done two to three times per week, rather than daily. However, it might be that an initial daily dose is needed to jump start your practice.

(Article reprinted with permission from the Brainerd Post Dispatch.)



## Moving in the right direction

Your body was made to move. But sometimes, it doesn't work as it should, causing you pain and limited movement. Ben Robertson, M.D., and his Tri Orthopedics team of experts understand that this can deeply affect your quality of life. Specializing in the treatment and diagnosis of bone, joint and muscle disorders in people of all ages, they are eager to help you get back to doing the things you love.

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- ACL reconstruction
- Arthroscopy procedures
- Treatment of repetitive use and sports-related injuries

For more information or to schedule an appointment, call 218-631-3510.

[TCHC.org/ortho](http://TCHC.org/ortho)



 **Tri-County Health Care**  
415 Jefferson St. N. Wadena

## WADENA COUNTY

Monthly  
Rental FeeServices Included  
in RentOn-site Services Available  
at an Extra Charge

Name: Woodside Manor  
Address: 501 Main Street NE  
Menahga, MN 56464  
Contact Person: Alisha Hendrickson  
Phone #: (218) 564-4101  
E-mail: alishahendrickson@wcta.net  
Website: greenwoodconnections.com

37 Market  
Rate Units -  
\$930 - \$1,095

Planned activities,  
Emergency call system,  
Transportation to store

Home health care,  
Three meals daily,  
Daily safety check,  
Housekeeping,  
Laundry service,  
Beauty/barber,  
Garage

Name: Providence Villa  
Address: 200 Minnesota Avenue E  
Sebeka, MN 56477  
Contact Person: Miriam Dozier  
Phone #: (218) 837-9162  
Email: providence@wcta.net

16 Market  
Rate Units -  
\$1,250 - \$1,300

Emergency call system,  
Daily safety check,  
Planned activities,  
Two meals daily,  
Light housekeeping,  
Laundry service,  
Handicapped accessible

Home health care,  
One additional meal,  
Extended housekeeping,  
Transportation to store  
and medical appts,  
Beauty/barber

Name: Serenity Living Solutions  
Address: 1005 Wells Avenue W  
Sebeka, MN 56477  
Contact Person: Becky Palmer  
Phone #: (218) 837-6406  
E-mail: sebekamanager@serenitylivingsolutions.com  
Website: serenitylivingsolutions.com

13 Market  
Rate Units -  
\$2,220

Controlled entry,  
Planned activities,  
Emergency call system,  
Three meals daily,  
Housekeeping,  
Laundry service,  
Home health care,  
Daily safety check,  
Handicapped accessible

Beauty/barber

Name: Staples Square Apartments  
Address: 205 Airview Drive NE  
Staples, MN 56479  
Contact Person: Tanya Nelson  
Phone #: (218) 820-3503  
Email: staplessquare@gmail.com  
Website: cepcomangement.com

12 Subsidized  
Units -  
Rent Based  
on Income  
\$0 - \$840

Garage,  
Handicapped accessible

Name: Village Green  
Address: 101 SW Thompson Street  
Verndale, MN 56481  
Contact Person: Joan  
Phone #: (320) 269-6640  
E-mail: applications@vanbllc.com  
Website: vanbllc.com

9 Subsidized  
Units -  
Rent Based  
on Income

Pets

## File of Life

The File of Life is a red plastic envelope in which you place important medical information such as your medications and medical history. This information will assist emergency response personnel to understand your medical history, medications, allergies, and other related information during an emergency situation.

Call Senior LinkAge Line® for a free copy of the File of Life at 1-800-333-2433 or e-mail [brenda.eldred@cmcoa.org](mailto:brenda.eldred@cmcoa.org).

## WADENA COUNTY

### Monthly Rental Fee

### Services Included in Rent

### On-site Services Available at an Extra Charge

Name: Comfort Care Cottages  
Address: 1232 Jefferson Street S  
Wadena, MN 56482  
Contact Person: Adrian Erickson  
Phone #: (218) 631-4873  
E-mail: [adrian@arvig.net](mailto:adrian@arvig.net)  
Website: [comfortcarecottages.org](http://comfortcarecottages.org)

21 Market  
Rate Units -  
\$922

Home health care,  
Planned activities,  
Daily safety check,  
Three meals daily,  
Beauty/barber,  
Housekeeping,  
Laundry service,  
Emergency call system,  
Transportation to store  
and medical appts,  
Handicapped accessible,  
Pets

Additional planned activities

Name: Commercial Apartments  
Address: 218 South Jefferson Street  
Wadena, MN 56482  
Contact Person: Wadena HRA  
Phone #: (218) 631-7723  
E-mail: [housing@wadenahra.com](mailto:housing@wadenahra.com)  
Website: [wadenahousing.org](http://wadenahousing.org)

16 Market  
Rate Units -  
\$475 - \$515

Controlled entry

Laundry service,  
Garage

Name: Fair Oaks Apartments  
Address: 131 Shady Lane Drive  
Wadena, MN 56482  
Contact Person: Wadena HRA  
Phone #: (218) 631-7723  
E-mail: [housing@wadenahra.com](mailto:housing@wadenahra.com)  
Website: [wadenahousing.org](http://wadenahousing.org)

32 Market  
Rate Units -  
\$715 - \$785

Controlled entry,  
Planned activities  
Laundry service,  
Handicapped accessible

Name: Humphrey Manor  
Address: 311 3rd Street SE  
Wadena, MN 56482  
Contact Person: Wadena HRA  
Phone #: (218) 631-7723  
E-mail: [housing@wadenahra.com](mailto:housing@wadenahra.com)  
Website: [wadenahousing.org](http://wadenahousing.org)

120 Subsidized  
Units -  
Rent Based  
on Income

Controlled entry,  
Planned activities,  
Handicapped accessible,  
Pets

Congregate noon meal,  
Beauty/barber,  
Laundry service,  
Garage

Name: The Meadows of Wadena  
Address: 110 Hemlock Avenue NW  
Wadena, MN 56482  
Contact Person: Tami Mench  
Phone #: (218) 632-3610  
E-mail: [director@meadowsofwadena.org](mailto:director@meadowsofwadena.org)  
Website: [meadowsofwadena.org](http://meadowsofwadena.org)

10 Memory Care  
& 37 Market  
Rate Units -  
\$3,100 - \$3,900

Controlled entry,  
Emergency call system,  
Three meals daily,  
Daily safety check,  
Planned activities,  
Housekeeping,  
Laundry service,  
Handicapped accessible

Beauty/barber

**WRIGHT COUNTY****Monthly  
Rental Fee****Services Included  
in Rent****On-site Services Available  
at an Extra Charge**

Name: Cottages of Albertville  
 Address: 5580 Kalland Avenue NE  
 Albertville, MN 55301  
 Contact Person: Terry  
 Phone #: (763) 324-0163

Name: Guardian Angels Engel Haus  
 Address: 5101 Kassel Avenue NE  
 Albertville, MN 55301  
 Contact Person: Jay-Jay Chan  
 Phone #: (763) 498-4594  
 E-mail: jchan@ga-er.org  
 Website: guardianangelsmn.org

63 Market  
 Rate Units -  
 \$2,600 - \$3,905

Controlled entry,  
 Emergency call system,  
 Daily safety check,  
 Planned activities,  
 Three meals daily,  
 Handicapped accessible

Home health care,  
 Beauty/barber,  
 Housekeeping,  
 Laundry service,  
 Pets

Name: Annandale Square II Apts  
 Address: 321 Knollwood Street W  
 Annandale, MN 55302  
 Contact Person: Danielle Gilly  
 Phone #: (320) 274-5206  
 E-mail: dgillycepcomanagement@gmail.com  
 Website: cepcomanagement.com

15 Subsidized  
 Units - Rent  
 Based on Income  
 \$0 - \$665

Handicapped accessible

Name: Centennial Villa  
 Address: 600 Park Street East  
 Annandale, MN 55302  
 Contact Person: Debbie Flygare  
 Phone #: (320) 274-5031  
 E-mail: deb.flygare@ahcsmn.org  
 Website: annandalecarecenter.org

22 Market  
 Rate Units -  
 \$1,030 - \$1,244

Controlled entry,  
 Planned activities,  
 Emergency call system,  
 Light housekeeping,  
 Handicapped accessible

Home health care,  
 Three meals daily,  
 Beauty/barber,  
 Extended housekeeping

Name: Centennial Villa Assisted Living  
 Address: 660 Park Street East  
 Annandale, MN 55302  
 Contact Person: Debbie Flygare  
 Phone #: (320) 274-5031  
 E-mail: deb.flygare@ahcsmn.org  
 Website: annandalecarecenter.org

26 Market  
 Rate Units -  
 \$2,781 - \$3,141

Controlled entry,  
 Planned activities,  
 Three meals daily,  
 Emergency call system,  
 Daily safety check,  
 Light housekeeping,  
 Laundry service,  
 Handicapped accessible

Home health care,  
 Beauty/barber,  
 Extended housekeeping

Name: Centennial Villa Assisted Living  
 & Memory Care  
 Address: 500 & 660 Park Street East  
 Annandale, MN 55302  
 Contact Person: Debbie Flygare  
 Phone #: (320) 274-5031  
 E-mail: deb.flygare@ahcsmn.org  
 Website: annandalecarecenter.org

31 Market  
 Rate Units -  
 \$4,773 - \$6,394 +

Controlled entry,  
 Planned activities,  
 Emergency call system,  
 Three meals daily,  
 Daily safety check,  
 Light housekeeping,  
 Laundry service,  
 Home health care,  
 Handicapped accessible

Additional home health care,  
 Beauty/barber,  
 Extended housekeeping

## WRIGHT COUNTY

### Monthly Rental Fee

### Services Included in Rent

### On-site Services Available at an Extra Charge

Name: Cottages of Annandale  
Address: 108 Ash Street West  
Annandale, MN 55302  
Contact Person: Joanne  
Phone #: (320) 274-2818

36 Subsidized  
Units -  
Rent Based  
on Income

Controlled entry,  
Planned activities,  
Emergency call system,  
Handicapped accessible

Pets

Name: Goldendale Homes  
Address: 400 Park Street East  
Annandale, MN 55302  
Contact Person: Brianne DeLong  
Phone #: (320) 274-5871  
E-mail: brianne.delong@commonbond.org  
Website: goldendale.commonbond.org

20 Subsidized  
Units - Rent  
Based on Income

Controlled entry,  
Planned activities,  
Handicapped accessible

4 Market  
Rate Units -  
\$500 - \$544

Name: Knollwood Square  
Address: 421 Knollwood Street W  
Annandale, MN 55302  
Contact Person: Danielle Gilley  
Phone #: (320) 274-5206  
E-mail: dgilleycepcomanagement@gmail.com  
Website: cepcomanagement.com

15 Subsidized  
Units - Rent  
Based on Income

Handicapped accessible

17 Market  
Rate Units -  
\$0 - \$792

Name: Oakdale Apartments  
Address: 200 Oakdale Circle  
Annandale, MN 55302  
Contact Person: Tammy Gehrke  
Phone #: (320) 493-0562  
E-mail: ipm.tg@outlook.com

12 Subsidized  
Units - Rent  
Based on Income

Pets

4 Market Rate  
Units - \$495 - \$640

Name: Barrington  
Address: 103 14th Street NE  
Buffalo, MN 55313  
Contact Person: Allison Bakken  
Phone #: (763) 295-5804  
E-mail: barrington@thiestalle.com  
Website: thiestalle.com

15 Subsidized  
Units - Rent  
Based on Income

Controlled entry,  
Emergency call system,  
Planned activities,  
Handicapped accessible

5 Market  
Rate Units -  
\$740 - \$915



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- Hospice
- Independent Living
- Assisted Living
- Memory Care

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~Lymphedema



**(320) 274-3737**

**WRIGHT COUNTY****Monthly  
Rental Fee****Services Included  
in Rent****On-site Services Available  
at an Extra Charge**

Name: Lake Ridge Assisted Living Address: 310 Lake Blvd. South Buffalo, MN 55313 Contact Person: Kasey Laney Phone #: (763) 404-4648 E-mail: kasey.laney@cassialife.org Website: lakeridgemanor.org	27 Market Rate Units - \$2,790 - \$3,390	Controlled entry, Planned activities, Emergency call system, Three meals daily, Light housekeeping, Laundry service, Handicapped accessible	Daily safety check, Beauty/barber, Extended housekeeping
Name: Lakeside Apartments Address: 404 Catlin Street Buffalo, MN 55313 Contact Person: Amanda Leaf Phone #: (763) 682-2485 E-mail: lakeside@hornigcompanies.com Website: hornigapts.com	37 Market Rate Units - \$475 - \$630	Controlled entry	
Name: Park Terrace Assisted Living & Memory Care Address: 613 Montrose Blvd. Buffalo, MN 55313 Contact Person: Jill Pingel Phone #: (763) 951-7859 E-mail: jill.pingel@cassialife.org	46 Market Rate Units - \$3,465 +	Emergency call system, Planned activities, Three meals daily, Daily safety check, Light housekeeping, Laundry service, Transportation to store, Handicapped accessible	Beauty/barber, Home health care, Extended housekeeping, Additional laundry service, Pets
Name: The Glenn Buffalo Assisted Living Address: 201 1st Street NE Buffalo, MN 55313 Contact Person: Tammie Graupmann Phone #: (763) 682-5489 E-mail: tgraupmann@gentletouchhealth.com Website: theglennbuffalo.com	67 Market Rate Units - \$1,830 - \$3,534	Emergency call system, Planned activities, Daily safety check, Three meals daily, Light housekeeping, Laundry service, Home health care, Beauty/barber, Transportation to store, Handicapped accessible	Extended housekeeping, Pets
Name: The Glenn Buffalo Memory Care Address: 407 8th Street NW Buffalo, MN 55313 Contact Person: Tammie Graupmann Phone #: (763) 682-5489 E-mail: tgraupmann@gentletouchhealth.com Website: theglennbuffalo.com	48 Market Rate Units - \$3,585 - \$5,502	Controlled entry, Planned activities, Home health care, Three meals daily, Daily safety check, Beauty/barber, Housekeeping, Laundry service, Handicapped accessible	
Name: Village Place Apartments Address: 119 1st Avenue NE Buffalo, MN 55313 Contact Person: Ronald Uecker Phone #: (763) 682-4128	48 Market Rate Units - \$746 - \$1,050	Controlled entry, Planned activities	Garage, Pets

## WRIGHT COUNTY

### Monthly Rental Fee

### Services Included in Rent

### On-site Services Available at an Extra Charge

Name: Woodmere Apartments  
Address: 33 NE 2nd Street  
Buffalo, MN 55313  
Contact Person: Kim Johnson  
Phone #: (763) 682-3240  
E-mail: kjohnson@lloydmanagementinc.com  
Website: lloydmanagementinc.com

54 Subsidized  
Units -  
Rent Based  
on Income

Controlled entry,  
Emergency call system,  
Daily safety check,  
Pets

Name: Brookridge Assisted Living  
Address: 180 Sunset Avenue NW  
Cokato, MN 55321  
Contact Person: Jessica Fudali  
Phone #: (320) 286-3196  
E-mail: jfudali@cokatoseniorcare.com  
Website: cokatoseniorcare.com

16 Market  
Rate Units -  
\$1,015 - \$1,265

Controlled entry,  
Planned activities,  
Handicapped accessible

Home health care,  
Emergency call system,  
Three meals daily,  
Daily safety check,  
Beauty/barber,  
Additional planned activities,  
Housekeeping,  
Laundry service

Name: Cokato Apartments I  
Address: 440 2nd Street NW  
Cokato, MN 55321  
Contact Person: Bonnie Nylin  
Phone #: (320) 286-2758  
E-mail: cokapts@embarqmail.com  
Website: smrrental.com

40 Subsidized  
Units -  
Rent Based  
on Income  
\$554 - \$622

Controlled entry,  
Planned activities,  
Handicapped accessible

Congregate noon meal

Name: Cokato Apartments II  
Address: 187 Sunset Avenue NW  
Cokato, MN 55321  
Contact Person: Bonnie Nylin  
Phone #: (320) 286-2758  
E-mail: cokapts@embarqmail.com  
Website: smrrental.com

14 Subsidized  
& Market Rate  
Units -  
\$595 - \$630

Controlled entry,  
Handicapped accessible

Name: Cokato Apartments IV  
Address: 145 Broadway Avenue S  
Cokato, MN 55321  
Contact Person: Bonnie Nylin  
Phone #: (320) 286-2758  
E-mail: cokapts@embarqmail.com  
Website: smrrental.com

15 Subsidized  
& Market Rate  
Units -  
\$605 - \$675

Controlled entry

Name: Edgewood Gables  
Address: 600 3rd Street SE  
Cokato, MN 55321  
Contact Person: Jessica Fudali  
Phone #: (320) 286-2159  
E-mail: jfudali@cokatoseniorcare.com  
Website: cokatoseniorcare.com

30 Market  
Rate Units -  
\$1,060 - \$1,295

Planned activities

Home health care,  
Three meals daily,  
Emergency call system,  
Beauty/barber,  
Housekeeping,  
Laundry service,  
Daily safety check,  
Garage

**WRIGHT COUNTY****Monthly  
Rental Fee****Services Included  
in Rent****On-site Services Available  
at an Extra Charge**

Name: Heritage Place Memory Care  
 Address: 182 Sunset Avenue NW  
 Cokato, MN 55321  
 Contact Person: Jessica Fudali  
 Phone #: (320) 286-3118  
 E-mail: jfudali@cokatoseniorcare.com  
 Website: cokatoseniorcare.com

10 Market  
 Rate Units -  
 \$5,627

Controlled entry,  
 Planned activities,  
 Daily safety check,  
 Three meals daily,  
 Home health care,  
 Beauty/barber,  
 Housekeeping,  
 Laundry service,  
 Handicapped accessible

Name: Crow River Villa  
 Address: 125 5th Street South  
 Delano, MN 55328  
 Contact Person: Tammy Weber  
 Phone #: (763) 972-2945  
 E-mail: tweber@delano.mn.us  
 Website: delano.mn.us/services/housing

30 Subsidized  
 Units -  
 Rent Based  
 on Income

Controlled entry,  
 Emergency call system,  
 Handicapped accessible,  
 Pets

Name: Delano Commons Senior Housing  
 Address: 1460 St. Peter Avenue  
 Delano, MN 55328  
 Contact Person: Brianne DeLong  
 Phone #: (763) 972-2930  
 Email: brianne.delong@commonbond.org  
 Website: delanocommons.commonbond.org

29 Subsidized  
 Units - Rent  
 Based on Income  
  
 1 Market Rate  
 Unit - \$524

Controlled entry,  
 Planned activities,  
 Handicapped accessible

Pets

Name: The Legacy of Delano  
 Address: 1350 St. Peter Avenue E  
 Delano MN 55328  
 Contact Person: Bridget Raehsler  
 Phone #: (763) 972-2333  
 E-mail: bridget.raehsler@twsl.com  
 Website: legacyofdelano.com

51 Market  
 Rate Units -  
 \$3,250 - \$4,475

Controlled entry,  
 Planned activities,  
 Emergency call system,  
 Daily safety check,  
 Three meals daily,  
 Light housekeeping,  
 Laundry service,  
 Handicapped accessible

Home health care,  
 Beauty/barber,  
 Extended housekeeping,  
 Pets

Name: Ridge Manor Apartments  
 Address: 129 5th Street South  
 Delano, MN 55328  
 Contact Person: Michele Stevens  
 Phone #: (763) 274-2700  
 E-mail: elkridgemanor@thiestalle.com  
 Website: thiestalle.com

16 Subsidized  
 & Market Rate  
 Units -  
 \$580 - \$745

Controlled entry,  
 Emergency call system,  
 Handicapped accessible

Pets

Name: Heritage Square-Good Samaritan  
 Address: 1111 7th Street  
 Howard Lake, MN 55349  
 Contact Person: Manager  
 Phone #: (320) 543-3331  
 Website: good-sam.com/heritagesquare

24 Units -  
 \$600 +

Controlled entry,  
 Emergency call system,  
 Handicapped accessible

Garage

## WRIGHT COUNTY

### Monthly Rental Fee

### Services Included in Rent

### On-site Services Available at an Extra Charge

Name: The Lodge of Howard Lake  
Address: 445 1st Street East  
Howard Lake, MN 55349  
Contact Person: Karla Davis  
Phone #: (320) 543-1010  
E-mail: kdavis27@good-sam.com

5 Subsidized  
Units - Rent  
Based on Income  
  
13 Market  
Rate Units -  
\$3,147

Planned activities,  
Light housekeeping,  
Three meals daily,  
Daily safety check,  
Emergency call system,  
Laundry service,  
Controlled entry,  
Handicapped accessible

Home health care,  
Beauty/barber,  
Extended housekeeping

Name: Shoreline Commons  
Address: 790 Shoreline Drive  
Howard Lake, MN 55349  
Contact Person: Housing Manager  
Phone #: (320) 543-2663  
Email: shoreline@cmhp.net  
Website: cmhp.net

24 Market  
Rate Units -  
\$632 - \$722

Controlled entry

Garage

Name: Maple Manor Apartments  
Address: 333 West 2nd Street  
Maple Lake, MN 55358  
Contact Person: Cathy Elfstrand  
Phone #: (320) 963-5283  
E-mail: mplmanor@gmail.com

33 Subsidized  
Units - Rent  
Based on Income  
  
29 Market Rate  
Units - \$405 - \$505

Emergency call system,  
Handicapped accessible,  
Pets

Beauty/barber,  
Congregate noon meal

## Help is Closer Than You Think

Are you an older adult looking for information on caregiver support, financial assistance transportation, legal services, meals or health insurance counseling? Are you a family member that has questions about how to help your mom, dad or grandparent stay in their home? Are you a neighbor that wants to help someone access the services that will keep a friend near you? If you are, then call the Senior LinkAge Line® at 1-800-333-2433. The Senior LinkAge Line® will connect you to the information you need.

The Senior LinkAge Line® service is provided by six Area Agencies on Aging that cover all 87 counties of Minnesota and helps connect you to local services. The Senior LinkAge Line® is a free statewide telephone information and assistance service which makes it easy for older adults and their families to locate community services and is a service provided by the Minnesota Board on Aging and the Minnesota Area Agencies on Aging. With an emphasis on

ease of access to services, Area Agencies are working to make communities better places to grow old. As the number of elderly increase and their needs change, the Area Agencies also ensure that the community remains responsive to their needs.

Recognizing the growing trends of the older Minnesota population and the complexity of needs, a more formalized, easily accessible, information system was developed and implemented. The system is called the Senior LinkAge Line®. In existence since 1995, Senior LinkAge Line® continues to enrich the lives of older Minnesotans and family members by linking them to the services they need in their community.

With a single call, you can find particular services near you or get help evaluating your situation to determine what kind of service might be helpful. Don't know what to ask? Don't know what's available? We can help. Some-

times it's hard to sort through a situation. By calling the Senior LinkAge Line® you can talk to a specialist who can help you assess your situation and introduce you to the resources available in your own community. You examine the options. You make the choices.

Need help so a senior can stay at home? Use the Senior LinkAge Line® to access local services through our long-term care options counseling. We can assist in getting access to the services you need to remain independent in your own home.

We can help you find home care provider services, home delivered meals, health insurance counseling, transportation, free or low-cost legal services, help paying for your prescription drugs, and more.

Don't wait to call. The Senior LinkAge Line® is answered from 8:00 a.m. to 4:30 p.m. weekdays.

**WRIGHT COUNTY****Monthly  
Rental Fee****Services Included  
in Rent****On-site Services Available  
at an Extra Charge**

Name: Broadway Square  
Address: 243 West Broadway  
Monticello, MN 55362  
Contact Person: Justine Lamont  
Phone #: (763) 263-1955  
E-mail: jlamont@metroplains.com  
Website: metroplains.com

28 Subsidized  
Units -  
Rent Based  
on Income

Controlled entry,  
Emergency call system,  
Handicapped accessible,  
Pets

Name: Cedar Crest Apartments  
Address: 406 Cedar Street  
Monticello, MN 55362  
Contact Person: Mary Johnson  
Phone #: (763) 295-4242  
Website: bergstad.com

38 Subsidized  
Units -  
Rent Based  
on Income

Controlled entry,  
Handicapped accessible

Pets

Name: CentraCare-Benedict Court  
(St. Benedict's Community)  
Address: 1301 East 7th Street  
Monticello, MN 55362  
Contact Person: Briana Ross  
Phone #: (763) 295-4051  
E-mail: info@centracare.com  
Website: centracare.com

91 Market  
Rate Units -  
\$2,261 - \$5,144

Controlled entry,  
Planned activities,  
Three meals daily,  
Daily safety check,  
Emergency call system,  
Transportation to store,  
Handicapped accessible

Home health care,  
Beauty/barber,  
Laundry service,  
Housekeeping,  
Garage

Name: CentraCare-Benedict Village  
(St. Benedict's Community)  
Address: 1305 East 7th Street  
Monticello, MN 55362  
Contact Person: Briana/Kim  
Phone #: (763) 295-4051  
E-mail: info@centracare.com  
Website: centracare.com

59 Market  
Rate Units -  
\$1,062 - \$2,225

Controlled entry,  
Planned activities,  
Daily safety check,  
Transportation to store,  
Emergency call system,  
Handicapped accessible

Congregate noon meal,  
Beauty/barber,  
Home health care,  
Housekeeping,  
Laundry service,  
Garage

Name: Mississippi Shores  
Address: 1213 Hart Blvd.  
Monticello, MN 55362  
Contact Person: Barry Spiers  
Phone #: (763) 295-0787  
E-mail: bspiers@preshomes.org  
Website: preshomes.org

49 Market  
Rate Units -  
\$1,010 - \$1,530

Controlled entry,  
Planned activities,  
Transportation to store,  
Handicapped accessible

Congregate noon meal,  
Additional planned activities,  
Garage,  
Pets

Name: River Park View  
Address: 218 West River Street  
Monticello, MN 55362  
Contact Person: Justine Lamont  
Phone #: (763) 263-1955  
E-mail: jlamont@metroplains.com  
Website: metroplains.com

31 Subsidized  
Units -  
Rent Based  
on Income

Controlled entry,  
Emergency call system,  
Handicapped accessible,  
Pets

## WRIGHT COUNTY

### Monthly Rental Fee

### Services Included in Rent

### On-site Services Available at an Extra Charge

Name: Meadow Brook Cottages of Montrose  
Address: Meadowbrook Way  
Montrose, MN 55363  
Contact Person: Ross Danielson  
Phone #: (612) 709-0121  
E-mail: ross@northland-title.com

8 Subsidized  
Units -  
Rent Based  
on Income

Handicapped accessible,  
Garage

Pets

Name: Rosehaven Apartments I & II  
Address: 320 & 330 Garfield Avenue S  
Montrose, MN 55363  
Contact Person: Greg Olson  
Phone #: (763) 427-3442

30 Market  
Rate Units -  
\$595 - \$650

Controlled entry,  
Handicapped accessible

Pets

Name: Guardian Angels Riverview Landing  
Address: 9200 Quantrelle Avenue NE  
Otsego, MN 55330  
Contact Person: Stacy Mohs  
Phone #: (763) 746-3400  
E-mail: smohs@ga-er.org  
Website: guardianangelsmn.org

142 Market  
Rate Units -  
\$1,900 - \$4,795

Controlled entry,  
Planned activities,  
Emergency call system,  
Congregate noon meal,  
Handicapped accessible

Home health care,  
Three meals daily,  
Daily safety check,  
Beauty/barber,  
Housekeeping,  
Laundry service,  
Transportation to store,  
Garage,  
Pets

Name: Rockford Manor  
Address: 8830 Walnut Place  
Rockford, MN 55373  
Contact Person: Sarah Hietpas  
Phone #: (612) 802-4123  
E-mail: samarie2000@hotmail.com

24 Subsidized  
Units -  
Rent Based  
on Income

Controlled entry,  
Handicapped accessible

Pets

Name: Countryside Cottages  
Address: 403 Hillcrest Drive  
St. Michael, MN 55376  
Contact Person: Karna Bjerke  
Phone #: (763) 497-4901  
E-mail: kebjjerke@msn.com  
Website: horningcompanies.com

48 Market  
Rate Units -  
\$925 - \$975

Planned activities,  
Garage,  
Handicapped accessible

Pets

Name: Ridgedrive I & II Apts  
Address: 696 & 698 Ridge Drive  
St. Michael, MN 55376  
Contact Person: Kay Arens  
Phone #: (612) 267-7698  
E-mail: kayarens1@gmail.com

31 Subsidized  
Units - Rent  
Based on Income

Emergency call system,  
Handicapped accessible

10 Market Rate  
Units - \$415 - \$540

Name: The Legacy of St. Michael  
Address: 4400 Lange Avenue NE  
St. Michael, MN 55376  
Contact Person: Melissa Olson  
Phone #: (763) 497-0171  
E-mail: melissa.olson@twsl.com  
Website: legacyofstmichael.com

95 Market  
Rate Units -  
\$2,480 - \$4,048

Controlled entry,  
Planned activities,  
Three meals daily,  
Daily safety check,  
Light housekeeping,  
Transportation to store,  
Handicapped accessible

Home health care,  
Beauty/barber,  
Laundry service,  
Extended housekeeping,  
Garage,  
Pets

## INFORMATION &amp; ADVOCACY

Senior LinkAge Line® - Statewide	seniorlinkageline.com	MinnesotaHelp.info®	1-800-333-2433
Senior LinkAge Line® Community Site Locations: Sartell, St. Cloud, Brainerd, Cambridge, Staples, Little Falls, Crosby, North Branch, Buffalo, Crosslake, Wyoming, Chisago City, Pine City			
Disability Hub MN - Statewide Resources	disabilityhubmn.org		1-866-333-2466
Veterans Linkage Line™ - Statewide	linkvet.org	1-888-LinkVet	1-888-546-5838
Eldercare Locator - Services for older adults & their families outside MN	eldercare.acl.gov		1-800-677-1116
United Way 211 - Statewide	211unitedway.org	2-1-1	1-800-543-7709
Social Security - St. Cloud Office	ssa.gov		1-877-405-1446
Brainerd Lakes Area			1-866-331-9087
Minnesota Adult Abuse Reporting Center - Statewide	mn.gov/dhs/reportadultabuse		1-844-880-1574
Minnesota Farm & Rural Helpline			833-600-2670 (press 1)
Minnesota Warmline-Mental Health Minnesota	mentalhealthmn.org/support/minnesota		1-877-404-3190
Better Business Bureau - Consumer info to help find trustworthy businesses	bbb.org		1-800-646-6222
MnCHOICES Assessment -	Benton County	(320) 968-5032	1-800-530-6254
Anyone with disabilities	Cass County	(218) 547-1340	
or chronic care needs can	Chisago County	(651) 213-5200	1-888-234-1246
ask for an assessment, at	Crow Wing County	(218) 824-1140	1-888-772-8211
no charge, to learn what	Isanti County	(763) 689-1711	
support services are	Kanabec County	(320) 679-6330	1-877-599-4808
available to help you live	Mille Lacs County	(320) 983-8208	1-888-270-8208
in your home.	Morrison County	(320) 632-2951	1-800-269-1464
	Pine County	(320) 216-4114	1-800-450-7263
	Sherburne County	(763) 765-4000	1-800-433-5239
	Stearns County	(320) 656-6000	1-800-450-3663
	Todd County	(320) 732-4500	1-888-838-4066
	Wadena County	(218) 631-7605	1-888-662-2737
	Wright County	(763) 684-8435	1-800-362-3667

## VETERANS SERVICES OFFICES

Benton County	(320) 968-5044	
Cass County	(218) 947-7534	
Chisago County	(651) 213-5600	
Crow Wing County	(218) 824-1058	1-866-507-1058
Isanti County	(763) 689-3591	
Kanabec County	(320) 679-6380	
Mille Lacs County	(320) 983-8208	1-888-270-8208
Morrison County	(320) 632-0290	1-866-401-1111, ext. 290
Pine County	(320) 216-4250	1-800-450-7463, ext. 4250
Sherburne County	(763) 765-3100	1-800-433-5243
Stearns County	(320) 656-6176	
Todd County	(320) 732-4418	
Wadena County	(218) 631-7617	
Wright County	(763) 682-7325	1-800-362-3667

## LEGAL ASSISTANCE

**Mid-Minnesota Legal Aid - Senior Law Project** - Provides legal services for persons over 60 and their families on such issues as Social Security, supplemental security income, Medicare, Medical Assistance, food stamps, housing and utility problems, consumer issues, health care directives, domestic abuse, fuel assistance, veterans benefits and other civil matters.

Benton, Cass, Chisago, Crow Wing, Isanti, Kanabec, Mille Lacs, Morrison,  
Pine, Sherburne, Stearns, Todd, Wadena and Wright Counties (320) 253-0121 1-888-360-2889  
mylegalaid.org

**Anishinabe Legal Services** - Cass Lake (218) 335-2223 1-800-422-1335  
Must live on or near White Earth, Red Lake or Leech Lake Reservations. alslegal.org

**Ombudsman for Older Minnesotans** - Advocate for consumer rights for those who are in a hospital, nursing home, assisted living facility, or receiving home care services.  
Mediation/negotiations/education is provided on long-term care issues. Statewide 1-800-657-3591

**Midwest Pension Rights Project** - Statewide 1-866-783-5021  
Free legal counseling related to pension claims of any amount. midwestpensions.org

**Minnesota State Bar Attorney Referral Services** - 1-800-882-6722  
Find lawyers and low-cost legal help. mnbar.org

**Minnesota Attorney General's Office** - (651) 296-3353 1-800-657-3787  
Consumer assistance for unsatisfactory service, bill disputes, fraud, or scams. ag.state.mn.us

**MN Department of Commerce** - 1-800-657-3602 mn.gov/commerce  
Minnesota's consumer protection agency.

**HOME Line Hotline** - (612) 728-5767 1-866-866-3546  
Information and advice to help tenants solve their own rental housing problems. homelinemn.org

**LawHelpMN** – Helps low-income people solve legal problems. lawhelpmn.org

**MN Legal Advice Online** – Helps low-income people get brief advice from an attorney. mnlegaladvice.org

**Mille Lacs Band of Ojibwe Legal Assistance (Mille Lacs Reservation)** (320) 532-7798  
Legal help for low-income people.

## When It Comes to Aging Well...What's Your Plan?

### Things You Can Do to Age with Dignity and Independence

- ☐ Talk to your family about important issues
- ☐ Make a list of medications/prescriptions
- ☐ Do a "home audit" for safety & comfort
- ☐ Create a list of tasks you need help with
- ☐ Keep health care providers informed about health changes
- ☐ Create an "Aging Journal" with vital info
- ☐ Give a trusted family member your passwords
- ☐ Create a list of all who can assist you
- ☐ Prepare for future care costs and finances needed

Visit FaceAgingMN.org for additional information or call the Senior LinkAge Line® at 1-800-333-2433.

## HOME HEALTH/PERSONAL CARE

*A variety of services can be provided in an effort to assist an older person to recover from an illness or hospitalization, or on an ongoing basis to assist with the activities of daily living. Services may include the following: assistance with bathing and personal care, medication management, meal preparation, light housekeeping, therapies, dressing changes and more.*

[illegible]

## HOME HEALTH/PERSONAL CARE continued

AGENCY NAME & PHONE NUMBER	BENTON	CASS	CHISAGO	CROW WING	ISANTI	KANABEC	MILLE LACS	MORRISON	PINE	SHERBURNE	STEARNS	TODD	WADENA	WRIGHT
Arise Home Health Care (320) 230-6348 1-855-274-7344	★	★	★	★	★	★	★	★	★	★	★	★	★	★
Assumption Home Care (320) 685-4110											★			
Avalon Home Care (763) 753-8658	★				★		★		★	★	★			★
B's Home Care (763) 689-8984	★		★		★	★	★		★	★	★			
Barnabas Health Care (218) 829-0901		★		★				★				★		
Bayada Home Health Care (612) 252-4590	★	★	★	★	★	★	★	★	★	★	★	★	★	★
Benton County Human Services (320) 968-5087 1-800-530-6254	★													
Care Planners Home Health Care (651) 645-1070	★	★	★	★	★	★	★	★	★	★	★	★	★	★
Care Planners, Inc. (651) 645-9887	★	★	★	★	★	★	★	★	★	★	★	★	★	★
CareBuilders at Home (612) 260-2273														★
Carefree Home Services (763) 422-9713 1-866-356-8406	★	★	★	★	★	★	★	★	★	★	★	★	★	★
Caring Hands Home Care (218) 837-5572 1-888-290-5572		★										★	★	
Caring Hearts at Home, LLC (612) 272-4114														★
Caring Professionals Home Care (651) 789-2299 1-866-677-3669	★	★	★	★	★	★	★	★	★	★	★	★	★	★
Cass County Health, Human & Vet Services (218) 547-1340		★												
CentraCare Health Home Care & Hospice (320) 259-9375 1-800-835-6610	★			★	★	★	★	★		★	★	★		★
Central MN Senior Care, Inc. (320) 441-7001				★				★			★			
Chisago County Health & Human Services (651) 213-5219			★											
CHI Health at Home - Little Falls (320) 631-5575	★			★				★			★	★		
CHI Health at Home - Albany (320) 845-2440	★							★		★	★	★		
CK Home Health Care (218) 998-3778	★	★		★			★	★			★	★	★	★
Cokato Manor Home Health (320) 286-3049														★
Comfort Keepers (320) 230-9939 1-888-230-1336	★									★	★			★

## HOME HEALTH/PERSONAL CARE continued

[illegible]

## HOME HEALTH/PERSONAL CARE continued

AGENCY NAME & PHONE NUMBER	BENTON	CASS	CHISAGO	CROW WING	ISANTI	KANABEC	MILLE LACS	MORRISON	PINE	SHERBURNE	STEARNS	TODD	WADENA	WRIGHT
Family Home Health Care, Inc. (612) 340-0733			★		★				★					
Gentle Hands of Time - Cambridge (763) 552-4043			★		★	★	★		★	★				
Glacial Ridge Home Care & Hospice (320) 634-2221 1-866-667-4747											★			
Good Neighbor Home Health Care (218) 829-9238 1-888-221-5785			★	★			★					★		
Good Samaritan Society Home Care & Hospice (218) 963-9452 1-877-828-7016		★		★										
Good Shepherd Home Health Care (320) 259-3470	★									★	★			
Grattan Health Care, Inc. (218) 820-1326 1-800-470-1326	★	★	★	★	★	★	★	★	★	★	★	★	★	★
Guaranteed Home Health Care, LLC (763) 710-5722			★		★				★	★	★			★
Guardian Angels Elim Home Care & Hospice (763) 241-0654					★		★			★				★
HealthMax Home Health Care (320) 300-4843 or (612) 521-2400	★						★			★	★			★
HealthNorth (320) 281-5311 1-888-535-5751	★	★	★	★	★	★	★	★	★	★	★	★	★	★
HealthStar (218) 335-8868 1-866-335-8868		★												
Healthy Foot Care, LLC (763) 232-6753														★
Heartland Home Care - Mpls/St. Paul (651) 633-6522 1-888-633-6522	★	★	★	★	★	★	★	★	★	★	★	★	★	★
Heartland Hospice (IV Services Only) 1-888-650-1136	★	★		★		★	★	★	★	★	★	★	★	
Heartland PCA, LLC Bemidji (218) 755-5546 Finlsayson (320) 233-0119			★	★	★	★	★	★	★	★				
Home Care Solutions (952) 924-0677 1-877-468-2561			★		★					★				★
Home Health Care, Inc. (763) 417-8888			★		★					★				★

## HOME HEALTH/PERSONAL CARE continued

AGENCY NAME & PHONE NUMBER	BENTON	CASS	CHISAGO	CROW WING	ISANTI	KANABEC	MILLE LACS	MORRISON	PINE	SHERBURNE	STEARNS	TODD	WADENA	WRIGHT
Home Instead Senior Care - Andover (763) 792-0041 1-866-689-0023			★		★					★				
Home Instead Senior Care - Brainerd (218) 824-0077 1-877-824-0077		★		★				★				★	★	
Home Instead Senior Care - St. Cloud (320) 258-3055 1-866-735-3055	★									★	★	★		★
Horizon Home Health (320) 468-2788 1-800-224-6451								★						
In Home Personal Care (763) 546-1000	★		★		★				★	★	★			★
Independent Lifestyles (320) 529-9000 1-888-529-0743	★				★		★	★		★	★			★
Inspired By You Home Care, LLC (320) 774-1161	★										★			★
Kanabec County Community Health (320) 679-6330						★								
Kindred at Home (763) 416-0289 1-866-546-3733					★					★				★
Knute Nelson Home Care - Alexandria (320) 759-1273											★			
Knute Nelson Home Care - Baxter (218) 454-1542		★		★			★							
Knute Nelson Home Care - Little Falls (320) 639-2010	★			★			★	★			★	★		
Knute Nelson Home Care - Long Prairie (320) 732-3110								★			★	★		
Knute Nelson Home Care - Wadena (218) 632-1335												★	★	
Lake Country Home Care (218) 385-3422		★										★	★	
Lake Region Home Health (320) 354-5858 1-888-501-8620											★			
Lakewood Health System Home Care (218) 894-8080 1-800-525-1033		★		★				★				★	★	
Leech Lake Home Health (218) 335-4500 1-800-282-3389		★												
Legacy Home Care (763) 593-1000			★		★					★				★

## HOME HEALTH/PERSONAL CARE continued

[illegible]

## HOME HEALTH/PERSONAL CARE continued

AGENCY NAME & PHONE NUMBER	BENTON	CASS	CHISAGO	CROW WING	ISANTI	KANABEC	MILLE LACS	MORRISON	PINE	SHERBURNE	STEARNS	TODD	WADENA	WRIGHT
Perham Living Home Care (218) 347-1880												★	★	
Preferred Home Care Services (612) 501-2273	★				★	★				★	★			★
Recover Health (320) 774-0777 1-888-480-7045	★			★		★	★	★		★	★	★		★
Recover Health - Brainerd (218) 316-3444		★		★			★	★				★	★	
Recover Health - Minnetonka (952) 926-9808 1-877-597-0808			★		★									
Ridgeview Home Care & Hospice (952) 442-6030														★
Right at Home (952) 854-6122										★				★
Sanford Bemidji Home Care (218) 333-5665		★												
Senior Helpers (763) 262-9966	★				★		★			★	★			★
Senior Home Health Care, LLC (320) 774-3299	★									★	★			★
Spectrum Home Care - Brainerd (218) 829-8622				★										
Spectrum Home Care - St. Cloud (320) 229-7559	★										★			
SPOT Rehab & Home Health Care (320) 259-4151 1-888-404-7768	★							★		★	★			★
Symphony Senior Services, Inc. (651) 330-3841			★		★									
Synergy Home Care (763) 205-4440			★		★									
Tender Hearts Home Care (218) 385-3466 1-877-362-9784		★						★				★	★	
Todd County Public Health (320) 732-4500 1-800-838-4066												★		
Touching Hearts (763) 427-0521										★				
Transitions Home Care (763) 200-5406					★									
Veterans Affairs Medical Center (320) 252-1670 1-800-247-1739	★	★	★	★	★	★	★	★	★	★	★	★	★	★
Visiting Angels - St. Cloud (320) 230-1140	★									★	★			★

## HOME-BASED VOLUNTEER SERVICES

*Community programs that provide in-home volunteer services such as transportation, respite care, chore, homemaker, friendly visiting, minor home maintenance, health care and other various services. The program enables older adults to stay in their homes for extended periods of time, preserving their quality of life and retaining their community networks, while at the same time avoiding expensive nursing home costs.*

Assumption Community Faith in Action (320) 348-2322  
(Serves Stearns County & St. Cloud Metro)

Community Action Respecting Elders (CARE)  
(Serves Benton County) (320) 968-7848

Eagle Bend Senior Center (218) 738-4152

Faith in Action for Cass County 1-866-675-5435

Family Pathways 1-877-321-7100  
(Serves Chisago, Isanti, Kanabec, Mille Lacs & Pine Counties)

Great River Faith in Action (763) 263-4277  
(Serves Sherburne County)

Helping Hands Outreach (320) 746-9960  
(Serves Holdingford and surrounding communities)

Horizon Health Faith in Action 1-800-224-6451  
(Serves Morrison County)

Interfaith Volunteers 1-877-245-7454  
(Serves Crow Wing County)

Lakes & Pines Community Action Council  
(Serves Chisago, Isanti, Kanabec, Mille Lacs & Pine Counties) 1-800-832-6082

Love Inc. Heartland, Delano (763) 972-6547

Lutheran Social Services Older Adults 1-800-488-4146  
(Serves Cass, Crow Wing, Todd & Wadena Counties)

Lutheran Social Services 1-877-540-9443  
Neighbor to Neighbor Companions

R.O.S.E. Center-Paynesville (320) 243-5144  
(Serves Paynesville School District Residents)

Senior Community Services (763) 416-7969  
(Serves Sherburne & Wright Counties)

Wright County Community Action (320) 963-6500

## Helping You Stay Independent

**COMPLETE Medical Equipment & Supplies for Home Health Care**

***SALES & RENTAL OF QUALITY PRODUCTS***

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***Accredited Exemplary Provider***

## CARE MEDICAL SUPPLY, INC.

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**1-800-638-7135 • (320) 251-8261**

***Locally Owned • 24 Hour Emergency Service • Prompt Delivery  
We Handle ALL the Paperwork for Your Insurance***

## ADULT DAY SERVICES/SOCIAL RESPITE

**Adult Day Services** - A planned program of socialization, nutrition and therapeutic activities provided in a supervised setting for persons who are not capable of full-time independent living. Usually open 5 days a week, but may be attended less than full-time.

**Social Group Respite** - Services offer temporary, non-medical supervision and support to older persons in a group setting in order to provide a brief period of relief or rest for informal caregivers.

**In-Home Respite** - Services offer temporary, non-medical supervision and support to older persons in their own home in order to provide a brief period of relief or rest for informal caregivers.

### STATEWIDE

Senior LinkAge Line®  
(Adult Day Services) 1-800-333-2433  
MN Adult Day Services Association (763) 464-2698

### BENTON COUNTY

Assumption Community Faith in Action  
St. Cloud Metro (In-Home Respite) (320) 685-3693  
Community Action Respecting Elders (CARE)  
(In-Home Respite) (320) 968-7848

### CASS COUNTY

Faith in Action for Cass County  
(In-Home Respite) 1-866-675-5435  
Lutheran Social Services  
(In-Home Respite) 1-800-488-4146  
Provide Care, Inc.  
(Adult Day Services) (651) 674-4404  
Walker Adult Day Services  
(Adult Day Services) (218) 547-1242  
MN Chippewa Tribe  
(Adult Day Services) (218) 339-3167

### CHISAGO COUNTY

Foundations Group of MN, Inc.  
(In-Home Respite) Stacy (651) 408-1433  
Lakes Day Break (Social Group Respite)  
Chisago City (320) 679-1800  
ext. 171  
New Day (Social Group Respite) (320) 679-1800  
North Branch ext. 171  
Provide Care Inc (Adult Day Services) (651) 674-4404

### CROW WING COUNTY

Breath of Life (Adult Day Services)  
Brainerd (218) 822-3296  
Brighter Horizons  
(Adult Day Services) (218) 232-0541  
Edgewood Vista  
(Social Group Respite) Brainerd (218) 828-3691

### CROW WING COUNTY continued

Lutheran Family Services  
(In-Home Respite) 1-800-488-4146  
Treasured Time Adult Day Center  
(Adult Day Services) Deerwood (218) 546-5071  
Senior Class Care (Adult Day Services)  
Pequot Lakes (218) 568-5605

### ISANTI COUNTY

Eagle's Crossing (Adult Day Services)  
Isanti (612) 578-0950

### KANABEC COUNTY

Eagle's Crossing (Adult Day Services)  
Mora (612) 578-0950

### MILLE LACS COUNTY

Whispering Willows  
(Adult Day Services) Foreston (320) 241-5458  
Caley House (Adult Day Service & In-Home Respite)  
Princeton (763) 389-0424  
Elim Oasis Adult Day Health Center  
(Adult Day Services & In-Home Respite)  
Princeton (763) 361-1150

### MORRISON COUNTY

St. Otto's Care Center (Adult Day Services)  
Little Falls (320) 632-9281  
Horizon Health Faith in Action (In-Home Respite)  
Morrison County 1-800-224-6451  
Pierz Villa (Adult Day Services)  
Pierz (320) 468-6405

### PINE COUNTY

Day Break (Social Group Respite) (320) 679-1800  
Pine City ext. 171  
Essentia Health (Social Group Respite)  
Sandstone (320) 245-2212

## ADULT DAY SERVICES/SOCIAL RESPITE continued

**SHERBURNE COUNTY**

- OPTIONS, Inc. (Adult Day Services)  
 Adults with Disabilities, Big Lake (763) 263-3684  
 Angels on Main (Adult Day Services)  
 Elk River (763) 241-6845  
 Talahi Adult Day Care (Adult Day Services)  
 St. Cloud (320) 251-9120  
 Assumption Community Faith in Action  
 St. Cloud Metro (In-Home Respite) (320) 685-3693

**STEARNS COUNTY**

- Belgrade Nursing Home  
 (Adult Day Services) (320) 254-8215  
 Helping Hands Outreach (In-Home & Adult Day Services)  
 Holdingford Area (320) 746-9960  
 R.O.S.E. Center (In-Home & Social Group Respite)  
 Paynesville (320) 243-5144  
 CentraCare Health System (Adult Day Services)  
 Melrose (320) 256-4231  
 CentraCare Health System (Adult Day Services)  
 Paynesville (320) 243-3767  
 A Home for the Day (Adult Day Services)  
 St. Cloud (320) 260-5251  
 Assumption Community Faith in Action  
 St. Cloud Metro (In-Home Respite) (320) 685-3693  
 VA Medical Center (Adult Day Services)  
 St. Cloud (320) 252-1670  
 Arise Cares (Adult Day Services)  
 Sartell (320) 281-2301  
 Opportunity Matters (Adult Day Services)  
 Sartell (320) 240-1900  
 Smart Adult Day Care  
 (Adult Day Services) (651) 714-8388

**TODD COUNTY**

- Eagle's Crossing Adult Day Center  
 (Adult Day Services) Grey Eagle (612) 578-0950  
 CentraCare Health System (Adult Day Services)  
 Long Prairie (320) 732-2141  
 Lutheran Social Services (In-Home Respite)  
 Todd County 1-800-488-4146

**WADENA COUNTY**

- Greenwood Connections (Adult Day Services)  
 Menagha (218) 564-4101  
 Lutheran Social Services (In-Home Respite)  
 Wadena County 1-800-488-4146

**WRIGHT COUNTY**

- Buffalo Adult Day Center (763) 684-0803  
 (Adult Day Services) Buffalo  
 Cokato Manor Senior Day Services (320) 286-2158  
 (Adult Day Services) Cokato  
 Park View Care Center (763) 682-1131  
 (Adult Day Services)

Decide what's right for you.

**Senior LinkAge Line®**  
 1-800-333-2433

MINNESOTA'S LINK TO A LOCAL EXPERT

- Talk with an expert
- Get objective help
- Explore housing choices
- Learn about your options
- Connect to services

BROUGHT TO YOU BY MINNESOTA BOARD ON AGING

**PERSONAL EMERGENCY RESPONSE SYSTEMS**

Personal Emergency Response Systems (PERS), lets you call for help in an emergency by pushing a button. It provides automatic response to medical or other emergencies via electronic monitors. A signaling device is worn by the user and activates an attachment on the telephone. Systems will vary. **Contact the Senior LinkAge Line® at 1-800-333-2433 for a complete listing of Personal Emergency Response Systems available in your community.**

## LONG-TERM CARE/TRANSITIONAL CARE/NURSING HOMES

**BENTON COUNTY**

Country Manor Health Care – Sartell (320) 253-1920  
 Good Shepherd Community  
     Sauk Rapids (320) 252-6525  
 The Gardens – Foley (320) 968-6201

**CASS COUNTY**

Good Samaritan Society – Pine River (218) 587-4423

**CHISAGO COUNTY**

Ecumen – North Branch (651) 237-3000  
 Estates at Rush City (320) 358-4765  
 Parmly on the Lake – Chisago City (651) 257-0575

**CROW WING COUNTY**

Bethany Good Samaritan Village  
     Brainerd (218) 829-1407  
 Cuyuna Regional Medical Center  
     Crosby (218) 546-2323  
 Good Samaritan Society – Woodland  
     Brainerd (218) 829-1429

**ISANTI COUNTY**

GracePointe Crossing – Cambridge (763) 689-1474

**KANABEC COUNTY**

St. Clare Living Community – Mora (320) 679-1411

**MILLE LACS COUNTY**

Elim Care & Rehab Center – Milaca (320) 983-2185  
 Elim Care and Rehab Center  
     Princeton (763) 389-1171  
 Mille Lacs Health System  
     Long Term Care – Onamia (320) 532-2729

**MORRISON COUNTY**

Little Falls Care Center (320) 632-9211  
 Pierz Villa – Pierz (320) 468-6405  
 St. Otto's Care Center – Little Falls (320) 632-9281

**PINE COUNTY**

Lakeside Medical Center – Pine City (320) 629-2542  
 Sandstone Health Care Center (320) 245-3150

**SHERBURNE COUNTY**

Guardian Angels Care Center  
     Elk River (763) 441-1213  
 CentraCare-St. Benedict's Community  
     St. Cloud (320) 252-0010  
 Talahi Nursing & Rehab – St. Cloud (320) 251-9120

**STEARNS COUNTY**

Assumption Home – Cold Spring (320) 685-3693  
 Belgrade Nursing Home (320) 254-8215  
 CentraCare-Melrose Care Center (320) 256-4474  
 CentraCare-Paynesville Care Center (320) 243-4212  
 CentraCare-Sauk Centre Care Center (320) 352-2221  
 Mother of Mercy – Albany (320) 845-2195  
 St Benedict's Senior Community-  
     Therapy Suites, Sartell (320) 534-3000  
 Sterling Park Health Care Center  
     Waite Park (320) 252-9595  
 Veterans Affairs Medical Center  
     St. Cloud (320) 252-1670

**TODD COUNTY**

CentraCare-Long Prairie Care Center (320) 732-6111  
 Central Todd County Care Center  
     Clarissa (218) 756-3636

**WADENA COUNTY**

Fair Oaks Lodge – Wadena (218) 631-1391  
 Green Pine Acres – Menahga (218) 564-4101  
 Lakewood Health System – Staples (218) 894-1515

**WRIGHT COUNTY**

Annandale Care Center (320) 274-3737  
 CentraCare-Monticello Care Center (763) 271-2333  
 Cokato Manor (320) 286-2158  
 Good Samaritan Society  
     Howard Lake (320) 543-3800  
 Lake Ridge Care Center – Buffalo (763) 404-4600  
 Parkview Care Center – Buffalo (763) 682-1131  
 The Estates at Delano (763) 972-2987

## TRANSPORTATION

### STATEWIDE

Allina Transportation	(651) 222-0555
American Cancer Society-Road to Recovery	1-800-227-2345
Blue Plus Blue Ride (Medical Appointments)	1-866-340-8648
Care Cab/Care Transportation	1-800-535-7190
Cummings Mobility	1-800-639-5438
Delight Transportation (Metro)	(763) 286-3163
GoGoGrandparent	(855) 464-6872
Greyhound Bus Service	1-800-231-2222
Humana Enrollees (Medical Appointments)	1-866-588-5122
Lakes Medi-Van, Inc.	1-800-422-0976
UCare Enrollees (Medical Appointments)	1-800-864-2157

### BENTON COUNTY

Assumption Community Faith in Action (St. Cloud Metro Area)	(320) 685-3693
Community Action Respecting Elders (CARE)	(320) 968-7848
Country Care-A-Van	(320) 258-2273
Disabled American Veterans Transportation (Veterans Transport to VA Appointments)	(320) 252-1670
Gold Cross Ambulance (Non-emergency)	1-800-342-7849
Home Instead Senior Care	1-866-735-3055
Medical Transportation Management	1-866-467-1724
Northstar Link Commuter Bus	1-877-546-5010
Schu-Tran	(320) 968-7478
Select Transportation	(763) 267-5999
Senior Helpers	1-800-760-6389
St. Cloud Metro Bus: General & Dial-a-Ride Information	(320) 251-7433
St. Cloud Taxi Service	(320) 281-4871
Tri-Cap Transportation	1-888-765-5597
Yellow Cab	1-800-450-8294

### CASS COUNTY

Aide Home Health Care	(218) 546-6242
Brainerd & Crow Wing Public Transit	1-866-925-7433
Care Van – Lakewood Health System	(218) 894-8331
Cass County Senior Transportation Program	(218) 947-7530
Cass County Veterans Services Office (Veterans Transportation to VA Hospitals)	1-888-547-1340
Community Health Representatives (Serves Leech Lake Reservation)	1-800-282-3389
Faith In Action for Cass County	1-866-675-5435
Home Instead Senior Care	1-877-824-0077
Leech Lake Band of Ojibwe Health Division	(218) 335-4507
Leech Lake Tribal Transit	1-800-442-3909
Peoples Express	1-800-450-0123
Schu-Tran	(320) 968-7478

### CHISAGO COUNTY

Allina Transportation	(651) 222-0555
Chisago County Veterans Services Office (Veterans Transportation to VA Hospitals)	(651) 213-5605
Chisago-Isanti County Heartland Express	1-888-234-7840
Home Instead Senior Care	1-866-689-0023
Lifts Transportation	1-888-469-7433
Linwood Senior Van	(651) 462-5565
Medical Transportation Management	1-866-467-1724
North Branch Cab	(651) 674-7979
Transit Plus (Parmly & The Estates)	(651) 257-7327

### CROW WING COUNTY

Aide Home Health Care	(218) 546-6242
Brainerd & Crow Wing Public Transit	1-866-925-7433
Brainerd Area Taxi	(218) 828-1111
Care Van – Lakewood Health System	(218) 894-8331
Crow Wing County Veterans Services Office (Veterans Transportation to VA Hospitals)	1-866-507-1058
Grab-A-Cab	(218) 270-2992
Home Instead Senior Care	1-877-824-0077
Interfaith Volunteers	1-877-245-7454
Peoples Express	1-800-450-0123

### ISANTI COUNTY

Allina Transportation & EMS	(651) 222-0555
Cambridge Cab	(763) 552-8294
Chisago-Isanti County Heartland Express	(651) 213-5790
Home Instead Senior Care	1-866-689-0023
Isanti County Veterans Services Office (Veterans Transportation to VA Hospitals)	(763) 689-3591
Lifts Transportation	1-888-469-7433
Loving Hands Transportation	(763) 607-8700
Medical Transportation Management	1-866-467-1724
Schu-Tran	(320) 968-7478
Select Transportation	(763) 267-5999

### KANABEC COUNTY

FirstLight-Mora	1-800-245-5671
Home Instead Senior Care	1-866-689-0023
Kanabec County Veterans Services Office (Veterans Transportation to VA Hospital)	(320) 679-6380
Lifts Transportation	1-888-469-7433
Schu-Tran	(320) 968-7478

*Continued on next page.*

## TRANSPORTATION continued

## KANABEC COUNTY continued

Select Transportation	(763) 267-5999
Timber Trails Public Transit	1-888-217-5222
Transportation Resources for You (TRY)	(320) 438-9331

## MILLE LACS COUNTY

Disabled American Veterans Transportation (Veterans Transportation to VA Appointments)	(320) 252-1670
Family Pathways	1-877-321-7100
Home Instead Senior Care	1-866-689-0023
LJ's Handi-Van	(763) 389-9440
Loving Hands Transportation	(763) 607-8700
Medical Transportation Management	1-866-467-1724
Mille Lacs Band of Ojibwe	(320) 532-7776
Mille Lacs County Veterans Services (Veterans Transportation to VA Hospital)	1-888-270-8208
Select Transportation	(763) 267-5999
Senior Helpers	1-800-760-6389
Transportation Resources for You (TRY)	(320) 438-9331
Tri-Cap Transportation	1-888-765-5597

## MORRISON COUNTY

A2B Transportation	(320) 753-6035
Aide Home Health Care	(218) 546-6242
Alternative Senior Care	1-866-352-3350
Disabled American Veterans Transportation (Ambulatory Transportation to VA Appointments)	(320) 252-1670
Gold Cross Ambulance	(320) 251-8505
Friendly Rider Public Transportation	1-888-773-5500
Home Instead Senior Care	1-877-824-0077
Horizon Health Faith in Action	1-800-224-6451
Little Falls Taxi	(320) 632-4104
Peoples Express	1-800-450-0123
Select Transportation	(763) 267-5999
Senior Helpers	1-800-760-6389
Tri-Cap Transportation	1-888-765-5597

## PINE COUNTY

Allina Transportation & EMS	(651) 222-0555
Arrowhead Transit	1-800-862-0175
Attaboys' Taxi	1-866-998-8294
FirstLight-Mora	1-800-245-5671
Home Instead Senior Care	1-866-689-0023
Lifts Transportation	1-888-469-7433
Medical Transportation Management	1-866-467-1724
Pine City Bus Service	(320) 629-2032
Pine County Health & Human Services (Medical Transportation)	1-800-450-7463

## PINE COUNTY continued

Pine County Veterans Services Office (Veterans Transportation to VA Hospitals)	(320) 216-4250
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## SHERBURNE COUNTY

A2B Transportation	(320) 753-6035
Allina Medical Transportation & EMS	(651) 222-0555
Assumption Community Faith in Action (St. Cloud Metro Area)	(320) 685-3693
Blue Button Transport	(612) 466-3785
Christie Cab	(763) 913-4889
Country Care-A-Van	(320) 258-2273
Driving Miss Daisy Transportation	(763) 253-4400
Gold Cross Ambulance	(320) 252-8505
Great River Faith in Action	(763) 263-4277
Home Instead Senior Care	1-866-735-3055
Lawgand	(612) 598-5941
LJ's Handi-Van	(763) 389-9440
Loving Hands Transportation	(763) 607-8700
Medical Transportation Management	1-866-467-1724
Northstar Link Commuter Bus	1-877-546-5010
Pro Cab	(763) 464-5544
Schu-Tran	(320) 968-7478
Select Transportation	(763) 267-5999
Senior Helpers	1-800-760-6389
Sherburne County Veterans Services Office (Veterans Transportation to VA Hospitals)	1-800-433-5243
St. Cloud Metro Bus: General Information	(320) 251-7433
Town Taxi	(612) 888-8888
Tri-Cap Transportation	1-888-765-5597
Yellow Cab	(320) 251-5050
Yellow Cab of Elk River	(763) 400-8010

## STEARNS COUNTY

A2B Transportation	(320) 753-6035
ACC Midwest Transportation	(320) 455-9200
Alternative Senior Care	1-866-352-3350
Assumption Community Faith in Action	(320) 685-3693
Benton/Stearns County Dial-A-Ride	1-888-765-5597
Country Care-A-Van	(320) 258-2273
Disabled American Veterans Transportation (Ambulatory Transportation to VA Appointments)	(320) 252-1670
Elite Taxi	(320) 240-2999
Granite City Cab	(320) 203-9999
Gold Cross Ambulance	1-800-367-7624
Helping Hands Outreach (Holdingford and St. Stephen)	(320) 746-9960
Home Instead Senior Care	1-866-735-3055

**TRANSPORTATION continued****STEARNS COUNTY continued**

Jefferson Lines	1-800-451-5333
Kozy Kab	(320) 248-1169
Loving Hands Transportation	(763) 607-8700
Medical Transportation Management	1-866-467-1724
Northstar Link Commuter Bus	1-877-546-5010
Peoples Express	1-800-450-0123
Red and White Cab	(320) 253-1234
R.O.S.E. Center (Paynesville)	(320) 243-5144
Schu-Tran	(320) 968-7478
Select Transportation	(763) 267-5999
Senior Helpers	1-800-760-6389
St. Cloud Metro Bus: General & Dial-a-Ride Information	(320) 251-7433
St. Cloud Taxi Service	(320) 281-4871
Tri-Cap Transportation (Includes Sauk Centre City Bus)	1-888-765-5597
Veteran Taxi of St. Cloud	(320) 358-8294
Veterans Transportation Services (Transportation to VA Appointments)	(320) 252-1670
Yellow Cab (St. Cloud Metro Area)	(320) 251-5050

**TODD COUNTY**

Aide Home Health Care	(218) 546-6242
Alternative Senior Care	1-866-352-3350
Care Van – Lakewood Health System	(218) 894-8331
Friendly Rider Public Transportation	1-888-773-5500
Home Instead Senior Care	1-877-824-0077
Peoples Express	1-800-450-0123
Rainbow Rider	1-800-450-7770
Todd County Veterans Services Office (Veterans Transportation to VA Hospitals)	(320) 732-4418
Todd County Social Services, Volunteer Driver Program	(218) 894-6300

**WADENA COUNTY**

Care Van – Lakewood Health System	(218) 894-8331
Friendly Rider Public Transportation	1-888-773-5500

**WADENA COUNTY continued**

Home Instead Senior Care	1-877-824-0077
Living At Home of the Park Rapids Area	(218) 732-3137
Peoples Express	1-800-450-0123
Wadena County Veterans Services Office (Veterans Transportation to VA Hospitals)	(218) 631-7617

**WRIGHT COUNTY**

A+ Taxi	(763) 295-8294
A2B Transportation	(320) 753-6035
ACC Midwest Transportation	(320) 455-9200
Allina Medical Transportation & EMS	(651) 222-0555
Blue Button Transport	(612) 466-3785
Christie Cab	(763) 913-4889
Delano Senior Center Transportation	(763) 972-0574
Disabled American Veterans Transportation (Veterans Transportation to VA Appointments)	(320) 252-1670
Driving Miss Daisy Transportation	(763) 253-4400
Gold Cross Ambulance	(320) 251-8505
Health Care Access/MA Transportation	1-866-467-1724
Home Instead Senior Care	1-866-735-3055
Lawgand	(612) 598-5941
LOVE INC-Big Woods (Buffalo, Hanover, Maple Lake, Annandale)	(763) 682-2550
Loving Hands Transportation	(763) 607-8700
Medical Transportation Management	1-866-467-1724
Pro Cab	(763) 464-5544
Schu-Tran	(320) 968-7478
Select Transportation	(763) 267-5999
Senior Helpers	1-800-760-6389
The Cities' Edge	1-800-418-4211
Trailblazer Transit Service	1-888-743-3828
Transportation Plus	(612) 888-8888
Twin City Mobility, Inc.	(612) 369-7570
Wright County Community Action	(320) 963-6500
Yellow Cab	(320) 251-5050



The Senior LinkAge Line® is a free service, offered by the State of Minnesota. It makes it easy for older adults, and their families, to find community services and plan for their future. Services can be provided over the phone, or at one of the outreach sites located in Sartell, St. Cloud, Brainerd, Cambridge, Staples, Little Falls, Crosby, North Branch, Buffalo, Wyoming, Chisago City, Crosslake, Pine City, and Braham.

## Covid - 19

# Reassurance

Do you know an older adult who may be isolated during the Covid-19?  
These providers are available with support and a friendly visit via the telephone to older adults.

Central MN Council on Aging, through the Federal Older Americans Act, is funding these agencies to provide this service to older adults in Benton, Cass, Chisago, Crow Wing, Isanti, Kanabec, Mille Lacs, Morrison, Pine, Sherburne, Stearns, Todd, Wadena, & Wright counties.

Provider	Phone	Service Area
Assumption Community Faith in Action	320-348-2322	Stearns County & Greater St. Cloud
CARE - Community Action Respecting Elders	320-968-7848	Benton County & surrounding areas
Faith in Action for Cass County	218-675-5435 800-675-5435	Cass County
Family Pathways	651-674-8040	Isanti, Kanabec, Mille Lacs, Pine, & Chisago Counties
Helping Hands Outreach	320-746-9960	Holdingford surrounding area
Horizon Health	320-468-6451	Morrison County
Interfaith Volunteers	218-820-7454	Crow Wing County
Kanabec County Public Health	320-679-6330	Kanabec County
Lakes & Pines, CAC	320-679-1800	Mille Lacs, Isanti, Chisago, Pine, & Kanabec
Lutheran Social Service	218-233-7521	Crow Wing, Todd, Wadena, Morrison, & Cass Counties
MN-Mid Legal Aid	320-253-0121	CMCOA 14 Counties Region
Park View Care Center	763-951-7819 763-951-7886	Buffalo, Wright County
Paynesville Area ROSE Center	320-243-5144	Stearns County
Senior Community Services	763-416-7969	Sherburne & Wright Counties
Wright County Community Action	320-963-6500	Wright County



## 877-797-7299

**Well Connected** is a community made up of participants, staff, facilitators, presenters, and other volunteers who care about each other and who value being connected. All groups are accessible by phone from wherever you are at **no cost** to you.

## Covid - 19

# Meals/Groceries/RX

Central MN Council on Aging, through the Federal Older Americans Act, is funding these agencies to provide grocery/medication delivery, frozen meals through curbside pickup, and home delivery to older adults in Benton, Cass, Chisago, Crow Wing, Isanti, Kanabec, Mille Lacs, Morrison, Pine, Sherburne, Stearns, Todd, Wadena, & Wright counties.

To keep clients and volunteers safe during the Covid-19 pandemic, services will be provided as a knock & drop service. These are provided on a donation basis and no one is turned down for inability to pay.

Provider	Services Available	Phone	Service Area
Assumption Community Faith in Action	Grocery delivery Medication delivery	320-348-2322	Stearns County & Greater St. Cloud
Catholic Charities	Frozen meals curbside pickup & home delivered meals	320-229-4584	Benton, Chisago, Isanti, Kanabec, Mille Lacs, Pine, Stearns, Sherburne, & Wright Counties
Faith in Action for Cass County	Grocery delivery Medication delivery	218-675-5435 800-675-5435	Cass County
Family Pathways	Grocery delivery Medication delivery	651-674-8040	Isanti, Kanabec, Mille Lacs, Pine, & Chisago Counties
Helping Hands Outreach	Grocery delivery Medication delivery	320-746-9960	Holdingford surrounding area
Horizon Health	Grocery delivery Medication delivery	320-468-6451	Morrison County
Interfaith Volunteers	Grocery delivery Medication delivery	218-820-7454	Crow Wing County
Lutheran Social Service	Frozen meals curbside pickup & home delivered meals	218-233-7521	Crow Wing, Todd, Wadena, Morrison, & Cass Counties
Parmly on the Lake	Home delivered meals	651-257-0575	South Chisago County
Paynesville Area ROSE Center	Grocery delivery Medication delivery	320-243-5144	Stearns County
Senior Community Services	Grocery delivery Medication delivery	763-416-7969	Sherburne & Wright Counties
Wright County Community Action	Grocery delivery Medication delivery	320-963-6500	Wright County

Need Help Finding Community Resources?  
Call Senior LinkAge Line at: 1-800-333-2433



## Coping with Farm and Rural Stress

Farming can be a stressful occupation. Often, you live where you work. Your coworkers may be your spouse and/or family members. While you get to be your own boss, you feel responsible for a lot and can control very little.

Financial problems, price and marketing uncertainties, farm transfer issues, production challenges, marital difficulties, and social pressures, can be real sources of stress – even crisis for farms and farm family members.

If you, or someone you know, is struggling with a crisis situation, stress, anxiety, depression, feeling stuck or suicidal, call the Minnesota Farm & Rural Helpline at 1-833-600-2670, extension 1. This is a free, confidential, 24/7 call center located in Minnesota. Sometimes it's easier to talk to somebody you don't know.

## Homelessness Can Happen at Any Age

Did you know homelessness exists in your county? Every night, people in Minnesota are without a permanent place to stay. Some are staying with family and friends for a short period of time, some are staying in their cars, and some even sleep outside in the month of January in -40 degree weather. Yes, in January...in Minnesota. Homelessness does not have a gender, religion, or age. Anyone can experience homelessness at any stage of their life.

How is this possible? Many will make assumptions about what causes homelessness. Everyone's situation is different but there are common themes contributing to people finding themselves in a homeless situation.

Common themes include: overall lack of available housing, unexpected medical crisis, and recent changes to income. Are you prepared for an unexpected life change?

If you, or someone you know, is experiencing homelessness, contact Central Coordinated Entry at 1-866-560-7464 or Senior LinkAge Line® at 1-800-333-2433 for resources and more information.

## FOOD COMMODITY RESOURCES

**FARE FOR ALL** – Non-profit, self-supporting food distribution program. Recipients are required to do some volunteer work for the discount food purchase program. (763) 450-3880

**HUNGER SOLUTIONS MN** – Statewide food information and referral helpline. (651) 486-9860

**NUTRITION ASSISTANCE PROGRAM FOR SENIORS (NAPS)** – A program that provides food monthly to income eligible seniors. 800-365-0270

**Communities Served:** Albany, Becker, Big Lake, Braham, Buffalo, Cambridge, Chisago Lake, Clarissa, Delano, Elk River, Foley, Hinckley, Little Falls, Long Prairie, Maple Lake, Montrose, North Branch, Paynesville, Pierz, Pine City, Rush City, St. Cloud, Sandstone, Sartell, and Staples.

**SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM (SNAP)** – Helps low income people get food. Formerly known as “Food Stamps.” 800-657-3698

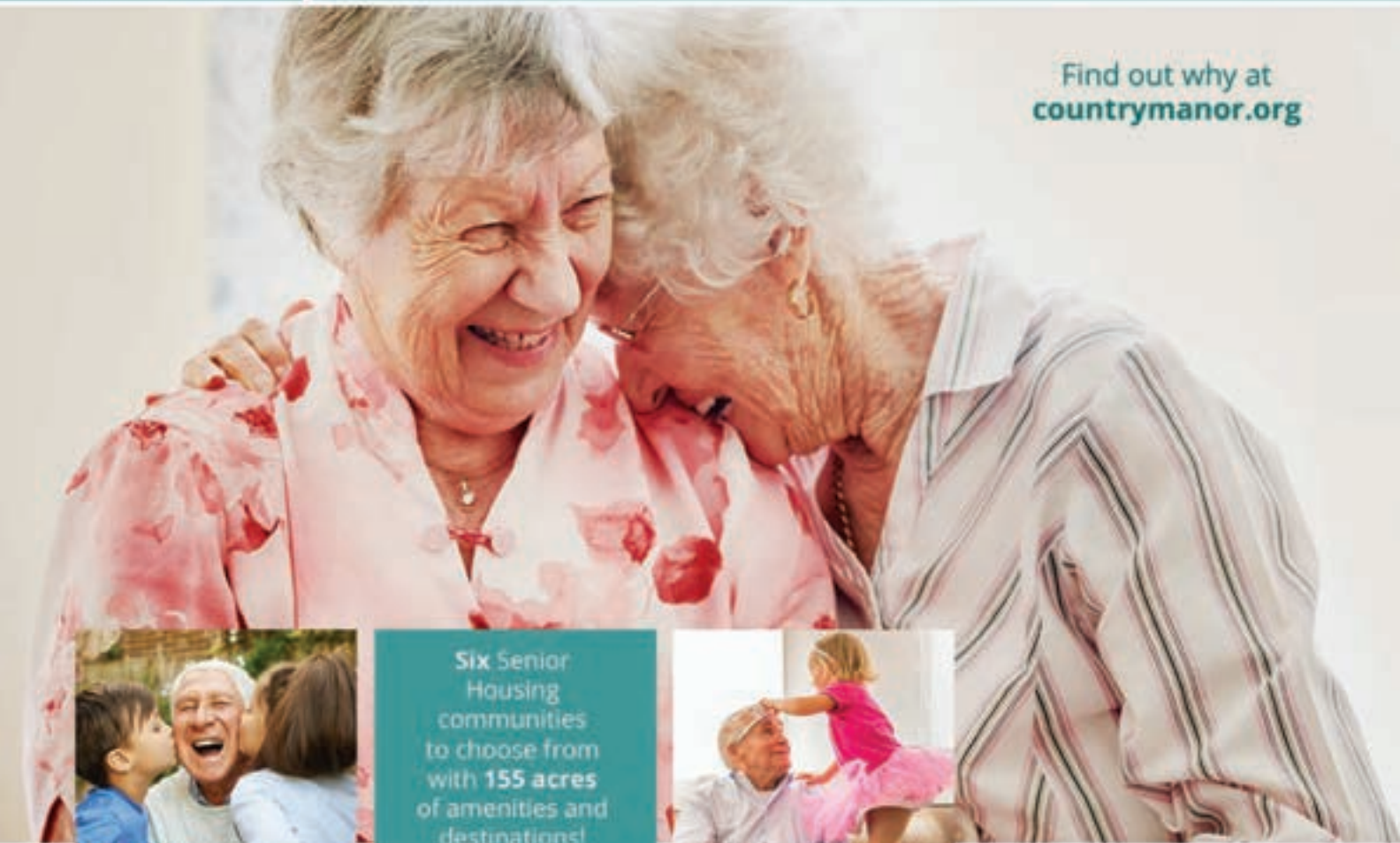
**For more information about food shelves, grocery delivery programs, and forms assistance, call Senior LinkAge Line® at 1-800-333-2433.**



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- **Design your life** - Savor the morning, over a hot cup of coffee on the balcony while watching the sunrise. Attend a wellness class with friends. Take in a local matinee performance, followed by dinner with neighbors. Explore wilderness through Woodcrest's 137 acres of walking trails through scenic woodlands. Host family for mass followed by a chef-inspired meal catered by us.
- **Readily available support** - Dining, housekeeping, maintenance, Home Health Care, Assisted Living, and Inpatient and Outpatient Rehab. All services can be modified at anytime.
- **Apartment Homes** - An abundance of styles and price points to choose from. Spacious floor plans with views, patio/deck, large windows and natural light. In-unit washer & dryer, second bathroom, and excess storage available.
- **Amenities** - Indoor access to a variety of amenities, including: Chapel, Restaurant & Bar, store, pharmacy, bank, clinic, wellness center, library, underground heated parking, coffee shop, hobby rooms and more.



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